



VIDYA SHIKSHAN PRASARAK MANDAL'S  
DENTAL COLLEGE & RESEARCH CENTRE,

DIGDOH HILLS, HINGNA ROAD, NAGPUR-440 019 PH:(07104) 665000,306101,Fax: (07104) 306301,  
Email: [vspmdcrnagpur@gmail.com](mailto:vspmdcrnagpur@gmail.com)

**Date:** 28/05/2019

**Topic:** Importance of environmental impact of menstrual hygiene in association with CSIR-Neeri and HER foundation.

**Speaker:** Dr. Nitin Labhsetwar

**Audience:** Faculty members, Teaching, Nonteaching, Staff, PG and Interns.

**Participants – 94**

**Summary of the Programme:** On the occasion of “Menstrual Hygiene Awareness Day” a programme was conducted in association with Ms Bhumika Sawarkar n team of HER Foundation &Dr.NitinLabshetwar, Head ERMD,CSIR-NEERI. It was attended by 65 participants including teaching nonteaching staff and students. They highlighted the importance of disposal of Sanitary Napkins in Green Way using their own devised Incinerator.



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**Date:** 13/05/2019

**Topic:** International Nurse Day


**Speaker:** Dr. Kolte

**Audience:** Teaching and Nonteaching Staff From OMFS

**Participants:** Faculty form Department of OMFS

The Department of OMFS hosted the 'Nurse Day' on 13/05/2019. All three nurses of the department were felicitated. Dr. Kolte spoke on the occasion.



  
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**Date:**08/03/2019

**Topic:** International Womens Day

**Speaker:** Dr. Shenoi

**Audience:**Female Faculty From the OMFS

**Participants:** Faculty form Department of OMFS

The Department of OMFS hosted the 'International Womens Day' on 8/03/2019. In all total 10 Women including The lady staff members, PGs and non teaching staff were felicitated. Dr. Shenoi spoke on the occasion.



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**Reports of Programme conducted**

Date :08/03/2019

**Topic:** Management of Polycystic Ovary

**Speaker:**Dr. Kanchan Sortey

**Audience:** Faculty members, Teaching, Nonteaching, Staff, PG and Interns.

**Participants-**94

**Summary of Programme:** Dr.kanchanSortey renowned Gynaecologist,Nagpur was organized on "Management of Polycystic Ovaries".This was addressed due to concern of increased incidence of PCOD among younger generation.She explained how to diagnose and when to intervene in such cases.It was attended by 95 participants including teaching nonteaching staff and students.Dr.VidyaMokhade raised question about etiology of PCOD on this Dr.Sortey remarked that it's related to sedentary lifestyle patterns and fast food habits of this generation.

**Date:**08/03/2019

**Event:** Rangoli Competition

**Topic:**Empowering Women

**Participants:** Nonteaching Staff.

**Summary of the Programme:**On account of Womens day on 8/03/2019 another event of "Rangoli Competition" was organized for nonteaching staff. It was based on empowering women. All the enthusiastic 6 participants reflected their ideas using Rangoli. The winner of the contest MrsShalubai from Pedodontics was felicitated.



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**Date:** 12/05/2018

**Topic:** International Nurse Day

**Speaker:** Dr.Shenoi

**Audience:** Teaching and Nonteaching Staff From OMFS

**Participants:** Faculty form Department of OMFS

The Department of OMFS hosted the 'Nurse Day' on 12/05/2018. All three nurses of the department were felicitated. Dr. Shenoi spoke on the occasion.



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**Date:** 09/03/2018

**Topic:** International Womens Day

**Speaker:** Dr. Shenoj

**Audience:** Female Faculty From the OMFS

**Participants:** Faculty form Department of OMFS

The Department of OMFS hosted the 'International Womens Day' on 9/03/2018. In all total 10 Women including lady staff members, PGs and non teaching staff were felicitated. Dr. Vrinda spoke on the occasion.



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**Date:**08/03/2018

**Topic:** Exploring Yourself

**Speaker:** ADA Misses India, Saumya Manglani

**Audience:** Faculty members, Teaching, Nonteaching, Staff, PG and Interns. **Participants-**84

**Summary of the Programme** A interactive session with ADA Mrs.India Soumya Manglani was organized on 8<sup>th</sup> March 2018 moderated by Dr.Chetana Makade. She shared her experience and highlighted on how to identify our strengths and weakness and balance worklife with personal life. It was attended by 84 participants including teaching nonteaching staff and students.



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**Date:** 05/06/2017

**Topic:** Menstrual Hygiene Management

**Speaker:** Dr. Anjali Kawthalkar

**Audience:** Faculty members, Teaching, Nonteaching, Staff, PG and Interns.

**Participants-**46

**Summary of Programme:** A lecture and interactive session was conducted by Mrs Kawthalkar Prof Department of Gynecology NKPSIMS at Pride Hall. This was directed as per directives by MUHS Nasik in accordance for Menstrual Hygiene Management Week. Dr. Pradhan asked her about the correct disposal protocol at different public places. She aptly addressed and gave different solutions that available and some home-made tricks for their ease of disposal.



*Week*

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**Date:** 12/05/2017

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**Speaker:** Dr. Sheno

**Audience:** Teaching and Nonteaching Staff From OMFS

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**Date:**08/3/2017

**Topic:** Yoga for women

**Speaker:** Dr. Anjali Deshpande

**Audience:** Faculty members, Teaching, Nonteaching, Staff, PG and Interns.

**Participants-**97

**Summary of the Programme :**A lecture and demonstration session was conducted by Dr.Anjali Deshpande Associate Director, Padma Yog Sadhana was conducted on the occasion of WomensDay.She demonstrated various asanas to get relief from the occupational postural problems.She particularly addressed individual postural problems imposed due to poor ergonomical practices.



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**Date:**03/01/2017

**Topic:**Work Life Balance

**Speaker:**Dr.Chinu Agrawal

**Audience:** Faculty members, Teaching, Nonteaching, Staff, PG and Interns.

**Participants-**70

**Summary of the Programme** A lecture and interactive session was conducted where Dr.Agrawal a renowned Psychotherapist discussed various problems faced by working women and tips on balancing worklife. Dr.Chaogi NGO asked her about problems faced by non teaching female staff.



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**Date:**09/03/2016

**Topic:** Rights of women

**Speaker:** Adv. Meera Kadbe

**Audience:** Faculty members, Teaching, Nonteaching, Staff, PG and Interns.

**Participants** -80

**Summary of the Programme** Adv.MeeraKadbe a reknowned social activist addressed the Participants on current burning issues of women and their rights on occasion of WomensDay.She guided the students on how to handle day to day situations. She also appealed young generations to modify their behaviour in society to maintain healthy relations in personal life.



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**Date:**08/03/2016

**Topic:** Lecture on communication skills for nonteaching staff

**Speaker:** Dr. Jayshree Joshi, Dr. Swapnil Patil

**Audience:** Nonteaching, Staff

**Participants:**38

**Summary of the Programme**Dr.Joshi Reader & Psychologist and Dr.Swapnil Lecturer of VSPM DCRC, Nagpur conducted a special session on Communication Skill. They demonstrated the participants various means of communication and how it can affect their workplace.Mr.Namdeo expressed his problem of introverted behaviour affecting his relations with peer group.

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**Date:**21/11/2015

**Topic:**Gender Harassment -A Legal Perspective

**Speaker:** Adv Kirti Kulkarni

**Audience:** Teaching, Nonteaching Staff and Students

**Participants:**65

Summary of the Programme: Adv.Kirti Kulkarni on occasion of Womens Day addressed the participants regarding legal aspects in case of gender harassment and how to approach for legal help in case of gender related issues.



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A handwritten signature in blue ink is positioned above the official title and address. The signature appears to be 'Uday'.

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**Date:** 09/03/2015

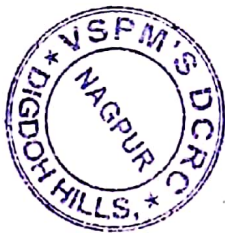
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**Date:**09/03/2015

**Topic:**Gender Harassment: Role of Women

**Speaker:** Mrs Vijaya Bangde

**Audience:** Teaching Nonteaching, Staff and students.

**Participants:**60

**Summary of the Programme:**Mrs Vijaya Bangade a member of Maharashtra State Womens Commission conducted a session on Gender Harassment: Role of Women.



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