



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,
NAGPUR-440019**
(Formerly known as VSPM's Dental College & Research Centre, Nagpur)
(NAAC Accredited with B+)

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:
vspmdrcnagpur@gmail.com Website: <https://vspmdrc.edu.in>

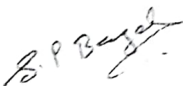
REF: RDDC & RC/STU SEC/STU COUNCIL/F.NO. 33 / 750 /2024

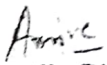
DATE: 03/06/2024


CIRCULAR

All the staff, Interns and Students are requested to be a part of the Rally to be organised on the occasion of "WORLD NO TOBACCO DAY" (held every year on 31st May) to spread awareness about the hazards of tobacco. The Rally will be organized by Oral Pathology & Microbiology Department in association with Student Council.

The Rally will be flagged off by Dean Sir from the main entrance of college on 5th June 2024 at sharp 9:00 am.


Dr. Shubhangi Bagde
Chairperson,
Student's Council,
RDDC & RC, Nagpur
PROFESSOR


Dr. Alka Dive
HOD,
Dept. of Oral Pathology & Microbiology,
RDDC & RC, Nagpur
HEAD OF THE DEPARTMENT


Dr. Abhay Kolte
Dean,
RDDC & RC,
Nagpur
DEAN

DEPARTMENT OF
ORAL PATHOLOGY & MICROBIOLOGY
ORAL PATHOLOGY & MICROBIOLOGY - COLLEGE & RESEARCH CENTRE -
RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE -
RESEARCH CENTRE, NAGPUR-19 (M.S.)

Copy to:

1. All HODs and Departments of RDDC & RC, Nagpur, for information.
2. Notice board
3. A.O. RDDC & RC, Nagpur for information.



RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE, NAGPUR.
Dept. of Oral Pathology & Microbiology



DIGDOH HILLS, HINGNA ROAD, NAGPUR – 440019 Ph: (07104) 6650000, 665301 Fax: (07104)665011

WORLD NO TOBACCO DAY - 31st MAY 2024.

Activity 4 : Tobacco Hazards Awareness Rally in association with SWA, Dt.5/6/24



Anvive
Dr. Alka Dive
Prof. & Head

**HEAD OF THE DEPARTMENT
 ORAL PATHOLOGY & MICROBIOLOGY
 RANJEET DESHMUKH DENTAL COLLEGE &
 RESEARCH CENTRE, NAGPUR-19 (M.)**

**College Seal
 RD DC & RC**



Dr. Abhay Kolte
Dr. Abhay Kolte
Dean

**DEAN
 RANJEET DESHMUKH DENTAL
 COLLEGE & RESEARCH CENTRE
 Digdoh Hills, Hingna Road,
 Nagpur-440019**

**RANJEET DESHMUKH DENTAL COLLEGE &
RESEARCH CENTRE, NAGPUR.**

(NAAC Accredited with B+)

DIGDOH HILLS, HINGNA ROAD, NAGPUR – 440019

Ph: (07104)6650000, 665301 Fax: (07104)665011

**DEPARTMENT OF ORAL PATHOLOGY &
MICROBIOLOGY**

WORLD NO TOBACCO DAY – 31st MAY 2024

Report of the Program

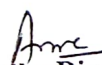
Venue: Dept. of Oral Pathology & Microbiology, RDDC & RC on occasion of World No Tobacco Day 2024.


Name of the Activities conducted:

1. Slogan competition, 31.05.2024.
2. Lecture on Ill-effects of Tobacco, 03.06.2024.
3. PowerPoint presentations by Interns, 03.06.2024.
4. Tobacco hazards awareness rally in association with Student Council, 05.06.2024.

Report of the program:

On occasion of World No Tobacco Day 31st May 2024, Dept. of Oral Pathology & Microbiology organised various activities for students and interns for spreading awareness about the hazards of tobacco. The activities conducted were Slogan competition for Interns, won by; Lecture on “Ill-effects of Tobacco” for I BDS students; PowerPoint presentations by Interns for III BDS students and a Rally in association with Student Council for Tobacco hazards awareness in the college campus. The winners of slogan competition were Dhananjay Nagulkar - 1st Prize and Sejal Mujariya - 2nd prize, felicitated by the hands of Respected Dean, Dr. Abhay Kolte. Dr. Neena Dongre (Lecturer, Dept. of Oral Pathology & Microbiology, RDDC&RC, Nagpur) was the speaker, where she delivered a lecture for I BDS emphasising on the Theme of World No Tobacco Day 2024 – Protecting children from tobacco industry interference. PowerPoint presentations on “Tobacco-induced Oral lesions & systemic changes” were excellently presented by Interns - Ms. Vaishnavi Solanke & Ms. Soundarya Somsetwar for III BDS students. Teaching staff, interns and students participated in the Tobacco hazards awareness rally, flagged off by Dean from the main entrance of college and made the event a success. The team of Oral Pathology – Headed by Dr. Alka Dive and staff Dr. Shubhangi Bagdey, Dr. Ashish Bodhade, Dr. Rohit Moharil, Dr. Rakshata Sorte and Dr. Neena Dongre contributed in the great success of commemorating World No Tobacco Day 2024.


Dr. Alka Dive
Prof. & Head
Dept. of Oral Pathology & Microbiology
RDDC & RC, Nagpur.


Dr. Abhay Kolte
Dean
RDDC & RC, Nagpur.

HEAD OF THE DEPARTMENT
ORAL PATHOLOGY & MICROBIOLOGY
RANJEET DESHMUKH DENTAL COLLEGE &
RESEARCH CENTRE, NAGPUR-19

DEAN
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Digdoh Hills, Hingna Road,
Nagpur-440019

Department of pediatric and preventive dentistry

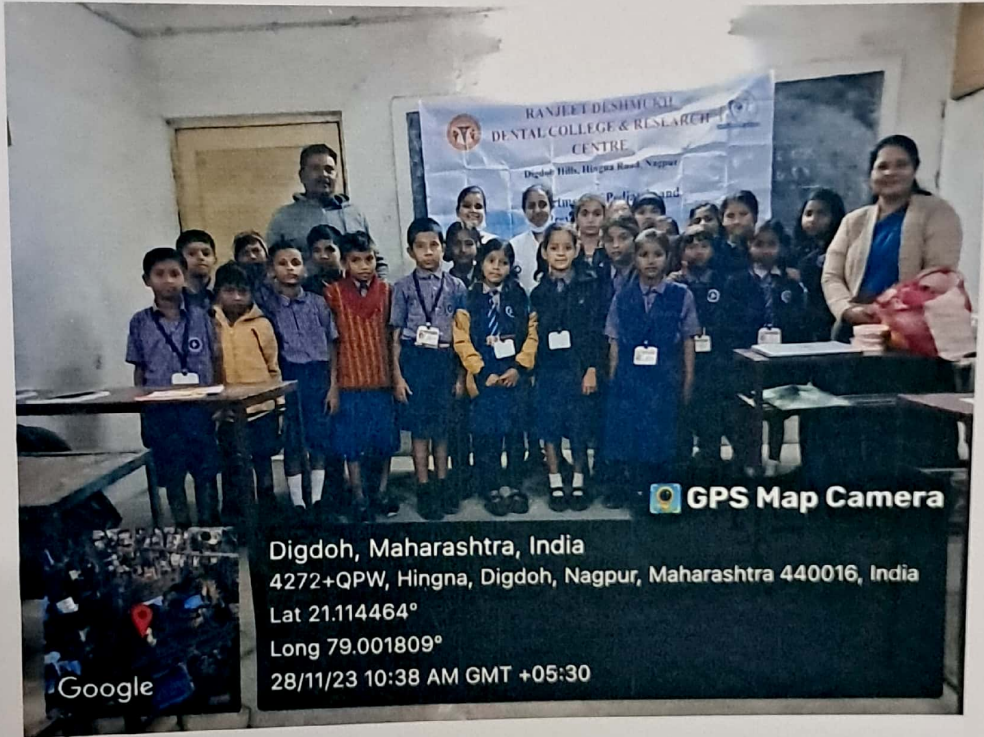
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Sr.no	Name of activity/program of year 2023	Date /month /year
1	Screening camp for children Shanti Vidya Bhavan School, Nagpur and Tooth brushing demonstration for school children,	28/11/23
2	Screening camp at Z.P. School, Bhim Nagar	5/12/23
3	Screening camp at Z.P. School, Nildoh	21/02/24

Shanti Vidya Bhavan, Digdoh

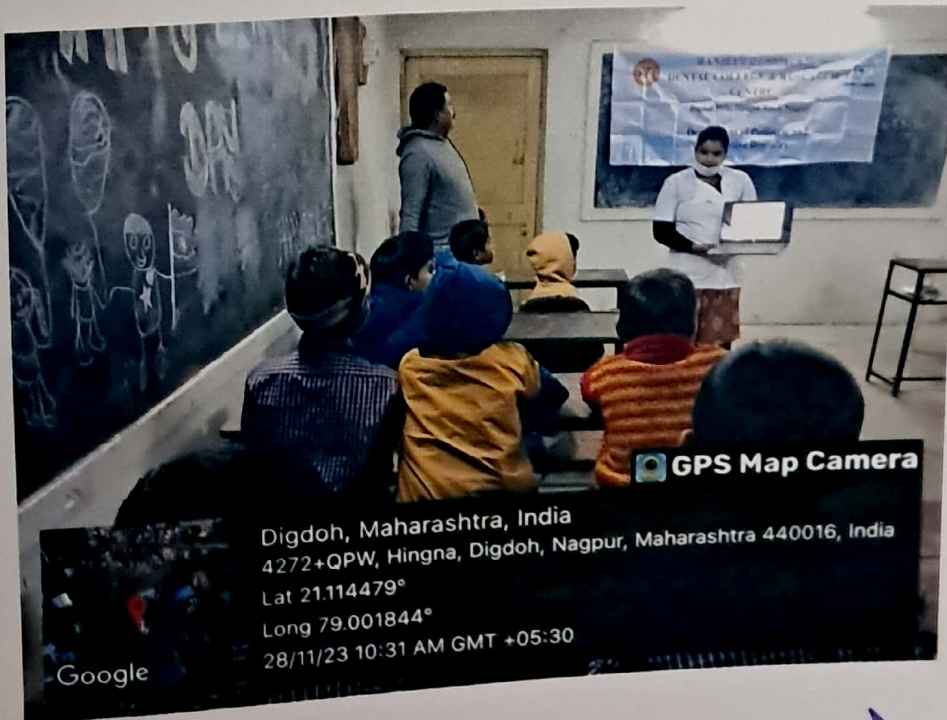
Nagpur

Date: 28/11/2023



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Long 79.001809°
28/11/23 10:38 AM GMT +05:30

Google



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RANJEET DESHMUKH DENTAL
COLLEGE & RESEARCH CENTRE
Digdoh Hills, Hingna Road,
Nagpur-440019

INWARD NO.: 2150

DATE: 25/11/23

RANJEET DESHMUKH DENTAL COLLEGE &
RESEARCH CENTRE, NAGPUR-19 (M.S.)

Department of Pediatric and Preventive Dentistry
Ranjeet Deshmukh Dental College & Research Centre

Digdoh Hills, Hingna, Nagpur 19

Email. vspmpedo@gmail.com

website www.vspmdcrc.edu.in



Date: 25/11/23

CIRCULAR

Department of Pediatrics and Preventive Dentistry, Ranjeet Deshmukh Dental College, on the occasion of the Children's Day celebration 2023, is organizing a dental screening camp in Shantiniketan Vidyalaya, Digdoh, Nagpur on 28th November 2023. An oral hygiene awareness lecture and tooth brushing demonstration are organized for the school children as part of the awareness program.

for
Dr. Devendra Nagpal

Dr. Devendra Nagpal
Head of Department

Pediatric and Preventive Dentistry

HEAD OF THE DEPARTMENT

PAEDIATRIC & PREVENTIVE DENTISTRY
RANJEET DESHMUKH DENTAL COLLEGE &
RESEARCH CENTRE, NAGPUR-19 (M.S.)

Copy to :

1. All HODS, RD DCRC

Usha Radke

Dr. Usha Radke

Dean

RDDC & RC

Nagpur

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RANJEET DESHMUKH DENTAL
COLLEGE & RESEARCH CENTRE

Digdoh Hills, Hingna Road,

Nagpur-440019



Z.P. School, Bhim Nagar

Nagpur

Date: 05/12/2023



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3, Bhim Nagar, Police Nagar, Nagpur, Digdoh, Maharashtra 440016, India
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Long 79.004246°
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Nagpur, Maharashtra, India
4223+5QV, Police Nagar, Nagpur, Digdoh, Maharashtra 440016, India
Lat 21.100594°
Long 79.004222°
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RANJEET DESHMUKH DENTAL
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Digdoh Hills, Hingna Road,
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Date: 5/12/23

CIRCULAR

Department of Pediatrics and Preventive Dentistry, Ranjeet Deshmukh Dental College, is organizing a dental screening camp in Z.P.School, Bhim Nagar, Nagpur on 5th December 2023 at 11.00 AM. The consent form will be distributed among the children regarding treatment. Children would be subsequently brought to the department for treatment after gaining consent from the parents.

Dr. Devendra Nagpal
Head of Department
Pediatric and Preventive
Dentistry
RDDC, Nagpur

**HEAD OF THE DEPARTMENT
PAEDIATRIC & PREVENTIVE DENTISTRY
RANJEET DESHMUKH DENTAL COLLEGE &
RESEARCH CENTRE, NAGPUR-19 (M.S.)**

Dr. Abhay Kolte
Dean
RDDC & RC
Nagpur

**DEAN
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COLLEGE & RESEARCH CENTRE
Digdoh Hills, Hingna Road,
Nagpur-440019**



॥ विद्या विनयेन शोभते ॥

जिल्हा परिषद उच्च प्राथमिक शाळा

भिमनगर, पं. स. हिंगणा
जिल्हा नागपूर

जाचक क्र.167.....

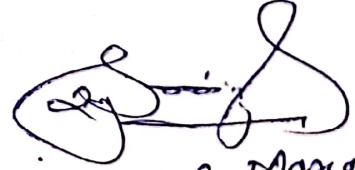
उच्च प्राथमिक शाळा भिमनगर
पंचायत समिती हिंगणा, जि. नागपूर.
यु डायरा क्र. 27091016001

दिनांक : 05/12/2023

प्रमाणपत्र

प्रमाणपत्र देण्यात येते की, उमाज दि. 05/12/2023
ला रणजिव देवाभुषण हलत महाविद्यालय कला
मंगीक्षक डॉ. रवींद्र, हिंगणा रोड, नागपूरच्या
डॉक्टर धमुने उच्च प्राथमिक शाळा भिमनगर येथे
सहाय्यी स्वतः ॥ ते 2.30 पर्यंत 160 विद्यार्थ्यांनी
हलत तपासणी केली.

कुशीला प्रमाणपत्र दिले आहे.



S.B. Mangal
उच्चश्रेणी मुख्याध्यापक
उच्च प्राथमिक शाळा भिमनगर
पं. स. हिंगणा, जि. प. नागपूर

Z.P. SCHOOL, NILDHOL

NAGPUR

DATE: 21/2/24



Date - 01/04/24

To,
The HOD,
Department of Pediatric and Preventive Dentistry,
RD, DCRC, Nagpur.

Subject :- Asking permission to visit school for thesis.

Respected Sir,

We postgraduate students (Dr. Jayu Gawande and Dr. Samiya Budhan) of your department want to visit ZA School (Nildah) from 10:00 am to 2:00 pm for thesis work. We request you to consider for the same and grant us the permission.

Thanking you

yours sincerely

Jayude

Dr. Jayu Gawande

Samiya

Dr. Samiya Budhan

Permitted
[Signature]

Shri. Lalit Dinkar Joshi



**BHAVAN'S
BHAGWANDAS PUROHIT
VIDYA MANDIR**

REGISTRATION NO. WAIHODA
NO. 10/24
10/24
10/24
10/24
10/24

17th October, 2023

Certificate of Appreciation

This is to certify that Dr. Chetana Malade Department of Conservative Dentistry and Endodontics, RDDCRC, Nagpur conducted the Sessions on 'Caring for Your Teeth for Your Healthy Smile' for the students of Std VIII and for the Staff members on the topic 'Dental Trauma and Emergency Management at School' in Bhavan's Bhagwandas Purohit Vidya Mandir Srikrishna Nagar, Nagpur on 16th October 2023.

We would like to place on record that the students and staff members were greatly benefitted by the lively and engaging session on Dental Awareness Programme. Her amiable attitude and energetic interaction with the students, teachers and her valuable tips on preventive and therapeutic measures were noteworthy.

We take this opportunity to thank her for sparing her valuable time and sharing her knowledge and expertise with us.

Shri. Lalit Dinkar Joshi
PRINCIPAL
Bhavan's B. P. Vidya Mandir
Srikrishna Nagar, Nagpur-23

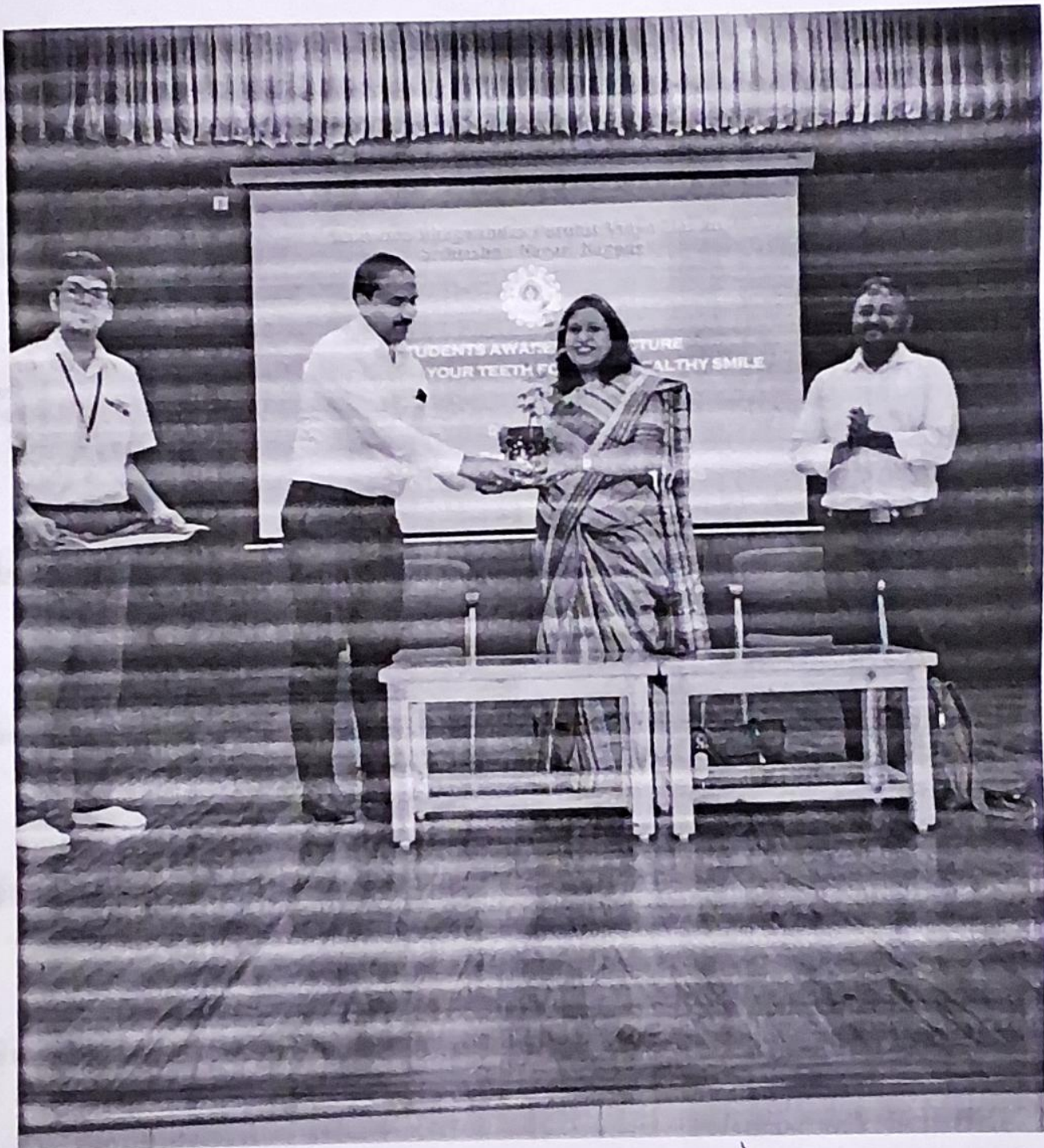
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DEAN



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Nagpur-440019

HEAD OF THE DEPARTMENT
CONSERVATIVE DENTISTRY & ENDODONTICS
RANJEET DESHMUKH DENTAL COLLEGE &
RESEARCH CENTRE, NAGPUR-19 (M.S.)

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Bhinoi

HEAD OF THE DEPARTMENT
CONSERVATIVE DENTISTRY & ENDOCRONT
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RESEARCH CENTRE, NAGPUR-440019

[Signature]

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World Endodontic Day Celebration in Association with International Federation of Endodontic Association (IFEA) 16th October 2023

Ranjeet Deshmukh Dental College and Research Centre, Nagpur.

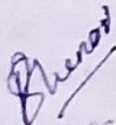


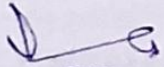
The Department of Conservative Dentistry and Endodontics, Ranjeet Deshmukh Dental College and Research Centre, Nagpur celebrated World Endodontic Day in Association with International Federation of Endodontic Association (IFEA) on 16th October 2023 with gracious presence of Dean Dr.Usha Radke, Vice-Dean Dr.Ramakrishna Sheno, HOD Dr. Pratima Sheno and all faculty members of the department.

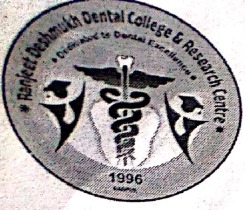
Department organized various events dedicated to recognize and honor the crucial work of endodontists in preserving oral health by saving teeth that might otherwise be lost due to infection or damage. Walkathon was conducted to educate patients towards importance of regular dental check-ups and oral hygiene practices in preventing dental issues.

Event was organized with the aim to spread awareness of maintaining healthy teeth amongst the young students and their teachers. These endodontic awareness and check-up programmes were held at Bhavans Vidya Mandir Shrikrishna nagar school wathoda and Ramnahu Mhalgina school Nagpur. Lectures were taken on Endodontics, dental trauma and its emergency management also the importance of

First Year Post Graduate students and Interns were guided by the faculties members on the procedure of endodontic therapy and Lecture and Hands-on were conducted for enhancing their practical knowledge. Also poster Competition was organized for the Interns on the topic of Save Tooth, Save Health. A huge response was recorded and awards were given for the best poster and runner-up.


HEAD OF THE DEPARTMENT
CONSERVATIVE DENTISTRY & ENDODONTICS
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National Service Scheme UNIT

Date - 07/07/23

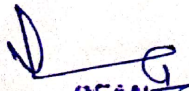
NSS ACTIVITY REPORT

(“WORLD POPULATION DAY”)

As per the circular received from MUHS Nasik NSS unit of VSPM Dental celebrate ‘WORLD POPULATION DAY’ at Yeshwant High school , Gumgaon on 7th July 2023. World population day celebrate on 11th of July every year. World population day serves to highlight the growing problem that come with a growing global population and aims to increase people’s awareness on various population issues such as the importance of family planning, gender equality, poverty, maternal health and human rights.

NSS volunteers participated in the programme and delivered the lecture on global Population .School have conducted various activities like poster competition, phrases related to population on individual family and communities .




DEAN

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REF: VSPM'S DCRC/DEAN/NSS /F.NO.25 /1620 /2023


13/12/2023


CIRCULAR

National Service Scheme Unit, VSPM's Dental College & Research Centre and Department of Public Health Dentistry is organizing Guest lecture as per the circular received from MUHS, Nashik with reference to Letter No. MUHS/SW/NSS/1699/2023 on "Human rights" on 16th December 2023 at 10.30 a.m. onwards.

Schedule

Date	Guest speaker	Topic
16 th December 2023 from 10.30 am onwards	Mr. Margeshwar Hatwar, Executive Asst. to General Manager, Ministry of Defence	"Analysis of Human Rights in India"


Chairman
N.S.S. Unit
R.D.D.C. & R.C., NAGPUR


Dr. Abhay Kolte,
Dean
R.D.D.C. & R.C., NAGPUR
DEAN

RANJEET DESHMUKH DENTAL
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Digdoh Hills, Hingna Road,
Nagpur-440019

Copy to: All HODs, R.D.D.C & R.C. (On departmental mail ID/ HOD mail ID)


DEAN
VSPM'S Dental College &
Research Centre, Digdoh Hills
Hingna Road, Nagpur-440019





RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,
• NAGPUR-440019
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INWARD NO.: 2467
DATE: 30/12/23
RANJEET DESHMUKH DENTAL COLLEGE &
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vspmdcrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

National Service Scheme –Unit

(“ HUMAN RIGHT DAY AND NATIONAL UNITY DAY”)

NSS unit of Ranjeet Deshmukh Dental College & Research Centre, Nagpur, celebrated Human Rights Day and National Unity Day on **December 16, 2023.**

Dean Dr. Abhay Kolte and Vice Dean Dr. Muka Motwani, along with guest speaker Mr. Margeshwar Hatwar (OSD to General Manager, Defense Ministry), inaugurated the program by lighting the lamp.

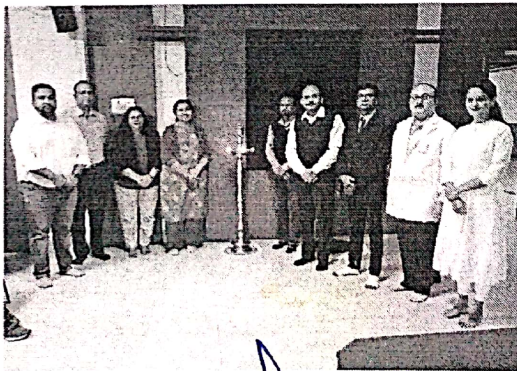
Dr. Prajakta Ambulkar, a member of the NSS committee, delivered the introductory speech. In her introductory speech, she explained the origin and importance of Human Rights.

Dh Vivek Khobragade , introduced the guest speaker. Mr. Margeshwar Hatwar then elaborated on the legal provisions of Human Rights under the UHAR (Union Declaration of Human Rights) and the Human Rights Act of 1993. He emphasized the constitutional provisions regarding Human Rights, stating that they are inalienable and crucial for leading a dignified life from the beginning to the end of human life in our country.

Dr. S.R. Shenoy (Vice Dean), Dr. Venugopal Reddy (Chairman, NSS Committee), and Dr. Vandana Kokane (Member, NSS Committee) felicitated the guest speaker with a memento and certificate.

Dr. Sushil Naik, the Program Officer of NSS-Linit, explained the introduction to National Unity Day and led the pledge.

Dr. Sudhir Rawlani proposed the vote of thanks. A total 86 students took part in the programme. The students were sensitized about the constitutional rights and are benefited a lot out of the programme.



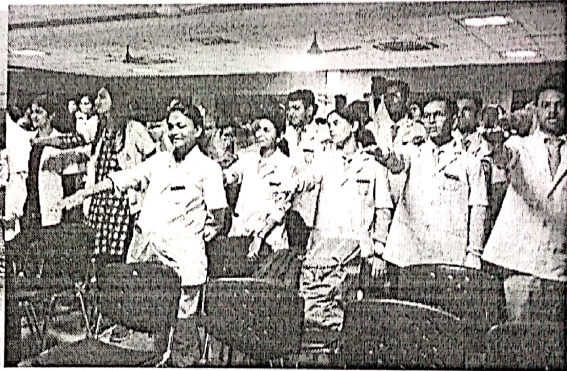
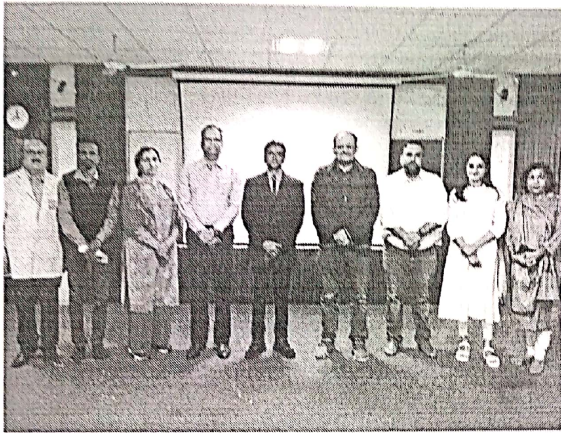
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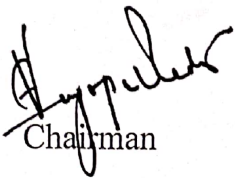
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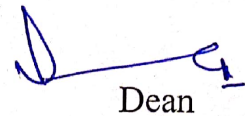



Chairman

NSS COMMITTEE


DEAN

VSPM'S Dental College &
Research Centre, Digdoh Hills
Hingna Road, Nagpur-440019


Dean

RDDC&RC

DEAN
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National Service Scheme---Unit

RD DCRC / DEAN / NSS / 30 / 2024


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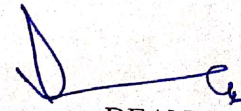
DATE-02/01/24


("Blood Donation and Oral Health Camp")

As per the circular received from MUHS Nasik vide their circular No..MUHS/S.W./NSS/1653/2023, NSS-Unit of Ranjeet Deshmukh Dental college and Bapuna Group jointly organises "Oral Health and Blood Donation Camp ", on 04th January 2024, at corporate office ,Bayramji Town , Nagpur.

All NSS volunteers registered for this regular activity is informed to participate in this camp.


CHAIRPERSON
NSS COMMITTEE


DEAN
RD DCRC,
NAGPUR


DEAN
VSPM'S Dental College &
Research Centre, Digdoh Hills
Hingna Road, Nagpur-440019


DEAN
RANJEET DESHMUKH DENTAL
COLLEGE & RESEARCH CENTRE
Digdoh Hills, Hingna Road,
Nagpur-440019



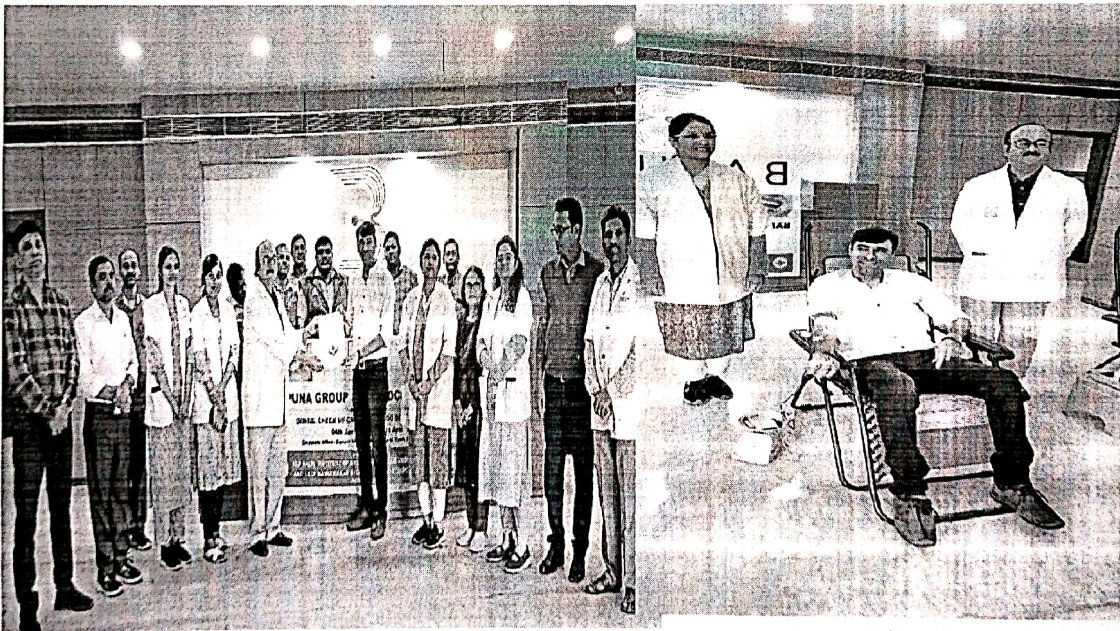


NATIONAL SERVICE SCHEME -UNIT

“Oral Health and Blood Donation Camp-04th January 2024”

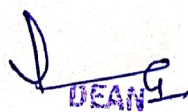
The NSS Unit of RanjeetDeshmukh Dental college and research centre and latamangeskar hospital blloodbank organized a “Oral Health and Blood Donation Camp” in collaboration with “BAPUNA GROUP” ON 04TH JANUARY 2024. The camp began at 10.15 am with the short inaugural function where in Blood Transfusion officer Dr ShrutikaBhelkar,Dh.VivekKhobragadeAsst.Programme officer NSS and sevenmember team was given floral welcome. Dr.Bhelkar expressed his gratitude to the NSS unit of RD DCRC for its continuous support in this regard.

The camp was inaugurated by MrsMehruBapuna , on the occasion ,AspiBapuna , Chairman Bapuna Group emphasized the significance of blood donation in saving life highlighting that each unit donated can make a life changing impact. Mr JtendraDhiranProgramme Coordinator expressed his view regarding importance oforal health for healthy life. The drive gatherd about 40 units of blood and 45 dental patients screened and 23 patients treated for comprehensive treatment.



DEAN

NSS COMMITTEE

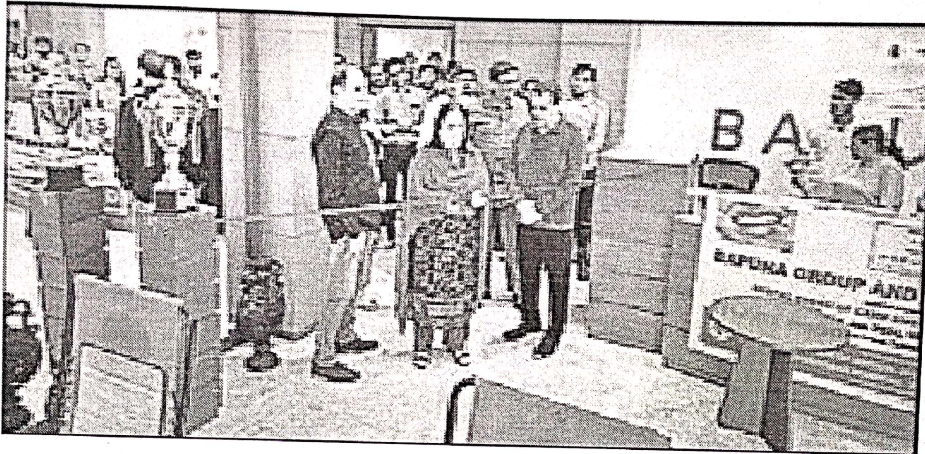

DEAN

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The Hitavada

Nagpur City Line | 2024-01-06 | Page- 6
ehitavada.com

Bapuna Group holds blood donation drive



■ Business Reporter

A BLOOD donation drive took place at the Bapuna Group Headquarters for the 3rd consecutive year, where employees from Dinshaw's Dairy Foods Pvt Ltd and The Bapuna Group generously contributed. This initiative was conducted in collaboration with The Ranjeet Deshmukh Dental College & Research Centre, National Service Scheme unit under the guidance of Dr Vivek

Khobragade and The Lata Mangeshkar Hospital and Blood Component Centre under the guidance of Dr Shrutika Bhelkar.

Mehru Bapuna inaugurated the event. On the occasion, Aspi Bapuna, Chairman, Bapuna Group, emphasized the significance of blood donation in saving lives, highlighting that each unit donated can make a life-changing impact. The drive gathered a total of 40 units of blood.

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[Handwritten Signature]
DEAN

VSPM'S Dental College & Research Centre, Digidon Hills
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RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,
NAGPUR-440019

(Formerly known as VSPM's Dental College & Research Centre, Nagpur)
(NAAC Accredited with B+)

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000, 665301 Fax: (07104) 665011, Email: vspmdcrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

06/02/2024

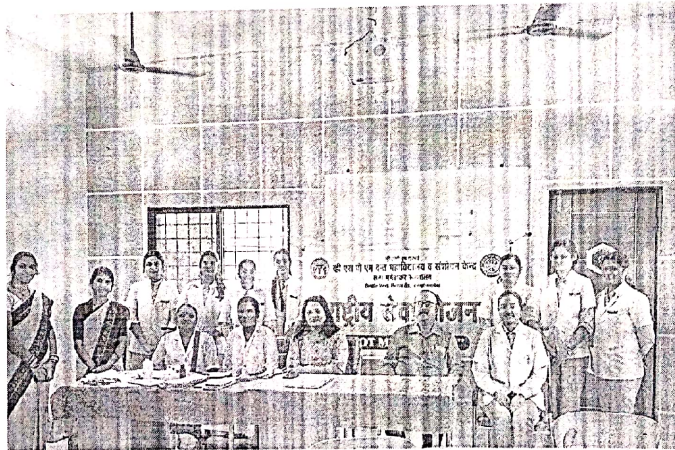
NATIONAL SERVICE SCHEME-UNIT
(Organ Donation Awareness Programme)

As per circular received from MUHS, NSS-Unit of Ranjeet Deshmukh Dental College and Research Centre, organize 'Organ Donation Awareness Programme " at Nildoh Grampanchayat Arogya Mandir and Public Health Centre , Kanolibara .Hingna Road ,Nagpur

Dr Suryawanshi madam Medical officer , Arogya Mandir , Nildoh explain about importance of organ donation to Asha workers and NSS volunteers.

Dr Madavi sir Medical Officer Public Health Centre, Kanolibara also explain about organ donation and appeal to the volunteers to create the awareness .

All NSS volunteers participated in the campaign.



PROGRAMME OFFICER

DEAN

NSS-UNIT,

RD DC & RC, NAGPUR

[Handwritten Signature]
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Hingna Road, Nagpur-440019



INWARD NO.: 2102
DATE: 17/11/23
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RESEARCH CENTRE, NAGPUR-19 (M.S.)

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:
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National Service Scheme---Unit

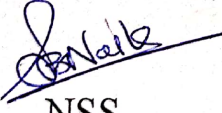
CIRCULAR

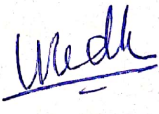
DATE-17/11/23

(“SAVIDHAN DAY ”)

As per the circular received from MUHS Nasik vide their circular No..MUHS/S.W./NSS/1699/2023, NSS-Unit of Ranjeet Deshmukh Dental college organize “ WALK FOR SAVIDHAN 2024”, campaign on 26th November 2023 along with collaboration with “SAVIDHAN FOUNDATION ” on occasion of celebration of “SAVIDHAN DAY “.Nagpur .

All NSS volunteers registered for this activity is informed to participate in this campaign.


NSS
PROGRAMME OFFICER


DEAN
RDDC&Nagpur
DEAN
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COLLEGE & RESEARCH CENTRE
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NATIONAL SCHEME UNIT - (NSS)

Date: 26/11/2023

ACTIVITY REPORT: CONSTITUTIONAL DAY CELEBRATION

→ NSS-Unit, Ranjeet Deshmukh Dental College & Research Centre, Nagpur along with the collaboration with "Sanvidhan Foundation" organized celebration of Constitutional day as per the directives of Government of India and Maharashtra University Of Health Sciences. The objective of event was to make students aware about the Constitution of India.

India's constitution was adopted on November 26 1949 and came into force on January 26 1950, marking the beginning of a new era in the history of India. The Government of India, in 2015 decided to observe 26th November as "Constitution Day" or "Samvidhan Divas".

All the NSS volunteers along with Dr Sushil Naik, Programme officer and Dh. Vivek Khobragade Asst. Programme office actively participated in the programme.



all
DH. NSS-UNIT KHOBRADE
RD DCR&NAGPUR Officer
National Social Scheme

Uedhu
DEAN
RDDC&Nagpur
DEAN
RANJEET DESHMUKH DENTAL
COLLEGE & RESEARCH CENTRE
Digdoh Hills, Hingna Road,
Nagpur-440019



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,
NAGPUR-440019**

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REF: RDDD & RC/DEAN/NSS/F.NO.25/ 815 /2024

DATE: 14/06/2024

CIRCULAR

As a part of Yoga day celebration, Yoga and Wellness Unit of NSS Committee, Ranjeet Deshmukh Dental College & Research Centre, Nagpur in association with NKP SIMS, VSPM's College of Physiotherapy and VSPM's College of Nursing is organizing "10th International Day of Yoga 2024" from 10th to 21st June 2024 as per the details given below:

Date	Activity	Incharge
10/06/2024 to 18/06/2024	YOGASAN COMPETITION on 18/06/2024 at Harmony Hall	Dr. Rakhi Tirpude – 9823090322 Dr. Bhavana Bhirud – 8983327895 NKPSIMS, Nagpur
	POSTER COMPETITION Topic – Yoga for Empowerment of Women	Dr. Pushpa Dhote – 9890739273 Dr. Priyanka Deshmukh – 9470375093 VSPM's College of Physiotherapy, Nagpur
	SLOGAN COMPETITION Topic - Yoga for Empowerment of Women	Dr. Payal Kumbhare – 8605964980 VSPM's College of Nursing, Nagpur
21/06/2024	'MASS YOGA SESSION' Speaker & Demonstrator:- Mrs. Mrunalini Ghatol, Yoga Teacher at NKPSIMS Nagpur VENUE: Pride Hall, RDDC, Nagpur Timing : 9.30am to 11.30 am	Dr. Vandana Kokane - 9371404603 Ranjeet Deshmukh Dental College & Research Centre, Nagpur
21/06/2024	Valedictory Function - Pride Hall	

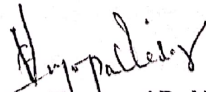
All teaching, non-teaching staffs, UG & PG Students and interns of NKP SIMS, RDDCRC, VSPM's College of Physiotherapy and VSPM College of Nursing are invited to celebrate events.

All are informed to bring Yoga Mat for the Yoga session.


E-certificate of participation will be issued to all participants and Prize distribution at Valedictory function after yoga session to all winners.



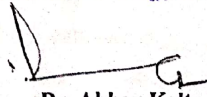
Dr. Vandana Kokane
Coordinator
International Yoga Day 2024 &
Wellness Centre
RDDC&RC, NAGPUR



Dr. Venugopal Reddy
Chairperson
NSS Committee
RDDC&RC, NAGPUR


DEAN

VSPM'S Dental College &
Research Centre, Digdoh Hills
Hingna Road, Nagpur-440019



Dr. Abhay Kolte
Dean
RDDC&RC, NAGPUR

DEAN
RANJEET DESHMUKH DENTAL
COLLEGE & RESEARCH CENTRE
Digdoh Hills, Hingna Road,
Nagpur-440019

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**Report of International Yoga Day Celebration held on 21st June 2024
with the theme "YOGA FOR WOMEN EMPOWERMENT"**

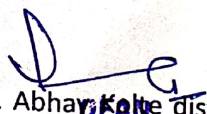
On the occasion of 10th International yoga day celebration, yoga and wellness branch of NSS committee organized various activities in the form of competitions from 10th June to 21st June. All the institutions of Digdoh campus were made to be involved in the event. NKP SIMS was in charge for yoga competition, NSS unit of RDDC & RC hosted the main event on 21/06/2024 for yoga session. VSPM PHYSIOTHERAPY for poster competition and VSPM nursing college for slogan competition. All three competitions were commonly organized for students, teaching and non-teaching staff of all four colleges.

Mrs. Mrunalini Ghatol took yoga sessions from 10th June to 18th June and Dr. Tirpude and Dr. Bhirud organized yoga competition on 18th June at Harmony Hall of NKPSIMS. Dr. Kokane & Dr. Prajakta were also present. Department of Physiology organized Dr. Jagganath Dixit's Lecture on 19th June at Harmony Hall NKPSIMS. Slogan competition was organized by Dr. Payal Kalambe of nursing college. Poster competition organized by Dr. Dhote and Dr. Deshmukh of Physiotherapy College. Best Posters and Slogans were also displayed in Pride Hall on the day of International Yoga Day Celebration.

The teaching and non-teaching staff and students from all four institutes came together to celebrate the 10th International yoga day on June 21st 2024 at Pride Hall. Mrs. Mrunalini Ghatol, certified yoga teacher from NKPSIMS, Nagpur was the guest demonstrator for the mass yoga session. The session began with lightening of the traditional lamp by the dignitaries, Dr Sajal Mitra, Dean NKPSIMS, Dr Abhay Kolte, Dean, RDDC&RC, Dr. K. Venugopal Reddy, Chairman, NSS Committee and Mrs. Amrapali, Principal, VSPM Nursing.

Dr Prajakta Ambulkar gave welcome address and informed the students about the benefits of yoga in their life. Under the guidance of Mrs. Mrunalini Ghatol, yoga Instructor of VSPMAHE, the Mass Yoga session was conducted. This yoga session included standing, sitting, prone and supine Asanas as well as Pranayama and Meditation and the guest highlighted the importance of daily practice. Dean RDDC & RC and NKPSIMS and Dr Kokane presented a token of appreciation to the guest teacher. Photographs of the programme were uploaded on the college website and ministry of youth affairs and Sports NSS Pune Website.


All co-ordinators declared the winners and Dr Sajal Mitra and Dr. Abhay Kolte distributed the prizes to the winners of all categories.


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10TH INTERNATIONAL YOGA DAY CELEBRATIONS

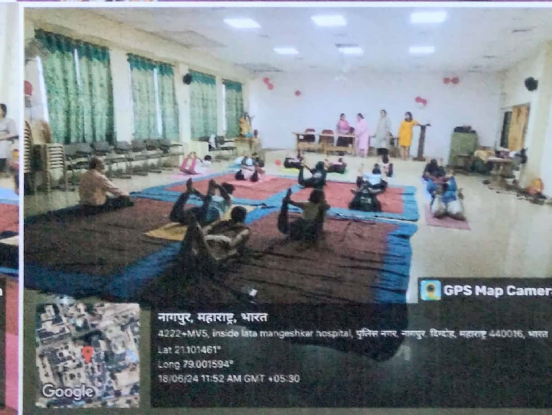
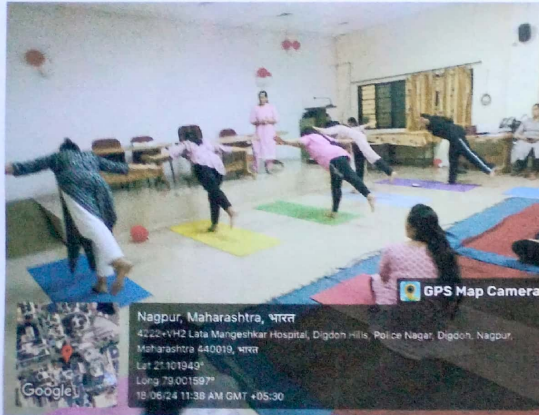
21-06-2024




Dr. Abhay Kolte
 Dean, RDDCRC, Nagpur
DEAN
 RANJEET DESHMUKH DENTAL
 COLLEGE & RESEARCH CENTRE
 Digdoh Hills, Hingna Road,
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10TH INTERNATIONAL YOGA DAY CELEBRATIONS

21-06-2024

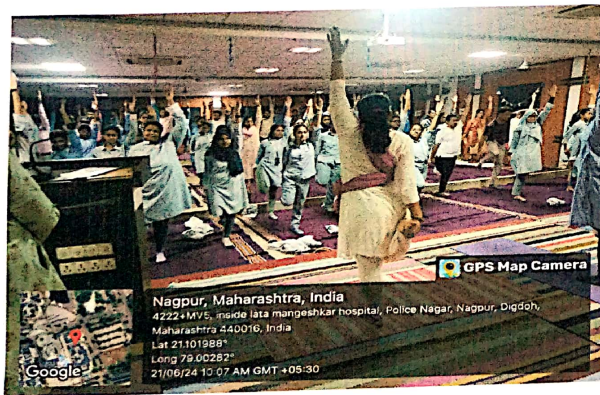


Dr. Abhay Kolte
Dean, RDDCRC, Nagpur

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Dugdoh Hills, Hingna Road,

10TH INTERNATIONAL YOGA DAY CELEBRATIONS

21-06-2024



Dr. Abhay Kolte
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Dean, RDDCRC, Nagpur
DEAN
RANJEET DESHMUKH DENTAL
COLLEGE & RESEARCH CENTRE
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Nagpur-440019