

## **5.1.2 (QnM)**

**Capability enhancement  
and development schemes employed by  
the Institution for students.**

## **2. Language and communication skills development**

Spoken English 'Finessin English' – 10<sup>th</sup> -16<sup>th</sup> June 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019  
(NAAC Accredited with B+)  
Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdcrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

REF: RDDC & RC/UG CELL/F.NO. 11/19/2025

DATE: 30/05/2025

**CIRCULAR**

The Spoken English Program "Finessin' English" for First BDS students (Batch 2024-25) is scheduled on 10<sup>th</sup> -16<sup>th</sup> June 2025 at Oral Pathology Lecture Hall. The details of the program are attached herewith. Concerned HODs are requested to relieve the first BDS students.

Date:- 10<sup>th</sup> -16<sup>th</sup> June 2025

Venue:- Oral Pathology Lecture Hall

Faculty: Dr. Richa Sahai (Sr. Lecturer)

*Alka Dive*

Dr Alka Dive

Chairperson UG Cell

RDDC & RC, Nagpur



*Dr Abhay Kolte*

Dr Abhay Kolte

Dean

RDDC & RC, Nagpur

DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

Copy to:

- 1) All HOD's VSPM'S DCRC, NAGPUR, for information.
- 2) HOD dept of Anatomy , NKPSIMS Nagpur
- 3) HOD dept of Physiology , NKPSIMS Nagpur
- 4) HOD dept of Biochemistry, NKPSIMS Nagpur
- 5) AO VSPMDCRC Nagpur for Information
- 6) IT dept for technical Support
- 7) Dr Samidha Pande-Member Secretary, UG Cell, RDDC&RC, NAGPUR
- 8) Dr Neelam Pande- Chairperson, Mentorship Cell, RDDC&RC, NAGPUR
- 9) Dr Varsha Uttarwar -Member secretary Mentorship cell RDDC&RC, NAGPUR Dr Prateek Burad – Member Web lan committee RDDC&RC, NAGPUR

Spoken English 'Finessin English' – 10<sup>th</sup> -16<sup>th</sup> June 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,**  
**NAGPUR-440019**  
**(NAAC Accredited with B+)**  
**Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdcrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

REF: RDDC & RC/UG CELL/F.NO. 1197/2025

DATE: 25/07/2025

**Report of Program**

Name of the capability enhancement scheme-"FINESSIN ENGLISH", a language development  
(Spoken English Enhancement Course)

Venue & Date- Oral pathology Lecture Hall, RDDC & RC on

10<sup>th</sup> June 2025

11<sup>th</sup> June 2025

12<sup>th</sup> June 2025

13<sup>th</sup> June 2025

14<sup>th</sup> June 2024

16<sup>th</sup> June 2024

Year of implementation- First BDS (2024-25)

Number of students attended- 85

Name of the agencies involved with contact details-

Dr.Richa Sahai – Sr. Lecturer Department of Prosthodontics

8805488354

dr.richasahai@gmail.com

## Spoken English 'Finessin English' – 10<sup>th</sup> -16<sup>th</sup> June 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019  
(NAAC Accredited with B+)  
Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdrcnagpur@gmail.com Website: <https://vspmdrc.edu.in>

Report of the program-

The Spoken English Enhancement Course was a very interactive 6 days

Program which covered the overall grooming of the students on how to properly communicate and express their problems and views with fluency. The details of the modules were as follows

### Module 1

The first module was conducted on 10<sup>th</sup> June 2025. The details are as follows

- 1pm -3pm** Importance of English conversation practice for health care students
- 3pm -4pm** How to start English conversation practice
- 4pm -6pm** Basics of English grammar

### Module 2

The second module was conducted on 11<sup>th</sup> June 2025. The details are as follows

- 1pm -3pm** Phonetics
- 3pm -4pm** Accent, tone and modulation of voice
- 4pm -5pm** Body language
- 5pm -6pm** Vocabulary words, phrases, synonyms in day to day conversation

### Module 3

The third module was conducted on 12<sup>th</sup> June 2025. The details are as follows

- 1pm -3pm** Listening skills
- 3pm -4pm** Use of phrases while speaking
- 4pm -5pm** How to bring fluency while speaking
- 5pm -6pm** Conversation with peers and faculty

Spoken English 'Finessin English' – 10<sup>th</sup> -16<sup>th</sup> June 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019  
(NAAC Accredited with B+)  
Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdcrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

**Module 4**

The fourth module was conducted on 13<sup>th</sup> June 2025. The details are as follows

**1pm -3pm** How to start English conversation practice

**3pm -4pm** English etiquettes & good manners

**4pm -6pm** Introduction to available Apps for practice

**Module 5**

The fifth module was conducted on 14<sup>th</sup> June 2025. The details are as follows

**1pm -3pm** How to start English conversation practice

**3pm -4pm** English etiquettes & good manners

**4pm -5pm** Introduction to available Apps for practice

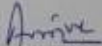
**5pm -6pm** Useful Tips and tricks

**Module 6**

The sixth module was conducted on 16<sup>th</sup> June 2025. The details are as follows:

**1pm -4pm** Role Play

**4pm -6pm** Group Play

  
**Dr Alka Dive**  
Chairperson  
UG cell, RDDC & RC,  
Nagpur

  
**Dr Abhay Kolte**  
Dean  
RDDC & RC, Nagpur



**DEAN**  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

Spoken English 'Finessin English' – 10<sup>th</sup> -16<sup>th</sup> June 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019  
(NAAC Accredited with B+)  
Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
[vsmdcrcnagpur@gmail.com](mailto:vsmdcrcnagpur@gmail.com) Website: <https://vsmdcrc.edu.in>

REF: RDDC & RC/UG CELL/F.NO. 19/7/2025

DATE: 25/07/2025

**COMPLETION CERTIFICATE**

The First BDS students (Batch 2024-25) of RDDC & RC have successfully completed Spoken English Program "Finessin' English" from 10<sup>th</sup> to 16<sup>th</sup> June 2025 which was conducted by Undergraduate cell, RDDC & RC.

Dr Alka Dive

Chairperson UG Cell

RDDC & RC, Nagpur

Dr Abhay Kolte

Dean

RDDC & RC, Nagpur



DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digidoh Hills, Hingna Road,  
Nagpur-440019

Spoken English 'Finessin English' – 10<sup>th</sup> -16<sup>th</sup> June 2025



RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019

(NAAC Accredited with B+)

**Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdcrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

**Attendance of 1<sup>st</sup> Year BDS Students 2024-25**

**Finessin' English Program Held on 10<sup>th</sup>-16<sup>th</sup> June 2025**

| Sr. No | NAME OF THE STUDENTS                  | 10/6/25 | 11/06/25 | 12/06/25 | 13/06/25 | 14/06/25 | 16/06/25 |
|--------|---------------------------------------|---------|----------|----------|----------|----------|----------|
| 1      | AALANDEE AMIT SHIWALKAR               | P       | P        | P        | P        | P        | P        |
| 2      | AAMERA SHOOA ABDUL HAMEED KHAN LODHI  | P       | P        | P        | P        | P        | P        |
| 3      | AARYA PRASHANT SHENDE                 | P       | A        | P        | P        | P        | P        |
| 4      | AASHITA SHARMA                        | P       | P        | P        | P        | P        | P        |
| 5      | ADITI MADANKAR                        | P       | P        | P        | P        | P        | P        |
| 6      | AFIFA ANJUM ANSARI ISRAR AHMAD ANSARI | P       | P        | P        | P        | P        | P        |
| 7      | AKBANI ZOYA PARVEZ                    | P       | P        | P        | P        | P        | A        |
| 8      | ARYA PRASHANT THOOL                   | P       | P        | P        | P        | P        | P        |
| 9      | ASAWARI VINOD TICHKULE                | P       | P        | P        | P        | P        | P        |
| 10     | ASKAR ARYA RAVINDRA                   | P       | P        | P        | P        | P        | P        |
| 11     | ASMI ALOK PANDEY                      | P       | P        | P        | P        | A        | P        |
| 12     | AYUSHI YADAV                          | P       | P        | P        | P        | P        | P        |
| 13     | BARAHATE SANCHITA SIDDHARTH           | P       | P        | P        | P        | P        | P        |

Spoken English 'Finessin English' – 10<sup>th</sup> -16<sup>th</sup> June 2025



RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019

(NAAC Accredited with B+)

**Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdcrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

|    |                                |   |   |   |   |   |   |
|----|--------------------------------|---|---|---|---|---|---|
| 14 | BARDE PALLAVI<br>GANESH        | P | P | P | P | P | P |
| 15 | BAWANKAR DIYA<br>MEGHSHYAM     | P | P | P | P | P | P |
| 16 | BHARUKA RIYA NITIN             | P | P | P | P | P | P |
| 17 | BISEN SHRUTI ANIL              | P | P | P | P | P | P |
| 18 | BOHARUPI MAITREYI<br>RAJENDRA  | P | P | P | P | P | P |
| 19 | CHANDEWAR<br>DHANSHREE SHANKAR | P | A | P | P | P | P |
| 20 | CHAVAN DALINA<br>NILESH        | P | P | P | P | P | P |
| 21 | CHAVHAN SNEHA<br>HEMANT        | P | P | P | P | P | P |
| 22 | DHOBALE DHANASHRI<br>BANDU     | P | P | P | P | P | P |
| 23 | FATMA ZOHRA<br>SHAMSHUL ARFEEN | P | P | P | A | P | P |
| 24 | GAYATRI THIGALE                | P | P | P | P | P | P |
| 25 | GIRI PARUL RAKESH              | P | P | P | P | P | P |
| 26 | GUPTA SAUMYA<br>SUDHIR         | P | P | P | P | P | P |
| 27 | GUPTA VEDANTI ATUL             | P | P | P | P | P | P |
| 28 | HRIDAYA RAHUL<br>MATHURKAR     | P | P | P | P | P | P |
| 29 | HUSAIN SAKINA<br>SALMAN        | P | P | P | P | P | P |
| 30 | HUSSAIN SHEEFA<br>NAHEED       | P | P | P | P | P | P |

Spoken English 'Finessin English' – 10<sup>th</sup> -16<sup>th</sup> June 2025



RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019  
(NAAC Accredited with B+)



**Undergraduate Cell**

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdcrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

|    |                                |   |   |   |   |   |   |
|----|--------------------------------|---|---|---|---|---|---|
| 31 | JAIHWAL KRISHNUM<br>GAJANAN    | P | P | P | P | P | P |
| 32 | JUIE SHAILESH<br>ANIKHINDI     | P | P | P | P | P | P |
| 33 | KABRA JANHAVI<br>GOVIND        | P | P | P | P | P | P |
| 34 | KAWALE VAISHNAVI<br>ANIL       | P | A | P | P | P | P |
| 35 | KHALOKAR SHRUTIKA<br>RAJESHRAO | P | P | P | P | P | P |
| 36 | KHANDALE SEJAL<br>CHANDU       | P | P | P | P | P | P |
| 37 | KHANDWAYE YASH<br>GANESHRAM    | P | P | P | P | P | P |
| 38 | KHARAT SHIVANI<br>HARIBHAU     | P | P | P | P | A | P |
| 39 | KHEDEKAR DIVYA<br>PRAMOD       | P | P | P | P | P | P |
| 40 | KHOBRAGADE<br>TANISHQ PRAFULLA | P | P | P | P | P | P |
| 41 | KHUSHI SHIVSHANKAR<br>DESHMUKH | P | P | P | P | P | P |
| 42 | KIRANAWALA TAHER<br>NURUDDIN   | P | P | P | P | P | P |
| 43 | KOLPE SIDDHARTH<br>SURESH      | P | P | A | P | P | P |
| 44 | KOTHEKAR SANIKA<br>MILIND      | P | P | P | P | P | P |
| 45 | LAHERI ALIASGAR<br>HUZAIFA     | P | P | P | P | P | P |
| 46 | LAHERI HAVVA ZOEB              | P | P | P | P | P | P |

Spoken English 'Finessin English' – 10<sup>th</sup> -16<sup>th</sup> June 2025



RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019

(NAAC Accredited with B+)

**Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdcrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

|    |                                 |   |   |   |   |   |   |
|----|---------------------------------|---|---|---|---|---|---|
| 47 | LOKCHANDANI PUNAM<br>LALIT      | P | P | P | P | P | P |
| 48 | MAHANT SUHANI DILIP             | P | P | P | P | P | P |
| 49 | MALGEWAR MELISSA<br>RAJESH      | P | P | A | P | P | P |
| 50 | MALVIYA SHREERAJ<br>RAJESH      | P | P | P | P | P | P |
| 51 | MANSI MISHRA                    | P | P | P | P | P | P |
| 52 | MANSI SANJAY<br>PENDOR          | P | P | P | P | P | P |
| 53 | MARADWAR SHREYA<br>MANISH       | P | P | P | P | P | P |
| 54 | MEHER SAMIKSHA<br>SHAILESH      | P | P | P | P | P | P |
| 55 | MOHD AZHAF AHSAN<br>ANWAR AHSAN | P | P | P | P | P | P |
| 56 | MOKARKAR SHRUSHTI<br>DINESH     | P | P | P | P | A | P |
| 57 | MORE GARGI<br>SANTOSH           | P | P | P | P | P | P |
| 58 | MULE RUTUJA<br>BHASKAR          | P | P | P | P | P | P |
| 59 | MUNDHE ANUSHKA<br>SACHIN        | P | P | P | P | P | P |
| 60 | NALINDE SANSKRUTI<br>AVINASH    | P | P | P | P | P | P |
| 61 | NANDE SHANTANU<br>SHANKAR       | P | P | P | P | P | P |
| 62 | NIKITA DABLE                    | P | P | P | P | P | P |
| 63 | NIKOSE PRADNYA                  | P | P | P | P | P | P |

Spoken English 'Finessin English' – 10<sup>th</sup> -16<sup>th</sup> June 2025



RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019

(NAAC Accredited with B+)

**Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vsmdrcnagpur@gmail.com Website: <https://vsmdrc.edu.in>

|    |                            |   |   |   |   |   |   |
|----|----------------------------|---|---|---|---|---|---|
|    | SATYAPRAKASH               | P | P | P | P | P | P |
| 64 | OVEE SHRIRAO               | P | P | P | P | P | P |
| 65 | PARIMAL NILESH ANIKHINDI   | P | P | P | P | P | P |
| 66 | PAWAR SANSKRUTI SUNIL      | P | P | P | A | P | P |
| 67 | PECHE RIYA RAJESH          | P | P | A | P | P | P |
| 68 | PHADTARE SHRUTIKA SHAILESH | P | P | P | P | P | P |
| 69 | POLAR SHRIYA VILAS         | P | P | P | P | P | P |
| 70 | POTE SAHILI DIGAMBAR       | P | P | P | P | P | P |
| 71 | PRANVI BOBADE              | P | P | P | P | P | P |
| 72 | PRIYANKA ANIL NALHE        | P | P | P | A | P | P |
| 73 | PUDKE GAURAV RAJKUMAR      | P | P | P | P | P | P |
| 74 | RADHIKA VISHWAKARMA        | P | P | P | P | P | P |
| 75 | RAUT ADITYA YASHWANT       | P | P | P | P | P | P |
| 76 | RISHIKA TATED              | P | P | P | P | P | P |
| 77 | SABU NETAL MOHAN           | P | P | P | P | P | A |
| 78 | SAHU ADITYA SHRIKANT       | P | P | P | P | P | P |
| 79 | SAKHARE KALYANI VITTHAL    | P | P | P | P | P | P |
| 80 | SAMIDHA SHRIKANT DESHPANDE | P | P | P | P | P | P |

Spoken English 'Finessin English' – 10<sup>th</sup> -16<sup>th</sup> June 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,**  
**NAGPUR-440019**  
**(NAAC Accredited with B+)**



**Undergraduate Cell**

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdcrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

|    |                               |   |   |   |   |   |   |
|----|-------------------------------|---|---|---|---|---|---|
| 81 | SANGWAI SHREYA SHRIPAD        | P | P | P | P | P | P |
| 82 | SAPKAL YOGESHWARI MARUTI      | P | P | P | P | P | P |
| 83 | SARYAM KALYANI GAUTAM         | P | P | P | P | P | P |
| 84 | SHEIKH ASFIYA ABDUL KALIM     | P | P | P | P | P | P |
| 85 | SHELKE RATNADEEP KISHOR       | P | P | P | P | P | P |
| 86 | SNEHAL SHENDE                 | P | P | P | P | P | P |
| 87 | SOLANKE ISHWARI GOPAL         | P | P | A | P | P | P |
| 88 | SUKE SHRAVANI KRISHNA         | P | P | P | P | P | P |
| 89 | SUNIDHI DILIP GAIKWAD         | P | P | P | P | P | P |
| 90 | SURYAWANSHI SAMADHAN MANIKRAO | P | P | P | P | P | P |
| 91 | TANISHKA MUKESH NANWATKAR     | P | P | P | P | P | P |
| 92 | TANUPREET JUNEJA              | P | P | P | P | P | A |
| 93 | TAPASE RIDHALI BHARAT         | P | P | P | P | P | P |
| 94 | TAWADE SANJIVANI DHANANJAY    | P | P | P | P | P | P |
| 95 | TAYWADE ANANDI MADAN          | P | P | P | P | P | P |
| 96 | TEKADE SANSKRUTI MORESHWAR    | P | P | P | P | P | P |

Spoken English 'Finessin English' – 10<sup>th</sup> -16<sup>th</sup> June 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

**(NAAC Accredited with B+)**


**Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdcrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

|     |                                |   |   |   |   |   |   |
|-----|--------------------------------|---|---|---|---|---|---|
| 97  | TIWARI SHRISHTI<br>MOHANPRASAD | P | P | P | P | P | P |
| 98  | VANSHIKA SACHDEV               | P | A | P | A | P | P |
| 99  | VEDIKA TALOKAR                 | P | P | P | P | P | P |
| 100 | WANKHEDE ANUSHKA<br>TUSHAR     | P | P | P | A | P | P |

  
**Dr Alka Dive**  
Chairperson UG Cell  
RDDC&RC, Nagpur

  
**Dr Abhay Kolte**  
Dean  
RDDC&RC, Nagpur



DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digidoh Hills, Hingna Road,  
Nagpur-440019

Spoken English 'Finessin English' – 10<sup>th</sup> -16<sup>th</sup> June 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019  
(NAAC Accredited with B+)  
Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
[vsmdcrcnagpur@gmail.com](mailto:vsmdcrcnagpur@gmail.com) Website: <https://vsmdcrc.edu.in>

**"FINESSIN ENGLISH" – 10<sup>th</sup> June 2025- 16<sup>th</sup> June 2025**



*Amiz*  
**Dr Alka Dive**  
Chairperson  
UG cell, RDDC & RC,  
Nagpur



*De*  
**Dr Abhay Kolte**  
Dean  
RDDC & RC, Nagpur  
DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

Spoken English 'Finessin English' – 10<sup>th</sup> -16<sup>th</sup> June 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,**  
**NAGPUR-440019**  
**(NAAC Accredited with B+)**  
**Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000.665301 Fax: (07104) 665011,Email:  
[vspmdercnagpur@gmail.com](mailto:vspmdercnagpur@gmail.com) Website: <https://vspmderc.edu.in>

**Value Added Course**  
**Spoken English Language**  
**Time Table (For 1<sup>st</sup> BDS Students)**  
**10<sup>th</sup> -16<sup>th</sup> June 2025**

**Module 1 (5 Hours)**

- 1pm -3pm** Importance of English conversation practice for health care students
- 3pm -4pm** How to start English conversation practice
- 4pm -6pm** Basics of English grammar

**Module 2 (5 Hours)**

- 1pm -3pm** Phonetics
- 3pm -4pm** Accent, tone and modulation of voice
- 4pm -5pm** Body language
- 5pm -6pm** Vocabulary words, phrases, synonyms in day to day conversation

**Module 3 (5 Hours)**

- 1pm -3pm** Listening skills
- 3pm -4pm** Use of phrases while speaking
- 4pm -5pm** How to bring fluency while speaking
- 5pm -6pm** Conversation with peers and faculty

Spoken English 'Finessin English' – 10<sup>th</sup> -16<sup>th</sup> June 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019  
(NAAC Accredited with B+)  
Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
[vspmdcrcnagpur@gmail.com](mailto:vspmdcrcnagpur@gmail.com) Website: <https://vspmdcrc.edu.in>

**Module 4 (5 Hours)**

- 1pm -3pm How to start English conversation practice
- 3pm -4pm English etiquettes & good manners
- 4pm -6pm Introduction to available Apps for practice

**Module 5 (5 Hours)**

- 1pm -3pm How to start English conversation practice
- 3pm -4pm English etiquettes & good manners
- 4pm -5pm Introduction to available Apps for practice
- 5pm -6pm Useful Tips and tricks

**Module 6 (5 Hours)**

- 1pm -4pm Role Play
- 4pm -6pm Group Play

*Anita*

*De*

DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019



Spoken Marathi Course 'Mazi Marathi'- 5<sup>th</sup>-10<sup>th</sup> May 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,**  
**NAGPUR-440019**  
**(NAAC Accredited with B+)**  
**Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdcrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

REF: RDDC & RC/UG CELL/F.NO. *1722*/2025

DATE: 23/04/2025

**CIRCULAR**

The Spoken Marathi enhancement Program "Mazi Marathi" for 3<sup>rd</sup> BDS students is scheduled on 5<sup>th</sup> May – 10<sup>th</sup> May 2025 at Oral Pathology Lecture Hall. The details of the program are attached herewith. Concerned HODs are requested to relieve the first BDS students.

Date:- 5<sup>th</sup> – 10<sup>th</sup> May 2025

Venue:- Oral Pathology Lecture Hall

Faculty: Dr. Jayashree Joshi (Associate Professor) Dept. of Prosthodontics

*Alka Dive*  
Dr Alka Dive  
Chairperson UG Cell  
RDDC & RC, Nagpur



*Dr. Abhay Kolte*  
Dr Abhay Kolte  
Dean  
RDDC & RC, Nagpur

Copy to:

- 1) All HOD's RDDC&RC, NAGPUR, for information.
- 2) HOD dept of General Surgery, NKPSIMS Nagpur
- 3) HOD dept of General Medicine, NKPSIMS Nagpur
- 4) HOD dept of Oral Pathology, NKPSIMS Nagpur
- 5) AO VSPMDCRC Nagpur for Information
- 6) IT dept for technical Support
- 7) Dr Samidha Pande-Member Secretary, UG Cell, RDDC&RC, NAGPUR, for information.
- 8) Dr Neelam Pande- Chairperson, Mentorship Cell, RDDC&RC, NAGPUR, for information.
- 9) Dr Varsha Uttarwar -Member secretary Mentorship cell RDDC&RC Nagpur for information
- 10) Dr Prateek Burad – Member Web lan committee VSPM DCRC Nagpur for

DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

Spoken Marathi Course 'Mazi Marathi'- 5<sup>th</sup>-10<sup>th</sup> May 2025



RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019

(NAAC Accredited with B+)

**Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
[vspmdcrnagpur@gmail.com](mailto:vspmdcrnagpur@gmail.com) Website: <https://vspmdcrc.edu.in>

REF: RDDC & RC/UG CELL/F.NO. 138/2025

DATE: 13/06/2025

**Report of Program**

Name of the capability enhancement scheme-"Mazi Marathi", a language development  
(Spoken Marathi Enhancement Course)

Venue & Date-Oral Pathology Department, RDDC & RC Lecture Hall on

5<sup>th</sup> May 2025

6<sup>th</sup> May 2025

7<sup>th</sup> May 2025

8<sup>th</sup> May 2025

9<sup>th</sup> May 2025

10<sup>th</sup> May 2025

Year of implementation- Third BDS (2024-25)

Number of students attended- 86

Name of the agencies involved with contact details-

Dr.Jayashree Joshi

Associate Professor

Dept of Prosthodontics

[drjayijoshi@gmail.com](mailto:drjayijoshi@gmail.com)

# Spoken Marathi Course 'Mazi Marathi'- 5<sup>th</sup>-10<sup>th</sup> May 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

**(NAAC Accredited with B+)**

**Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
[vspmdrcnagpur@gmail.com](mailto:vspmdrcnagpur@gmail.com) Website: <https://vspmdrc.edu.in>

Report of the program-

The Spoken Marathi Enhancement Course was a very interactive 6 days

Program which covered the overall grooming of the students on how to properly communicate and express their problems and views with fluency. The details of the modules were as follows

#### **Module 1** (5 hours)

- Importance of communication in health care students
- Details about Communication process
- Different ways of communication
- Importance of Marathi as a local language in conversation with patients in Maharashtra

#### **Module 2** (5 hours)

- Introduction to Marathi (Devnagari Lipi)
- Marathi Alphabets
- Number system
- Days and months

#### **Module 3** (5 hours)

- Basic Marathi grammar ( Subject Pronouns, Verbs with conjugation, tense)
- Common words used in day to day life
- Common words used in Dentistry while conversing with patients
- Case suffixes, Subjective & Objective pronouns, Possessive & Demonstrative pronouns

#### **Module 4** (5 hours)

- Listening Comprehension
- Use of phrases while speaking
- How to make sentences in Marathi
- Presentation skills

Spoken Marathi Course 'Mazi Marathi'- 5<sup>th</sup>-10<sup>th</sup> May 2025



RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019

(NAAC Accredited with B+)

**Undergraduate Cell**




Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdrcnagpur@gmail.com Website: <https://vspmdrc.edu.in>

**Module 5** (5 hours)

- How to start Marathi conversation practice
- How to bring fluency while conversing
- Marathi etiquettes and good manners
- Best Apps for Marathi speaking practice

**Module 6** (5 hours)

- Role play by the staff
- Role play by students

  
Dr Alka Dive  
Chairperson  
UG cell, RDDC & RC

  
Dr Abhay Kolte  
Dean  
RDDC & RC, Nagpur



DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

Spoken Marathi Course 'Mazi Marathi'- 5<sup>th</sup>-10<sup>th</sup> May 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019  
(NAAC Accredited with B+)  
Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vsmdcrcnagpur@gmail.com Website: <https://vsmdcre.edu.in>

REF: RDDC & RC/UG CELL/F.NO. 112<sup>th</sup>/2025

DATE: 13/06/2025

**COMPLETION CERTIFICATE**

The Third BDS students (Batch 2024-25) of RDDC & RC have successfully completed Spoken Marathi Program "Mazi Marathi" from 5<sup>th</sup> to 10<sup>th</sup> May 2025 which was conducted by Undergraduate cell, RDDC & RC.

Dr Alka Dive

Chairperson UG Cell

RDDC & RC, Nagpur



Dr Abhay Kolte

Dean

RDDC & RC, Nagpur

DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

Spoken Marathi Course 'Mazi Marathi'- 5<sup>th</sup>-10<sup>th</sup> May 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

(NAAC Accredited with B+)

**Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdcrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

**Attendance of 3<sup>rd</sup>Year BDS Students 2024-25**

**Mazi Marathi Program Held on 5<sup>th</sup>-10<sup>th</sup> May 2025**

| SR.NO. | NAME OF THE STUDENT        | 5/5/25 | 6/5/25 | 7/5/25 | 8/5/25 | 9/5/25 | 10/5/25 |
|--------|----------------------------|--------|--------|--------|--------|--------|---------|
| 1      | AASHNA ALOK VIDYARTHI      | P      | P      | P      | P      | P      | P       |
| 2      | AGRAWAL VAIDEHI NARESH     | P      | P      | P      | P      | P      | P       |
| 3      | AGRAWAL YUKTI GHANSHYAM    | P      | P      | P      | P      | P      | P       |
| 4      | AHMED AQSA LARAIB NISAR    | P      | P      | P      | P      | P      | P       |
| 5      | AKANKSHA MAHALLE           | P      | P      | P      | P      | P      | P       |
| 6      | AKHADE ANUSHKA AJAY        | P      | A      | P      | P      | P      | P       |
| 7      | AKULWAR ADITI AVINASH      | P      | P      | P      | P      | P      | P       |
| 8      | ANIKET INGALE              | P      | P      | P      | P      | P      | P       |
| 9      | AYUSH CHETAN CHINCHALKAR   | P      | P      | P      | P      | P      | P       |
| 10     | BHAIYA ADITI DINESH        | P      | P      | P      | P      | P      | P       |
| 11     | BHANDARRI NIDHI RRAJESH    | P      | P      | P      | P      | P      | P       |
| 12     | BHAVE SUMANT JAYANT        | P      | P      | P      | P      | P      | P       |
| 13     | BHAVESH BHAIYA             | P      | P      | P      | P      | P      | P       |
| 14     | BHUJBAL OMKAR NAVNATH      | P      | P      | A      | P      | P      | P       |
| 15     | DAMAHE DISHA AMARLAL       | P      | P      | P      | P      | P      | P       |
| 16     | DESHMUKH SUYASHA ANIL      | P      | P      | P      | A      | P      | P       |
| 17     | DHANUSKAR MADHURA RAJENDRA | P      | P      | P      | P      | P      | P       |
| 18     | DHARME KHOOSHI SANJAY      | P      | A      | P      | P      | P      | P       |
| 19     | DOKRE RIYA SUNIL           | P      | P      | P      | P      | P      | P       |
| 20     | DUBBANI TUSHAR SURESHKUMAR | P      | P      | P      | P      | P      | P       |
| 21     | DUBEY RASHAMI AMAR         | P      | P      | P      | P      | P      | P       |
| 22     | GAIKHANE DEEPA PITAMBAR    | P      | P      | P      | P      | P      | P       |
| 23     | GAIKWAD KALYANI KEWALDAS   | P      | P      | P      | P      | P      | P       |
| 24     | GANGAWAL SHRUSHTI SANJAY   | P      | P      | P      | P      | P      | P       |
| 25     | GANVIR RIMI HEMANT         | P      | P      | P      | P      | A      | P       |
| 26     | GHUTAKE PRACHI KRUSHANAJI  | P      | P      | P      | P      | P      | P       |
| 27     | GONDANE RITIKA ROSHAN      | P      | P      | P      | P      | P      | P       |
| 28     | HATWAR SHRUSHTI PRABHUDAS  | P      | P      | P      | P      | P      | P       |
| 29     | INGLE HARSHWARDHAN RAJU    | P      | P      | P      | P      | P      | P       |
| 30     | ISARKA MANSI CHAITANYA     | P      | P      | P      | P      | P      | P       |
| 31     | JAIWAL ISHA NAVEEN         | P      | P      | P      | P      | P      | P       |

Spoken Marathi Course 'Mazi Marathi'- 5<sup>th</sup>-10<sup>th</sup> May 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

(NAAC Accredited with B+)

**Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdcrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

|    |                                    |   |   |   |   |   |   |
|----|------------------------------------|---|---|---|---|---|---|
| 32 | JAIWAL TANNUSHREE RAJESH           | P | P | P | P | P | P |
| 33 | JARULKAR ANUSHKA MOHAN             | P | P | P | P | P | P |
| 34 | JESWANI YASHWANI<br>SUNILKUMAR     | P | P | P | P | P | P |
| 35 | KEDIA SHRIYA SUMIT                 | P | A | P | P | P | P |
| 36 | KHAN ALIFA NASIR                   | P | P | P | P | P | P |
| 37 | KHAN ZAINAB JAWWAD                 | P | P | P | P | P | P |
| 38 | KHANDARE ANIRUDHA<br>ANANDKUMAR    | P | P | P | P | P | P |
| 39 | KOLI OMKAR MANOJ                   | P | P | A | P | P | P |
| 40 | LOHIYA KARISHMA PANKAJ             | P | P | P | P | P | P |
| 41 | MADAN MUSKAN PREM                  | P | P | P | P | P | P |
| 42 | MAHALLE SHRUTI VIJAY               | P | P | P | P | P | P |
| 43 | MAHALLE TANVI GANESHRAO            | P | P | P | P | P | P |
| 44 | MANWATKAR ANUJ RAKESH              | P | P | P | P | P | P |
| 45 | NAGOSE JAYSHREE SUNIL              | P | P | P | P | P | P |
| 46 | NANDANKAR SONALI<br>CHANDRASHEKHAR | P | P | P | P | P | P |
| 47 | NIBRAD REWATI SANJAY               | P | P | P | P | P | P |
| 48 | OJASHREE DIDOLKAR                  | P | P | P | P | P | P |
| 49 | PADA GAURAV BHAJANRAO              | P | P | P | P | P | P |
| 50 | PADMINI SAMPRATI BADIJATE          | A | P | P | P | P | P |
| 51 | PANTAWANE ESHITA<br>SURYAKANT      | P | P | P | P | P | P |
| 52 | PATEL AKSHAR ABHIJIT               | P | P | P | P | P | P |
| 53 | PATIL NIDHI MANISH                 | P | P | P | P | A | P |
| 54 | PESHATTIWAR SWARANGI RAVI          | P | P | P | P | P | P |
| 55 | PUDKE SHIVANI RAJKUMAR             | P | P | P | P | P | P |
| 56 | RAHANGADALE TANVI TUSHAR           | P | P | P | P | P | P |
| 57 | RATHOD BALAJI SUBHASH              | P | P | P | P | P | P |
| 58 | RAUT KARISHMA                      | P | P | P | P | P | P |
| 59 | REWATKAR KISHAN<br>PRABHAKAR       | P | P | P | P | P | P |
| 60 | REWATKAR NIDHI NANDKUMAR           | P | P | P | P | P | A |
| 61 | RIZVI UROOSA WAKEEL AHMAD          | P | P | P | P | P | P |
| 62 | SAKSHI PILLARE                     | P | P | P | P | P | P |
| 63 | SALVE SHRUTI ARUN                  | P | A | P | P | P | P |
| 64 | SANSKRUTI PUSDEKAR                 | P | P | P | P | P | P |
| 65 | SANTANI ROSHANI MAHESH             | P | P | P | P | P | P |
| 66 | SAWANE MRUNAL PRASHANT             | P | P | P | P | P | P |
| 67 | SAYEDA AAMENA QUAZI                | P | P | P | P | P | P |
| 68 | SEJAL KHUDALE                      | P | P | P | P | P | P |
| 69 | SEJAL LALIT UKEY                   | P | P | P | P | P | P |

Spoken Marathi Course 'Mazi Marathi'- 5<sup>th</sup>-10<sup>th</sup> May 2025




**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019  
(NAAC Accredited with B+)**



**Undergraduate Cell**

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
yspmdcrcnagpur@gmail.com Website: <https://yspmdcrc.edu.in>

|    |                               |   |   |   |   |   |   |
|----|-------------------------------|---|---|---|---|---|---|
| 70 | SHAIKH AAYESHA<br>ABDULJABBAR | P | P | P | P | P | P |
| 71 | SHARMA SRIJAN SUNIL           | P | P | P | P | P | P |
| 72 | SHIRKE SANJANA RAVINDRA       | A | P | P | P | P | P |
| 73 | SHREEYA SHRIPAD KHAPARDE      | P | P | P | P | P | A |
| 74 | SHUBHRA RASTOGEE              | P | P | P | P | P | P |
| 75 | SHUKLA GOURI SHAILENDRA       | P | P | P | P | P | P |
| 76 | SIRSAT DHANASHRI RAJKUMAR     | P | A | P | P | P | P |
| 77 | SIRSAT SHRUSHTI SUNIL         | P | P | P | P | P | P |
| 78 | SURANA ISHITA ASHISH          | P | P | P | P | P | P |
| 79 | SWAMI KOMAL MUKESH            | P | P | P | P | P | P |
| 80 | TAMANNA GIRISH KANDHARI       | P | P | P | P | P | P |
| 81 | TANVI SATISH YERUNKAR         | P | P | P | P | P | P |
| 82 | THAMKE SHRUTI SUDHAKAR        | P | P | P | P | A | P |
| 83 | TALEKAR ABHINAV PRAKASH       | A | P | P | P | P | P |
| 84 | WADALKAR KALYANI<br>PRASHANT  | P | P | P | P | P | P |
| 85 | YENURKAR VAISHNAVI<br>MANOHAR | P | P | P | P | P | P |
| 86 | ZARMINA KHAN                  | P | P | P | P | P | P |

  
**Dr Alka Dive**  
Chairperson UG Cell  
RDDC&RC, Nagpur



  
**Dr Abhay Kolte**  
Dean  
RDDC&RC, Nagpur

**DEAN**  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

Spoken Marathi Course 'Mazi Marathi'- 5<sup>th</sup>-10<sup>th</sup> May 2025

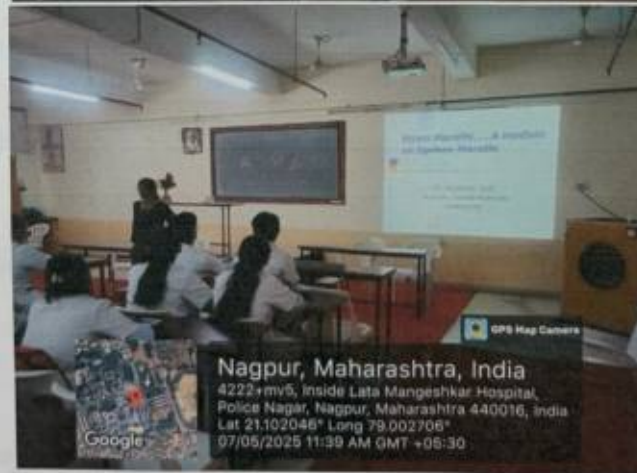


**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019  
(NAAC Accredited with B+)  
Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
[vspmdcrcnagpur@gmail.com](mailto:vspmdcrcnagpur@gmail.com) Website: <https://vspmdcrc.edu.in>

**"Mazi Marathi"-5<sup>th</sup> May 2025 - 10<sup>th</sup> May 2025**



*Alka Dive*  
Dr Alka Dive  
Chairperson  
UG cell, RDDC & RC



*Dr Abhay Kolte*  
Dr Abhay Kolte  
Dean  
RDDC & RC, Nagpur  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

# Spoken Marathi Course 'Mazi Marathi'- 5<sup>th</sup>-10<sup>th</sup> May 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

**(NAAC Accredited with B+)**

**Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdrcnagpur@gmail.com Website: <https://vspmdrc.edu.in>

information

**Value Added Course  
Spoken Marathi Language  
Time Table (For 3<sup>rd</sup> BDS Students)  
5<sup>th</sup> – 10<sup>th</sup> May 2025**

**Module 1 (5 hours)**

- 9:30 am-10:30 am - Importance of communication in health care students
- 10:30 am-11:30am - Details about Communication process
- 11:30 am -12:30 pm -Different ways of communication
- 1:30 pm – 3:30 pm- Importance of Marathi as a local language in conversation with patients in Maharashtra

**Module 2 (5 hours)**

- 9:30 am-10:30 am -Introduction to Marathi (Devnagari Lipi)
- 10:30 am-11:30am -Marathi Alphabets
- 11:30 am -12:30 pm- Number system
- 1:30 pm – 3:30 pm -Days and months

**Module 3 (5 hours)**

- 9:30 am-10:30 am- Basic Marathi grammar ( Subject Pronouns, Verbs with conjugation, tense)
- 10:30 am-11:30am- Common words used in day to day life
- 11:30 am -12:30 pm- Common words used in Dentistry while conversing with patients
- 1:30 pm – 3:30 pm- Case suffixes, Subjective & Objective pronouns, Possessive & Demonstrative pronouns

**Module 4 (5 hours)**

- 9:30 am-10:30 am- Listening Comprehension
- 10:30 am-11:30am- Use of phrases while speaking
- 11:30 am -12:30 pm- How to make sentences in Marathi
- 1:30 pm – 3:30 pm- Presentation skills

**Module 5 (5 hours)**

- 9:30 am-10:30 am- How to start Marathi conversation practice
- 10:30 am-11:30am How to bring fluency while conversing
- 11:30 am -12:30 pm- Marathi etiquettes and good manners
- 1:30 pm – 3:30 pm- Best Apps for Marathi speaking practice

**Module 6 (5 hours)**

- 9:30 am-12:30 pm- Role play by the staff

Spoken Marathi Course 'Mazi Marathi'- 5<sup>th</sup>-10<sup>th</sup> May 2025



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,**  
**NAGPUR-440019**  
**(NAAC Accredited with B+)**  
**Undergraduate Cell**



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
[vspmdrcnagpur@gmail.com](mailto:vspmdrcnagpur@gmail.com) Website: <https://vspmdrc.edu.in>

- 1:30 pm – 3:30 pm- Role play by students

*Amir*

*De*

DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019



**Ranjeet Deshmukh Dental College & Research Centre, Nagpur**  
**Department of Oral Medicine & Radiology**

**Circular**

Following are the details of activity scheduled by Dept. of Oral Medicine & Radiology in collaboration with HSET unit.

Student Batch: BDS Third Year Winter 2025

Activity: Soft Skills Session

Date: 29/03/2025

Time: 11:30 am to 01:00 pm

Venue: ODMR Seminar Hall



DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Dagdoh Hills, Hingna Road,  
Nagpur-440010



Signature of HOD  
HEAD OF THE DEPARTMENT  
ORAL MEDICINE & RADIOLOGY  
RANJEET DESHMUKH DENTAL COLLEGE &  
RESEARCH CENTRE, NAGPUR-19 (M.S.)

RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE, NAGPUR  
DEPARTMENT OF ORAL MEDICINE & RADIOLOGY

COMMUNICATION SKILLS MODULE

DATE: 29<sup>th</sup> MARCH 2025



*[Handwritten signature]*  
HEAD OF THE DEPARTMENT  
ORAL MEDICINE & RADIOLOGY  
RANJEET DESHMUKH DENTAL COLLEGE &  
RESEARCH CENTRE, NAGPUR-19 (M.S.)

*[Handwritten signature]*  
DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

# श्री हाजरी बुक

MONTHLY

for the Month of

Third BDS Winter 25-26

माह

| No. नंबर | Theory<br>Name<br>नाम | हजा | पार का दर | Days |   |   |   |   |   |   |   |   |    |    |    |    |    |
|----------|-----------------------|-----|-----------|------|---|---|---|---|---|---|---|---|----|----|----|----|----|
|          |                       |     |           | 1    | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 1        | Aashna Vijayantui     |     |           | P    | A | A | P | P | P | A | P | A | A  | A  | P  | P  | P  |
| 2        | Vakleli Agrawal       |     |           | A    | A | A | A | A | A | P | A | A | A  | A  | A  | A  | A  |
| 3        | Yukti Agrawal         |     |           | A    | A | A | A | A | A | A | A | A | A  | A  | A  | P  | A  |
| 4        | Aqsa Ahmad            |     |           | A    | A | A | A | A | A | A | A | A | A  | A  | A  | A  | A  |
| 5        | Akanksha Mahalle      |     |           | P    | A | A | A | A | P | P | P | A | A  | A  | P  | P  | A  |
| 6        | Anushka Akhanele      |     |           | A    | A | A | A | P | A | P | A | A | A  | A  | P  | A  | A  |
| 7        | Aditi Akulkar         |     |           | P    | A | A | P | P | P | P | P | A | A  | A  | A  | P  | A  |
| 8        | Aniket Ingale         |     |           | A    | A | A | A | A | A | A | A | A | A  | A  | A  | A  | A  |
| 9        | Ayush Chincholkar     |     |           | P    | A | A | A | P | P | P | P | A | A  | A  | A  | P  | A  |
| 10       | Aditi Bhaiya          |     |           | P    | A | A | A | A | P | A | A | A | A  | A  | A  | A  | A  |
| 11       | Nidhi Bhandari        |     |           | P    | P | A | P | P | P | P | P | A | A  | A  | A  | P  | P  |
| 12       | Sumant Bhave          |     |           | A    | A | A | A | A | A | A | A | A | A  | A  | A  | A  | A  |
| 13       | Bhavesh Bhaiya        |     |           | P    | A | A | P | P | A | P | A | A | A  | A  | A  | P  | A  |
| 14       | Onkers Bhuwal         |     |           | A    | P | A | P | P | A | A | P | A | A  | A  | A  | A  | A  |
| 15       | Disha Damake          |     |           | P    | A | A | P | P | P | A | A | A | A  | A  | P  | P  | P  |
| 16       | Supriya Deshmukh      |     |           | P    | A | A | P | A | P | A | A | A | A  | A  | P  | A  | A  |
| 17       | Maadhura Dharmeshkar  |     |           | A    | A | A | P | P | A | P | P | A | A  | A  | P  | P  | A  |
| 18       | Khooshi Dhokane       |     |           | P    | P | A | P | P | A | P | A | A | A  | A  | A  | A  | A  |
| 19       | Riya Dokre            |     |           | P    | A | A | P | P | P | A | A | A | A  | A  | P  | P  | P  |
| 20       | Tushar Dubbani        |     |           | P    | P | A | A | A | A | A | A | A | A  | A  | A  | A  | A  |
| 21       | Rashmi Dubey          |     |           | A    | A | A | A | A | A | A | A | A | A  | A  | A  | P  | A  |
| 22       | Deepal Gaidhane       |     |           | P    | A | A | P | P | P | P | A | A | A  | P  | A  | A  | P  |
| 23       | Kalyani Gaikwad       |     |           | P    | A | A | P | P | P | P | A | A | A  | P  | P  | A  | A  |
| 24       | Chrushiti Ganawat     |     |           | A    | A | A | A | A | A | A | P | A | A  | A  | A  | A  | A  |




| No. नंबर | Name<br>नाम        | वर्ग | पगार का दर | २४/२/२५ | २१/२/२५ | २४/०२/२५ | २२/०२/२५ | २१/३/२५ | २४/३/२५ | २७/३/२५ | २९/३/२५ | २९/३/२५ | २९/३/२५ | २९/३/२५ | २९/३/२५ | २९/३/२५ | २९/३/२५ |   |
|----------|--------------------|------|------------|---------|---------|----------|----------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---|
|          |                    |      |            | A       | A       | A        | A        | A       | A       | A       | A       | A       | A       | A       | A       | A       | A       | A |
| 55       | Akshar Patel       |      |            | A       | A       | A        | A        | A       | A       | A       | A       | A       | A       | A       | A       | A       | A       | A |
| 56       | Nidhi Patil        |      |            | P       | P       | A        | A        | P       | P       | P       | P       | A       | A       | A       | P       | A       | P       | P |
| 57       | Swarangi Peshawar  |      |            | A       | A       | A        | A        | A       | P       | A       | P       | A       | A       | P       | A       | P       | A       | P |
| 58       | Shivani Pualke     |      |            | A       | A       | A        | A        | A       | A       | A       | A       | A       | A       | A       | A       | A       | P       | A |
| 59       | Tanvi Rahangdale   |      |            | A       | A       | A        | P        | P       | P       | P       | P       | A       | A       | A       | P       | P       | A       | P |
| 60       | Balaji Ratwel      |      |            | A       | A       | A        | P        | P       | A       | A       | A       | A       | A       | A       | A       | A       | A       | A |
| 61       | Kaushma Raut       |      |            | P       | P       | A        | P        | P       | P       | P       | P       | A       | A       | A       | P       | P       | P       | A |
| 62       | Kishan Rewatkar    |      |            | A       | A       | A        | P        | A       | A       | A       | P       | A       | A       | A       | A       | P       | A       | P |
| 63       | Nidhi Rewatkar     |      |            | P       | A       | A        | A        | A       | A       | A       | P       | A       | A       | A       | A       | P       | A       | A |
| 64       | Uroosa Rizvi       |      |            | A       | A       | A        | P        | P       | P       | A       | A       | A       | A       | A       | A       | A       | A       | P |
| 65       | Sakshi Pillare     |      |            | A       | A       | A        | P        | A       | A       | A       | P       | A       | A       | A       | A       | P       | A       | A |
| 66       | Shruti Salve       |      |            | A       | A       | A        | P        | A       | A       | A       | A       | A       | A       | A       | A       | P       | A       | P |
| 67       | Sanskriti Pusdekar |      |            | P       | P       | A        | P        | P       | P       | A       | A       | A       | A       | A       | A       | P       | P       | A |
| 68       | Rashmi Santani     |      |            | A       | P       | A        | A        | A       | A       | A       | P       | A       | A       | A       | P       | A       | A       | A |
| 69       | Mrunal Sawane      |      |            | A       | A       | A        | P        | P       | A       | A       | P       | A       | A       | A       | A       | P       | P       | A |
| 70       | Aamena Sayeda      |      |            | P       | A       | A        | A        | A       | P       | A       | A       | A       | A       | A       | A       | P       | A       | A |
| 71       | Sejal Khosale      |      |            | P       | A       | A        | A        | P       | P       | A       | P       | A       | A       | P       | P       | P       | P       | P |
| 72       | Sejal Ukey         |      |            | P       | A       | A        | P        | P       | A       | A       | P       | A       | A       | A       | A       | A       | P       | A |
| 73       | Aayesha Shaikh     |      |            | A       | A       | A        | A        | A       | A       | A       | P       | A       | A       | A       | A       | P       | A       | A |
| 74       | Srijan Sharma      |      |            | P       | A       | A        | A        | A       | P       | A       | P       | A       | A       | A       | A       | P       | A       | A |
| 75       | Sanjana Shirke     |      |            | P       | A       | A        | A        | P       | P       | A       | A       | A       | A       | P       | P       | P       | P       | P |
| 76       | Shreya Khoparde    |      |            | P       | A       | A        | P        | P       | A       | A       | P       | A       | A       | A       | A       | A       | P       | A |
| 77       | Shubhira Rastogi   |      |            | A       | A       | A        | P        | P       | P       | A       | P       | A       | A       | A       | P       | P       | A       | P |
| 78       | Gouri Shukla       |      |            | A       | A       | A        | A        | A       | P       | A       | A       | A       | A       | A       | A       | P       | A       | A |
| 79       | Dhruvashi Sirsat   |      |            | P       | A       | A        | A        | A       | P       | P       | P       | A       | A       | A       | A       | P       | P       | P |
| 80       | Shreshthi Sirsat   |      |            | A       | A       | A        | A        | A       | P       | P       | A       | A       | A       | A       | A       | P       | P       | P |
| 81       | Ishita Susoma      |      |            | A       | A       | A        | A        | A       | P       | A       | A       | A       | A       | A       | A       | P       | A       | A |



Year wise schedule of the module conducted:

| Sr. No. | Date                                  | Participants | Faculty                                   |
|---------|---------------------------------------|--------------|---|
| 1       | 29 <sup>th</sup> March 2025<br>(2025) | 58           | Dr. Tapasya Karemore<br>Dr. Mukta Motwani |

  
HEAD OF THE DEPARTMENT  
ORAL MEDICINE & RADIOLOGY  
RANJEET DESHMUKH DENTAL COLLEGE &  
RESEARCH CENTRE, NAGPUR-19 (M.S.)

  
DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

## **3. Yoga and wellness**



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

(Formerly known as VSPM's Dental College & Research Centre, Nagpur)  
(NAAC Accredited with B+)

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665301  
[vspmdcrcnagpur@gmail.com](mailto:vspmdcrcnagpur@gmail.com) Website: <https://vspmdcrc.edu.in>

REF: RDDD & RC/DEAN/NSS/F.NO.25/ 933 /2025

DATE: 12/06/2025

**CIRCULAR**

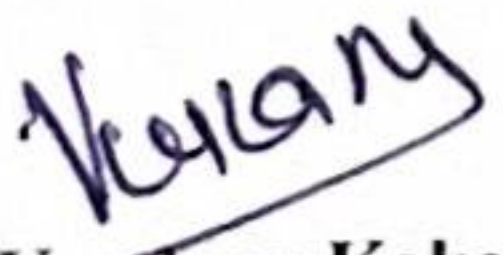
As a part of Yoga day celebration, Yoga and Wellness Unit of NSS Committee, Ranjeet Deshmukh Dental College & Research Centre, Nagpur in association with NKP SIMS, VSPM's College of Physiotherapy and VSPM's College of Nursing is organizing "11<sup>th</sup> International Day of Yoga 2025" from 13<sup>th</sup> to 21<sup>st</sup> June 2025 as per the details given below:


| Date                           | Activity  | Incharge  |
|--------------------------------|---|---|
| 13/06/2025<br>to<br>20/06/2025 | <b>YOGASAN COMPETITION</b><br>on 20/06/2025 at Harmony Hall   | Dr. Vandana Kokane- 9371404603<br>Dr. Prajakta Ambulkar- 7743994987<br>RDDC & RC, Nagpur                      |
|                                | <b>POSTER COMPETITION</b><br>Topic - Yoga for One Earth, One Health   | Dr. Kiran Mendhe- 9503173612<br>Dr. Abhijeet Deshmukh - 8087037050<br>VSPM's College of Physiotherapy, Nagpur |
|                                | <b>SLOGAN COMPETITION</b><br>Topic - Yoga for One Earth, One Health   | Dr. Vandana Kokane- 9371404603<br>Dr. Prajakta Ambulkar- 7743994987<br>RDDC & RC, Nagpur                      |
|                                | <b>ESSAY COMPETITION</b><br>Topic - Yoga for One Earth, One Health  | Dr. Prachi Padole- 7057496459<br>VSPM's Nursing College, Nagpur   |
| 21/06/2025                     | <b>'MASS YOGA SESSION'</b><br>Speaker & Demonstrator :- Mrs. Mrunalini Ghatol, Yoga Teacher at NKPSIMS Nagpur<br><b>VENUE:</b> Matoshree Hall, Nagpur<br>Timing : 9.30 am to 11.30 am | Dr. Rakhi Tripude- 9823940322<br>Dr. Bhavna Bhirud- 8983327895<br>NKP SIMS, NAGPUR                            |
| 21/06/2025                     | <b>Prize Distribution - Matoshree Hall</b>  |   |

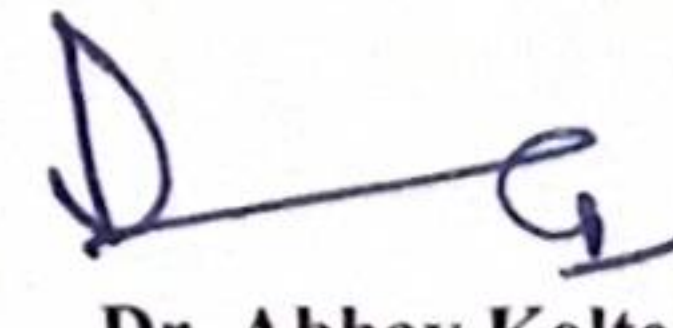
All teaching, non-teaching staffs, UG & PG Students and interns of NKP SIMS, RDDCRC, VSPM's College of Physiotherapy and VSPM College of Nursing are invited to celebrate events.

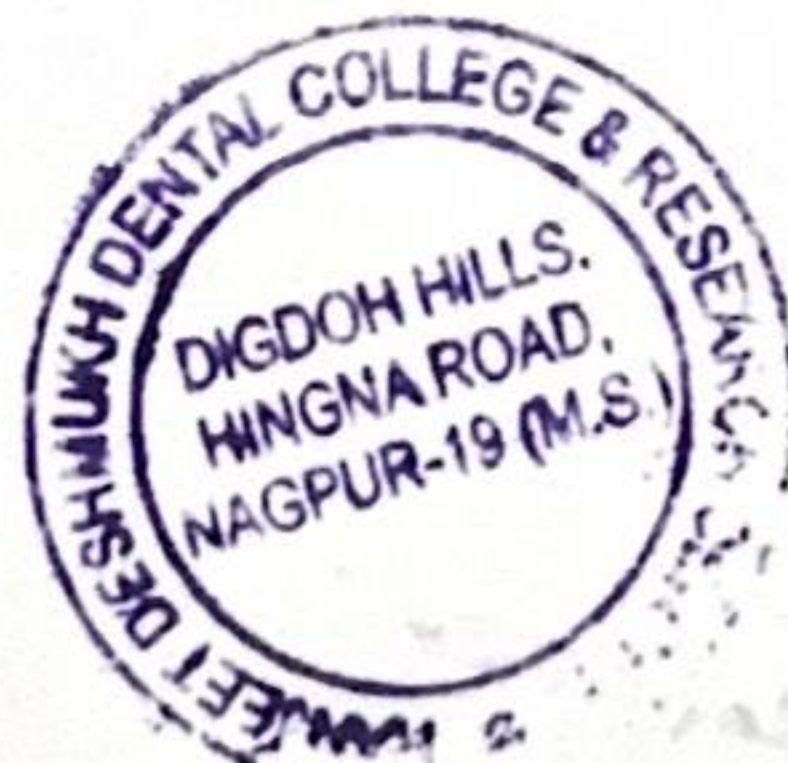
All are informed to bring Yoga Mat for the Yoga session.

E-certificate of participation will be issued to all participants. Prize distribution will be held after yoga session to all winners.

  
Dr. Vandana Kokane  
Coordinator  
International Yoga Day 2025  
RDDC&RC, NAGPUR

  
Dr. Venugopal Reddy  
Chairperson  
NSS Committee  
RDDC&RC, NAGPUR

  
Dr. Abhay Kolte  
Dean  
RDDC&RC, NAGPUR





**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

(Formerly known as VSPM's Dental College & Research Centre, Nagpur)

(NAAC Accredited with B+)

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdcrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

REF: RDDD & RC/DEAN/NSS/F.NO.25/ 932/2025

DATE: 12/06/2025

**CIRCULAR**

As a part of Yoga day celebration, Yoga and Wellness Unit of NSS Committee, Ranjeet Deshmukh Dental College & Research Centre, Nagpur in association with NKP SIMS, VSPM's College of Physiotherapy and VSPM's College of Nursing is organizing "11<sup>th</sup> International Yoga Day 2025" from 13<sup>th</sup> to 21<sup>st</sup> June 2025 to mark the celebration on the theme "Yoga for One Earth, One Health" **Yogasana Workshop** is organised for students, teaching and non-teaching staff from 13<sup>th</sup> to 19<sup>st</sup> June 2025 at Harmony Hall at 11 am to 12:30 pm.

All students, teaching and non-teaching staff of VSPM campus, Digdoh Hill are invited to attend a practice session. To conclude this workshop there will be a "**Yogasana Competition**" on 20<sup>th</sup> June 2025 at 11 am at same venue.

For details can contact :- Dr. Vandana Kokane- 9371404603,  
Dr. Prajakta Ambulkar- 7743994987

**Dr. Vandana Kokane**  
Coordinator  
International Yoga Day 2025  
RDDC&RC, NAGPUR

**Dr. Venugopal Reddy**  
Chairperson  
NSS Committee  
RDDC&RC, NAGPUR

**Dr. Abhay Kolte**  
Dean  
RDDC&RC, NAGPUR





**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

(Formerly known as VSPM's Dental College & Research Centre, Nagpur)  
(NAAC Accredited with B+)

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
[vspmdcrcnagpur@gmail.com](mailto:vspmdcrcnagpur@gmail.com) Website: <https://vspmdcrc.edu.in>

REF: RDDD & RC/DEAN/NSS/F.NO.25/ १३१ /2025

DATE: 12/06/2025

**CIRCULAR**

As a part of Yoga day celebration, Yoga and Wellness Unit of NSS Committee, Ranjeet Deshmukh Dental College & Research Centre, Nagpur in association with NKP SIMS, VSPM's College of Physiotherapy and VSPM's College of Nursing is organizing "11<sup>th</sup> International Yoga Day 2025" from 13<sup>th</sup> to 21<sup>st</sup> June 2025 to mark the celebration on the theme "Yoga for One Earth, One Health" Slogan Competition is organised for students, teaching and non-teaching staff.

Language: English, Marathi, Hindi

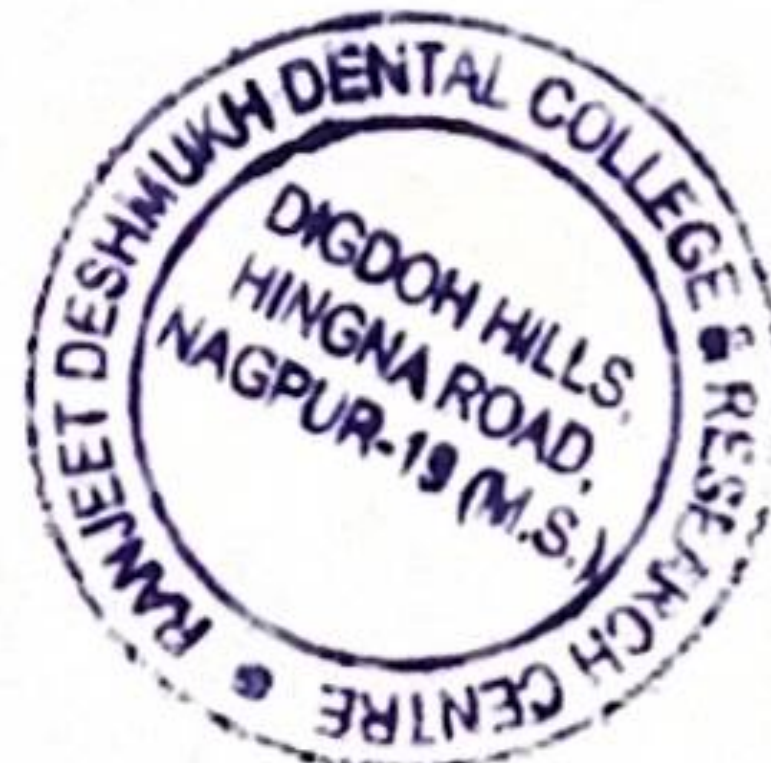
Last Date of Submission : 19<sup>th</sup> June 2025

Please submit your entries to - Dr. Prajakta Ambulkar- 7743994987,  
Email ID- [prajakta22ambulkar@gmail.com](mailto:prajakta22ambulkar@gmail.com)

**Dr. Vandana Kokane**  
Coordinator  
International Yoga Day 2025  
RDDC&RC, NAGPUR

**Dr. Venugopal Reddy**  
Chairperson  
NSS Committee  
RDDC&RC, NAGPUR

**Dr. Abhay Kolte**  
Dean  
RDDC&RC, NAGPUR





# VSPM ACADEMY OF HIGHER EDUCATION

Digdoh Hills, Higna Road, Nagpur

NKP Salve Institute of Medical Sciences & Research Centre and Lata Mangeshkar Hospital

VSPM's Dental College & Research Centre

VSPM's College of Physiotherapy

VSPM's Madhuribai Deshmukh Institute of Nursing Education

**Lifestyle Modification Centre - HARMONY**

## INTERNATIONAL YOGA DAY CELEBRATION

21st JUNE 2025

### Yoga Workshop

From 13th June to 19th June 2025  
11am to 1pm

### Mass Yoga Session

Date- 21st June 2025  
9.30am onwards

organised by

**NKPSIMS & RC and LMH**

**Life Style Modification Centre - HARMONY**

For Details Contact

Mrunalini Ghatol - 9420190963

### Slogan Competition

Theme- Yoga for "One Earth , One Health "

For Registration Contact-

Dr. Prajakta Ambulkar - 7743994987  
prajakta22ambulkar@gmail.com

Last date of entry - 19th June 2025

### Yogasana Competition

Theme- Yoga for "One Earth , One Health "

For Registration Contact-

Dr. Prajakta Ambulkar - 7743994987  
Dr. Vandana Kokne - 9371404603

Venue - Harmony Hall Date - 20-6-2025 Time - 11am onwards

organised by

**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE**

### E-Poster Competition

organised by

**VSPM'S COLLEGE OF PHYSIOTHERAPY**

For Registration Contact-

Dr. Kiran Mendhe / Dr. Abhijeet Deshmukh  
9503173612 / 8087037050

abhijeetdeshmukh@vspmscop.edu.in

### Essay Competition

Theme- Yoga for "One Earth , One Health "

organised by

**MADHURIBAI DESHMUKH INSTITUTE OF  
NURSING EDUCATION**

For Registration Contact-

Dr. Prachi Padole - 7057496459



**Last date of entry - 19th June 2025**

INTERNATIONAL YOGA DAY



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

(Formerly known as VSPM's Dental College & Research Centre, Nagpur)  
(NAAC Accredited with B+)

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
[vspmdrcnagpur@gmail.com](mailto:vspmdrcnagpur@gmail.com) Website: <https://vspmdrc.edu.in>

**REF: RDDD & RC/DEAN/NSS/F.NO.25/**

**/2025**

**DATE: 18/06/2025**

To,

**Dr. Saeesh Deshpande,  
Professor,  
Dept. of Prosthodontics,  
RDDC & RC,  
Nagpur.**

**Sub: Invitation for appointment as a Judge for Slogan Competition 2025.**

Respected Madam,

This is to inform you that on the occasion of International Yoga Day Celebration 2025, we are pleased to appoint you as a judge for Slogan Competition which will be held on 19<sup>th</sup> June 2025 at RDDC & RC, Nagpur. Timing for the assessment will be convened in due course.

Kindly grace the occasion by your presence.

Thanking you.

**Dr. Vandana Kokane  
Coordinator  
International Yoga Day 2025  
RDDC&RC, NAGPUR**



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

(Formerly known as VSPM's Dental College & Research Centre, Nagpur)  
(NAAC Accredited with B+)

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
[vspmdrcnagpur@gmail.com](mailto:vspmdrcnagpur@gmail.com) Website: <https://vspmdcrc.edu.in>

**REF: RDDD & RC/DEAN/NSS/F.NO.25/**

**/2025**

**DATE: 18/06/2025**

To,

**Dr. Purva Chaudhari,  
Reader,  
Dept. of Pedodontics,  
RDDC & RC,  
Nagpur.**

**Sub: Invitation for appointment as a Judge for Slogan Competition 2025.**

Respected Madam,

This is to inform you that on the occasion of International Yoga Day Celebration 2025, we are pleased to appoint you as a judge for Slogan Competition which will be held on 19<sup>th</sup> June 2025 at RDDC & RC, Nagpur. Timing for the assessment will be convened in due course.

Kindly grace the occasion by your presence.

Thanking you.

**Dr. Vandana Kokane  
Coordinator  
International Yoga Day 2025  
RDDC&RC, NAGPUR**



N.K.P. Salve Institute of Medical Sciences & Research Centre and  
Lata Mangeshkar Hospital

Digdoh Hills, Hingna Road, Nagpur - 440 019

Phone (07104) 665000, 244291, Fax: (07104) 306111 - mail:

[nkpsims1@rediffmail.com](mailto:nkpsims1@rediffmail.com) / website : [www.nkpsims.in](http://www.nkpsims.in)

NKPSIMS & RC and L.MH/Physiology/

2025

Date: 21/06/2025


















### Celebration of International Yoga Day - 21<sup>st</sup> June 2025

Attendance Sheet :- Mass Yoga Session

Department of Physiology

| Sr. No. | Name                       | Email Id                      | Mobile No   | Signature |
|---------|----------------------------|-------------------------------|-------------|-----------|
| 1.      | Mrs. Shushruska Sakharakar | shushruskha03@gmail.com       | 9325937322  |           |
| 2.      | Roksha Kole                | rokskole24@gmail.com          | 9322583112  |           |
| 3.      | Ashwari Bete               | beteashwari931@gmail.com      | 8149986185  |           |
| 4.      | Swarnika Rangani           | swarnikarangani@gmail.com     | 9922826719  |           |
| 5.      | Kshitiya Waghmare          | kshitiyawaghmare250@gmail.com | 9623223855  |           |
| 6.      | Kshitiya Dohmukh           | kshitiyad556@gmail.com        | 9286642402  |           |
| 7.      | Barrirao Maheshwari        | barrira.solim177@gmail.com    | 9422439029  |           |
| 8.      | Anurksha Arge              | anurksha.arge@gmail.com       | 9823084036  |           |
| 9.      | Himangi Ashtankar          | himangiashtankar@gmail.com    | 8446472709  |           |
| 10.     | Kajal Tembhere             | kajaltembhere94@gmail.com     | 9356999600  |           |
| 11.     | Pragati Ganjare            | ganjarepragati@gmail.com      | 9765774767  |           |
| 12.     | Shrusai Pawar              | spawar28010@gmail.com         | 9757829342  |           |
| 13.     | Subhiti Patilkar           | subhiti.patilkar@gmail.com    | 8600107865  |           |
| 14.     | Abhilasha Thaware          | abhilashathaware8@gmail.com   | 95299334863 |           |

| Sr. No. | Name                  | Email Id                      | Mobile No   | Signature       |
|---------|-----------------------|-------------------------------|-------------|-----------------|
| 15.     | Kasina J. Nagpure     | Kasinanagpure2006@gmail.com   | 9890526361  | Kasina          |
| 16.     | Komal v. Karde        | Komalkarde200@gmail.com       | 8767884231  | Komal           |
| 17.     | Prajwal R. Wanjari    | Prajwalwanjari2002@gmail.com  | 7058558421  | Prajwal Wanjari |
| 18.     | Kauna M. Thakre       | thakrekaunasa@gmail.com       | 7620783131  | Kauna           |
| 19.     | Samudhki S. Sakpute   | SamudhkiSakpute145@gmail.com  | 9604486930  | Sakpute         |
| 20.     | Shirish N. Palle      | shirishpalle9@gmail.com       | 7707093429  | Shirish         |
| 21.     | Manavi Y. Palhade     | manavipalhade@gmail.com       | 7141913002  | Manavi          |
| 22.     | Vaishnavi V. Surpan   | VaishnaviSurpan2003@gmail.com | 9605163523  | Vaishnavi       |
| 23.     | Dhruvachari G. Pegote | dhruvachari@gmail.com         | 8262927392  | Dhruvachari     |
| 24.     | Kashvi Narendare      | kashvinarendare@gmail.com     | 7498168590  | Kashvi          |
| 25.     | Mamon Samanta         | phusamanta1319@gmail.com      | 7020354534  | Mamon           |
| 26.     | Dr. Shreelha Rathod   | shreelharathod@gmail.com      | 90110911477 | Shreelha        |
| 27.     | Dr. Prachi Rathod     | drprachi.rathod@gmail.com     | 9915216388  | Prachi          |
| 28.     | Dr. Pishwasaya Dabake | dashwasayadabake@gmail.com    | 9011388274  | Pishwasaya      |
| 29.     | Dr. Manisha Narayale  | manishadeth23@gmail.com       | 8408800606  | Manisha         |
| 30.     | Dr. Purna Chandani    | purna.chandani@gmail.com      | 8200604310  | Purna           |
| 31.     | Rachika Kundada       | rachikakundada392@gmail.com   | 7265963999  | Rachika         |
| 32.     | Shrawari Kalkotkar    | shrawarikalkotkar@gmail.com   | 9422745450  | Shrawari        |
| 33.     | Prachi Padole         | prachipadole6847@gmail.com    | 7054496459  | Prachi          |
| 34.     | Sneha Bante           | Snehabante@gmail.com          | 7038518217  | Sneha           |
| 35.     | Mrs. Deepa Limkar     | deepalimkar2@gmail.com        | 7909190519  | Deepa           |
| 36.     | Dr. Manavi Aysawal    | manaviaysawal@gmail.com       | 8459017159  | Manavi          |
| 37.     | Dr. Divya Singh       | divyasingh419@gmail.com       | 5518183998  | Divya           |
| 38.     | Dr. Ashwini Gaud      | ashwinishubini99@gmail.com    | 8007889786  | Ashwini         |
| 39.     | Veishali Shengle      |                               | 7743397819  | Veishali        |
| 40.     | Vandana Babde         |                               | 9130645099  | Vandana         |

| Sl. No. | Name                   | Email Id                      | Mobile No  | Signature   |
|---------|------------------------|-------------------------------|------------|---|
| 41      | Sanket Mundharkar      | sanketmudharkar@gmail.com     | 7972620899 |  |
| 42      | Shantanu Wankhede      | wankhede.shantanu2@gmail.com  | 915675592  |  |
| 43      | Parth Bunde            | Parthbunde1@gmail.com         | 8180090461 |  |
| 44      | Jamini Bhadray         | jamini.bh2@gmail.com          | 6358812395 |  |
| 45      | Saeedeshmulla          | saeedeshmulla@gmail.com       | 6350556315 |  |
| 46      | Bhannesh Khandare      | khandarebhannesh342@gmail.com | 9420917954 |  |
| 47      | Hudhal Ghorde          | hudhalghorde147@gmail.com     | 7218992854 |  |
| 48      | Prakhar Sangode        | PrakharSangode66@gmail.com    | 7020914723 |  |
| 49      | Omesh Tawde            | omesh.tawde03@gmail.com       | 7028501917 |  |
| 50      | Abhya Mohasid          | nish.arya251@gmail.com        | 8149189348 |  |
| 51      | Dr. Abhishek Deshmulla | abhishek.deshmulla@gmail.com  | 8087437050 |  |
| 52      | Dr. Rishabh Surana     | nishabhSurana1210@gmail.com   | 8237446244 |  |
| 53      | Mrs. Leelani Bhalalale | ujwalbhalalale@gmail.com      | 9021030020 |  |
| 54      | Dr. Pooleshe Tisapude  | ujwalbhalalale@gmail.com      | 98923      |  |
| 55      | Dr. Vijay Tawde        | ujwalbhalalale@gmail.com      | 9021030020 |  |
| 56      | Dr. Bhavana Bhyrid     | bhavanabhyrid@gmail.com       | 8983327895 |  |
| 57      | Dr. Anjali Dole        | bhavanabhyrid@gmail.com       | 8983327895 |  |
| 58      |                        |                               |            |   |

| Sr. No. | Name                      | Email Id                    | Mobile No   | Signature |
|---------|---------------------------|-----------------------------|-------------|-----------|
| 67      | Dr. Raja Akhilar          | rajarakhilar@gmail.com      | 9655038090  |           |
| 68      | Dr. Rajendra Akhilar      | rajendrakhilar@gmail.com    |             |           |
| 69      | Ms. Shivani S. Deshbhatar | shivandeshbhatars@gmail.com | 8446097250  |           |
| 70      | Anushree S. Saccant       | anushreesaccant12@gmail.com | 8767 998591 |           |
| 71      | Shradha Mahale            | shradhamahale19@gmail.com   | 8668938533  |           |
| 72      | Mauliya Rantete           | mauliyarantete29@gmail.com  | 9800956283  |           |
| 73      | Smitha K. Gade            | smithagade66@gmail.com      | 8379866910  |           |
| 74      | Dr. Sanyam Chaudhari      | dr.sanyam2@gmail.com        | 9890285706  |           |
| 75      | Divya Jain                | divyajain@gmail.com         | 8788218613  |           |
| 76      | Dr. Shilpa Chouraria      | drshilpachouraria@gmail.com | 997057112   |           |
| 77      | Arjun Mendhe              | arjunmendhe@yahoo.co.in     | 9503173612  |           |

| Sr. No. | Name              | Email Id                   | Mobile No   | Signature |
|---------|-------------------|----------------------------|-------------|-----------|
| 93.     | Akshay Malasnik   | anilvengal@ymail.com       | 9262806587  |           |
| 94      | Arun Mahajan      | arunmahajan05@gmail.com    | 9307266305  |           |
| 95      | Arun Patil        | arundevul80@gmail.com      | 8767956715  |           |
| 96.     | Rishan Jheika     | rushanktray@gmail.com      | 9579433998  |           |
| 97      | Vaithika Jain     | vaithikajain20@gmail.com   | 9890074995  |           |
| 98      | Dr Anita Kahar    | dranitikahar@gmail.com     | 9921805731  |           |
| 99      | DR. V V Hankekar  |                            | 5422105174  |           |
| 100     | DR. ABHAY KOLTE.  | DR.ABHAYKOLTE@GMAIL.COM    | 9011071467  |           |
| 101     | Dr Simantini Rao  | simantini1111@gmail.com    | 9016811953  |           |
| 102     | Radhika Tale      |                            | 9218551400  |           |
| 103     | Dr Manojkumar     |                            | 98223261794 |           |
| 104     | Namashri Bhuwika  | namashri.b2910@gmail.com   | 9792127303  |           |
| 105.    | Namisha Khisrikar | namishakhisrikar@gmail.com | 9192417267  |           |
| 106     | Dr Mrs Caudekar   | Dr. CAUDEKAR@gmail.com     | 9823030202  |           |
| 107     | Dr. Hareole       |                            | 9548780853  |           |
| 108     | Yojita Norase     | yojitanorase@gmail.com     | 9573998864  |           |
| 109     | Monika Bandiwar   | monikatandiwara@gmail.com  | 9881588792  |           |
| 110     | Varavi B          | varavib@gmail.com          | 7795968667  |           |

Celebration of International Yoga Day-2025








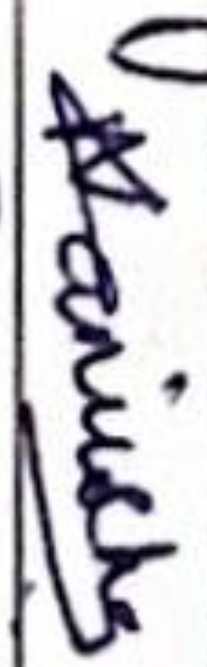







Attendance Sheet : - Yogasana Competition -20/06/2025

| Sr. No. | Name               | Email Id                      | Mobile No.  | Signature |
|---------|--------------------|-------------------------------|-------------|-----------|
| 1       | Dr. Kshitiy Bomy   | kbomg27@yako.in               | 9923155525  |           |
| 2       | Tanira. triplani   | taniratriplani02@gmail.com    | 7020895374  |           |
| 3.      | Roshnika Mundeal   | roshnikamundeal@gmail.com     | 72639463939 |           |
| 4       | Dipti. Kakarde     | diptikakarde@gmail.com        | 8825822758  |           |
| 5.      | Sheeti Gausande.   | gabarsheeti97@gmail.com       | 9860797148  |           |
| 6.      | Mahi Yadav         | yadav.mahi.xx@gmail.com       | 9370532509  |           |
| 7.      | Raksha kale        | rakshakale4@gmail.com         | 9322583112  |           |
| 8       | Shravanii Betale   | betalshravani931@---          | 8149966185  |           |
| 9.      | Rupal. Saiswal     | rupalaiswal22@gmail           | 7822006596  |           |
| 10.     | Shravani Kalkotkar | shravanikalkotkar@gmail.com   | 9422745450  |           |
| 11.     | Revati Ambekar     | revatiambekar1112@gmail.com   | 9357935899  |           |
| 12.     | Rashi Gaurpude     | rashigaurpude@gmail.com       | 8788233337  |           |
| 13.     | Khushbu Khalei     | nikhikhalei39@gmail.com       | 9359124027  |           |
| 14.     | Kumkum Wadhwa      | kumkumwadhwa99@gmail.com      | 8680731126  |           |
| 15.     | SHAVATRI BHAKARE   | shavatribhakare4021@gmail.com | 8329621878  |           |
| 16.     | Roshni Lahoti      | roshnilahoti1010@gmail.com    | 7517455623  |           |
| 17.     | Anushka Gajbhaye   | anushkagajbhaye3@gmail.com    | 9309814526  |           |
| 18      | Minika Suklaui     | Suklauminika@gmail.com        | 9423177107  |           |
| 19      | Galoni Banapatre   | galonibanapatre@gmail.com     | 9307159501  |           |

| Sr. No. | Name                 | Email Id                      | Mobile No. | Signature    |
|---------|----------------------|-------------------------------|------------|--------------|
| 20      | Dr. Hritika Rathii   | hritikarathii@gmail.com       | 7028749932 | Hritika      |
| 21      | Dr. Diksha Fathamami | fathamamim@gmail.com          | 9359544719 | Fathamamami  |
| 22      | Dr. Tina Purohit     | tinapurohit000@gmail.com      | 8411036222 | Tina Purohit |
| 23      | Dr. Revati Palkpore  | palkporexx@gmail.com          | 9112356243 | Revati       |
| 24      | Vaethika Jain        | vaethikajain826@gmail.com     | 9890074995 | Vaethika     |
| 25      | Sukshiti Patilkar    | sukshiti.patilkar@gmail.com   | 8600101865 | Sukshiti     |
| 26      | Aranya Mohanbil      | moh.aranya2510@gmail.com      | 8149189348 | Aranya       |
| 27      | Deepa. A. Tale       | deepatale143@gmail.com        | 7887918663 | Deepa        |
| 28      | Bisha Vachhani       | bishavachhani5@gmail.com      | 9699928382 | Bisha        |
| 29      | Tejaswini. N. Malave | tmalave.tejaswini@gmail.com   | 7709704256 | Tejaswini    |
| 30      | Sayali Deshmukh      | sayaladesh0405@gmail.com      | 9834581402 | Sayali       |
| 31      | Tanisha Agarwal      | tanishaaagarwal1106@gmail.com | 8263055621 | Tanisha      |
| 32      | Tinal Patil          | tinanapatil@gmail.com         | 8608561168 | Tinal        |
| 33      | Sejal Talwar         | sejaltalwar1603@gmail.com     | 7818927974 | Sejal        |
| 34      | Madhumita Kinage     | madhumitakinage@gmail.com     | 9730242981 | Madhumita    |
| 35      | Ujwal Borale         | ujwalborale7977@gmail.com     | 9021030020 | Ujwal        |
| 36      | Vasavi Beera         | vasavibeera@gmail.com         | 7795968667 | Vasavi       |
| 37      | Dr. Vayashree Verki  | vayashreek.0466@gmail.com     | 9850317692 | Vayashree    |
| 38      | Dr. Saad Deshpande   | drsaadedeshpande@gmail.com    | 9823794366 | Saad         |
| 39      | Purnima Munnadhadu   | purnamunnadhadu373@gmail.com  | 8010381607 | Purnima      |
| 40      | Dr Nilima Agrawal    | nilimabudhraya@gmail.com      | 9921645525 | Nilima       |
| 41      | Anushka Arge         | anushka.arge@gmail.com        | 9823089036 | Anushka      |

## Celebration of International Yoga Day-2025

### Attendance Sheet : - Yogasana Competition -20/06/2025

| Sr. No. | Name               | Email Id                     | Mobile No. | Signature   |
|---------|--------------------|------------------------------|------------|---|
| 42      | Palak Timari       | palak3808@gmail.com          | 8010227054 |  |
| 43      | Shruti Pundrik     | shrutipundrik@gmail.com      | 9325584940 |  |
| 44      | Janhavi Kale       | Janhavikale301@gmail.com     | 7620412452 |  |
| 45      | Aayushi Lambade    | aayushilambade19@gmail.com   | 8149611805 |  |
| 46      | Ishka Mahajan      | ishkamahajan896@gmail.com    | 7391940965 |  |
| 47      | Ajeer Bhagat       | ajeerb8046@gmail.com         | 7066854973 |  |
| 48      | Rishabh Surana     | rishabhsurana121@gmail.com   | 8237446244 |  |
| 49      | Namisha Biswikaar  | namishabiswikaar20@gmail.com | 9172977267 |   |
| 50      | Namashri Bhivhikar | namashri.b2910@gmail.com     | 9172977303 |    |
| 51      | Pranali Hivase     | pranalihivase1@gmail.com     | 8788998849 |    |
| 52      | Yojita Narare      | yojitanarare@gmail.com       | 9573998864 |    |
| 53      | Divya Singh        | divyasingh49@gmail.com       | 9518587938 |    |
| 54      | Manasvi Agarwal    | manasviagarwal99@gmail.com   | 8459017159 |    |
| 55      | Vibhuti Gaur       | vibhutigaur@gmail.com        | 8007889186 |    |
| 56      | Diya Jain          | diyajain@gmail.com           | 8788248613 |    |



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

(Formerly known as VSPM's Dental College & Research Centre, Nagpur)  
(NAAC Accredited with B+)

---

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
[vspmdcrcnagpur@gmail.com](mailto:vspmdcrcnagpur@gmail.com) Website: <https://vspmdcrc.edu.in>

---

**Report - International Yoga Day Celebration 21<sup>st</sup> June 2025**  
**Theme- "YOGA FOR ONE EARTH, ONE HEALTH"**

On the occasion of 11<sup>th</sup> International yoga day celebration, yoga and wellness branch of NSS committee organized various activities in form of competition from 13<sup>th</sup> June to 21<sup>st</sup> June. RDDC & RC was in-charge for yogasana and E-slogan Competition, VSPM Physiotherapy for poster competition and Nursing for Essay competition and NKPSIMS for yoga day celebration. All four competitions were commonly organized for students, teaching and non-teaching staff of all four colleges.

Mrs. Mrunalini Ghatol took yoga classes from 13<sup>th</sup> June to 19<sup>th</sup> June and Dr. Tirpude and Dr. Bhirud was in-charge for workshop. Dr. Kokane, Dr. Rathod and Dr. Deshmukh were in-charge for yogasana competition which was held on 20<sup>th</sup> June at Harmony Hall. Slogan competition organized by Dr. Sushil Naik and Dr. Prajakta Ambulkar of RDDC. Poster competition organized by Dr. Abhijit Deshmukh of Physiotherapy College and Essay competition was organized by Dr. Prachi Padole of Nursing college. Posters and Slogans were also displayed in Harmony Hall on the day of International Yoga Day Celebration. Best performers were felicitated on the Yoga Day.

The teaching and non-teaching staff and students from all four institutes came together to celebrate the 11<sup>th</sup> International yoga day on June 21<sup>st</sup> 2025 at Harmony Hall. Mrs. Mrunalini Ghatol, certified yoga teacher from NKPSIMS, Nagpur was the guest demonstrator for the mass yoga session. The session began with lightening of the traditional lamp by the dignitaries, Dr. Sajal Mitra, Dean NKPSIMS, Dr. Abhay Kolte, Dean, RDDC & RC, Principal Dr. Manisha Deshpande and Mrs. Amrapali, Principal, VSPM Nursing.

Dr. Simanthini Rao gave welcome address and Dr. Sawane HOD Physiology and Dean Dr. Sajal Mitra informed the students about the benefits of yoga in their life. Under the guidance of yoga professional, the Mass Yoga session was conducted. This yoga session included standing, sitting, prone and supine Asanas as well as Pranayama and Meditation and the guest highlighted the importance of daily practice. During mass yoga session, everyone to perform Yoga with utmost dedication. Dean RDDC and NKPSIMS and Dr. Kokane presented a token of appreciation to the guest teacher. Photographs of the programme were uploaded on the institution website and ministry of youth affairs and Sports NSS Pune Website.



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

(Formerly known as VSPM's Dental College & Research Centre, Nagpur)  
(NAAC Accredited with B+)

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdrcnagpur@gmail.com Website: <https://vspmdcrc.edu.in>

All co-ordinators declared the winners and Dr. Sajal Mitra and Dr. Abhay Kolte, Principal Dr. Manisha Deshpande and Mrs. Amrapali, Principal, VSPM Nursing. Distributed the prizes to the winners of all categories.

Dr. Vandana Kokane, Chief Co-ordinator, International yoga day 2025 expressed her gratitude to the yoga teacher Mrs. Mrunalini Ghatol, Management, All Deans, Vice Deans, HOD Physiology, NSS Incharge, Dr. Venugopal Reddy, HOD PHD RDDC, yoga teacher, yoga in charges and co-ordinators from all colleges, faculties, students and volunteers for their co-ordination in making the program grand success.

Dr. Vandana Kokane  
Coordinator  
International Yoga Day 2025 &  
Wellness Centre

Dr. Venugopal Reddy  
Chairperson, NSS Committee  
RDDC & RC, NAGPUR

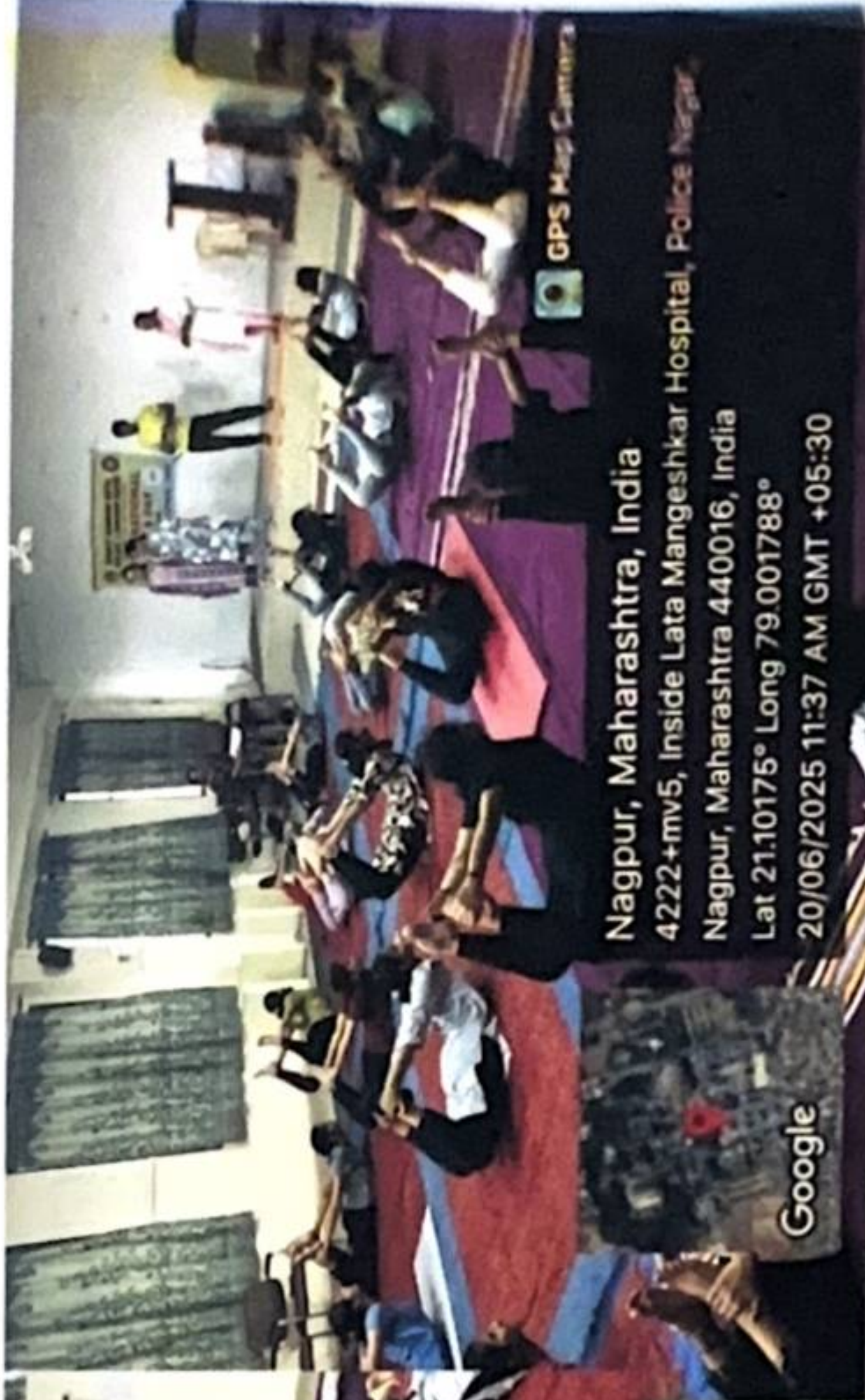
Dr. Abhay Kolte  
Dean  
RDDC & RC, NAGPUR

DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019



# RDDC&RC Nagpur

## International Yoga Day Celebration 2025



Signature of the Dean

**DEAN**  
**RANJEET DESHPANDE DENTAL**  
**COLLEGE & RESEARCH CENTRE**  
D. Jadhav Mills, Hingra Road,  
Nagpur-440016

# RDDC&RC Nagpur

## International Yoga Day Celebration 2025



Signature of the Dean  
DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Dyotak Mills, Mangra Road,  
Nagpur-466019



July 2024

DATE: / / 20

PAGE NO. DATE: / / 20

| Sl. No. | Date      | Name of staff/ Student | Time   |        | Sign     |
|---------|-----------|------------------------|--------|--------|----------|
|         |           |                        | Entry  | Exit   |          |
| 764     | 1/7/24    | Dr. Sudhin Pawani      | 8:30am | 9:00am | Sudhin   |
| 765     | Monday    | Dr. Raksha Sorte       |        |        | Raksha   |
| 766     |           | Dr. Anurag Khar        |        |        | Anurag   |
| 767     |           | Nimisha Agrawal        | 2:00pm | 2:30pm | Nimisha  |
| 768     |           | Shweta Rathi           |        |        | Shweta   |
| 769     |           | Aditi Pande            |        |        | Aditi    |
| 770     | 2/7/24    | Dr. Poochi Rathi       | 8:30am | 9:00am | Poochi   |
| 771     | Tuesday   | Dr. Vrushali Khatke    |        |        | Vrushali |
| 772     |           | Dr. Neena Dongre       |        |        | Neena    |
| 773     |           | Shuchi Alai            | 2:00pm | 2:30pm | Shuchi   |
| 774     |           | Teesta Pali            |        |        | Teesta   |
| 775     |           | Ashwini Bhat           |        |        | Ashwini  |
| 776     |           | Vijay Mali             |        |        | Vijay    |
| 777     | 3/7/24    | Dr. Poochi Khar        | 8:30am | 9:00am | Poochi   |
| 778     | Wednesday | Dr. Chetana Makde      |        |        | Chetana  |
| 779     |           | Dr. Nidhi Mathur       |        |        | Nidhi    |
| 780     |           | Tejas Dade             | 2:00pm | 2:30pm | Tejas    |
| 781     |           | Rohini Dole            |        |        | Rohini   |
| 782     |           | Vash Bhakhad           |        |        | Vash     |

| Sl. No. | Date     | Name of staff/ student | Time   |        | Sign      |
|---------|----------|------------------------|--------|--------|-----------|
|         |          |                        | Entry  | Exit   |           |
| 783     | 4/7/24   | Dr. Shriya Shete       | 8:30am | 9:00am | Shriya    |
| 784     | Thursday | Dr. Bhanu Badale       |        |        | Bhanu     |
| 785     |          | Dr. Vansha Ullas       |        |        | Vansha    |
| 786     |          | Cherri Khadar          | 2:00pm | 2:30pm | Cherri    |
| 787     |          | Vash Bhakhad           |        |        | Vash      |
| 788     |          | Archal Ghode           |        |        | Archal    |
| 789     | 5/7/24   | Dr. Ashwini Akhatke    | 8:30am | 9:00am | Ashwini   |
| 790     | Friday   | Dr. Mohit Agrawal      |        |        | Mohit     |
| 791     |          | Dr. Anurag Pawar       |        |        | Anurag    |
| 792     |          | Manasvi Rathi          | 2:00pm | 2:30pm | Manasvi   |
| 793     |          | Ravina Marwal          |        |        | Ravina    |
| 794     |          | Sagarika Sorte         |        |        | Sagarika  |
| 795     | 6/7/24   | Dr. Prabhakar Singh    | 8:30am | 9:00am | Prabhakar |
| 796     | Saturday | Dr. Smriti Pawar       |        |        | Smriti    |
|         | 7/7/24   | Holiday                |        |        |           |
|         | Sunday   |                        |        |        |           |

| Sl. No. | Date      | Name of staff/ student | Time   |        | Sign     | Sl. No.       | Date     | Name of staff/ student  | Time   |        | Sign   |
|---------|-----------|------------------------|--------|--------|----------|---------------|----------|-------------------------|--------|--------|--------|
|         |           |                        | Entry  | Exit   |          |               |          |                         | Entry  | Exit   |        |
| 797     | 8/7/24    | Dr. Rahul Datta        | 8:30am | 9:00am | Rahul    | 815           | 11/7/24  | Dr. Samidha Pand        | 8:30am | 9:00am | Sande  |
| 798     | Monday    | Dr. Priti Jaswal       |        |        | Priti    | 816           | Monday   | Dr. Rajlakshmi Banerjee |        |        | Raj    |
| 799     |           | Dr. Vandana Kohari     |        |        | Vandana  | 811           |          | Pooja Sarkar            | 2:00pm | 2:30pm | Poo    |
| 800     |           | Pranvika Puroi         | 2:00pm | 2:30pm | P        | 818           |          | Ashya Patel             |        |        | Ashya  |
| 801     |           | Bhuvika Vaswani        |        |        | B        | 819           |          | Sirvan Marwal           |        |        | Sirvan |
| 802     |           | Pranali Dagar          |        |        | Pranali  | 820           |          | Charvi Khadar           |        |        | Charvi |
| 803     | 9/7/24    | Dr. Saeed Dastgardi    | 8:30am | 9:00am | Saeed    |               |          |                         |        |        |        |
| 804     | Tuesday   | Dr. Anika Kaha         |        |        | Anika    | 821           | 12/7/24  | Dr. Akhil Pathi         | 8:30am | 9:00am | Akhil  |
| 805     |           | Sayali Ukey            | 2:00pm | 2:30pm | Sayali   | 822           | Friday   | Dr. Anuj Chandak        |        |        | Anuj   |
| 806     |           | Shajali Guse           |        |        | Shajali  | 823           |          | Dr. Eshika Sharma       |        |        | Eshika |
| 807     |           | Merry Jain             |        |        | Merry    | 824           |          | Shruti Jogi             | 2:00pm | 2:30pm | Shruti |
| 808     |           | Bushra Siddiqui        |        |        | B        | 825           |          | Rishi Bora              |        |        | Rishi  |
|         |           |                        |        |        | 826      | Mansi Chakoli |          |                         |        | Mansi  |        |
| 809     | 10/7/24   | Dr. Jayashree Jadh     | 8:30am | 9:00am | Jadh     |               |          |                         |        |        |        |
| 810     | Wednesday | Dr. Jayashree Chakrab  |        |        | Jadh     |               |          |                         |        |        |        |
| 811     |           | Dr. Ojaso Gajbhije     |        |        | Ojaso    | 827           | 13/7/24  | Dr. Ananya Kagan        | 8:30am | 9:00am | Ananya |
| 812     |           | Sumra Gupta            | 2:00pm | 2:30pm | S        | 828           | Saturday | Dr. Rohit Meheril       |        |        | Rohit  |
| 813     |           | Sagarika Sarti         |        |        | Sagarika |               |          |                         |        |        |        |
| 814     |           | Kritika Borch          |        |        | Kritika  |               |          |                         |        |        |        |
|         |           |                        |        |        |          |               |          |                         |        |        |        |
|         |           |                        |        |        |          |               |          |                         |        |        |        |
|         |           |                        |        |        |          |               | 14/7/24  | Holiday                 |        |        |        |
|         |           |                        |        |        |          |               | Sunday   |                         |        |        |        |

V. S.

| No  | Date    | Name of Staff/Student | Time Entry | Time Exit | Sign   |
|-----|---------|-----------------------|------------|-----------|--------|
| 200 | 13/7/24 | Dr. Hina Kaur         | 8:30am     | 9:30am    | Ms     |
| 201 | Monday  | Dr. Poojita Kaur      |            |           | Prerna |
| 202 |         | Dr. Poojita Kaur      |            |           | Prerna |
| 203 |         | Shivani Bhat          | 2:30pm     | 2:30pm    | Shiv   |
| 204 |         | Hansa Kaur            |            |           | H      |
| 205 |         | Shruti Kaur           |            |           | S      |
| 206 |         | Shruti Kaur           |            |           | S      |

| No  | Date    | Name of Staff/Student | Time Entry | Time Exit | Sign |
|-----|---------|-----------------------|------------|-----------|------|
| 207 | 13/7/24 | Dr. Sushil Kaur       | 8:30am     | 9:30am    | Sign |
| 208 | Monday  | Dr. Sushil Kaur       |            |           | Sign |
| 209 |         | Dr. Sushil Kaur       |            |           | Sign |
| 210 |         | Smita Gupta           | 2:30pm     | 2:30pm    | S    |
| 211 |         | Pooja Kaur            |            |           | P    |
| 212 |         | Neelam Kaur           |            |           | N    |

|     |         |                 |        |        |        |
|-----|---------|-----------------|--------|--------|--------|
| 213 | 16/7/24 | Dr. Neelam Kaur | 8:30am | 9:30am | Neelam |
| 214 | Sunday  | Dr. Pooja Kaur  |        |        | Pooja  |
| 215 |         | Dr. Pooja Kaur  |        |        | Pooja  |
| 216 |         | Pooja Kaur      | 2:30pm | 2:30pm | P      |
| 217 |         | Pooja Kaur      |        |        | Pooja  |
| 218 |         | Shruti Kaur     |        |        | S      |

|     |         |                 |        |        |        |
|-----|---------|-----------------|--------|--------|--------|
| 219 | 19/7/24 | Dr. Kshiti Kaur | 8:30am | 9:30am | Kshiti |
| 220 | Friday  | Dr. Pooja Kaur  |        |        | Pooja  |
| 221 |         | Dr. Pooja Kaur  |        |        | Pooja  |
| 222 |         | Pooja Kaur      | 2:30pm | 2:30pm | P      |
| 223 |         | Pooja Kaur      |        |        | Pooja  |
| 224 |         | Arti Kaur       |        |        | Arti   |

|     |         |          |  |  |          |
|-----|---------|----------|--|--|----------|
| 225 | 17/7/24 | Mohammed |  |  | Mohammed |
| 226 | Tuesday |          |  |  |          |
| 227 |         |          |  |  |          |
| 228 |         |          |  |  |          |
| 229 |         |          |  |  |          |
| 230 |         |          |  |  |          |

|     |          |                |        |        |       |
|-----|----------|----------------|--------|--------|-------|
| 231 | 20/7/24  | Dr. Pooja Kaur | 8:30am | 9:30am | Pooja |
| 232 | Saturday | Dr. Pooja Kaur |        |        | Pooja |
| 233 |          |                |        |        |       |
| 234 |          |                |        |        |       |
| 235 | 21/7/24  | Holiday        |        |        |       |
| 236 | Sunday   |                |        |        |       |

| Sl. No. | Date    | Name of staff/student | Time   |        | Sign.  |
|---------|---------|-----------------------|--------|--------|--------|
|         |         |                       | Entry  | Exit   |        |
| 855     | 22/7/24 | Dr. Pratik Khogde     | 8:30am | 9:00am | PK     |
| 856     | Monday  | Dr. Suresh Rakhod     |        |        | Suresh |
| 857     |         | Dr. Apurva Dhode      |        |        | AD     |
| 858     |         | Dr. Jayant Shinde     | 2:00pm | 2:30pm | J.S.   |
| 859     |         | Dr. Nidhi Kaware      |        |        | NK     |
| 860     |         | Dr. Arun Ghode        |        |        | A.G.   |

| Sl. No. | Date     | Name of staff/student | Time   |        | Sign.  |
|---------|----------|-----------------------|--------|--------|--------|
|         |          |                       | Entry  | Exit   |        |
| 874     | 25/7/24  | Dr. Pranav Ingle      | 8:30am | 9:00am | PI     |
| 875     | Thursday | Dr. Vinata Bajaj      |        |        | V.B.   |
| 876     |          | Dr. Chetan Makde      |        |        | Chetan |
| 877     |          | Abhishek Ambare       | 2:00pm | 2:30pm | A.A.   |
| 878     |          | Sunil Varma           |        |        | S.V.   |
| 879     | 26/7/24  | Dr. Pratik Bhand      | 8:30am | 9:00am | P.B.   |
| 880     | Friday   | Dr. Ananta Ramteke    |        |        | A.R.   |
| 881     |          | Dr. Dharm Modi        |        |        | D.M.   |
| 882     |          | Shweta Dalal          | 2:00pm | 2:30pm | S.D.   |
| 883     |          | Aniket Upre           |        |        | A.U.   |
| 884     |          | Rahul Bahale          |        |        | R.B.   |
| 885     | 27/7/24  | Dr. Ashish Botke      | 8:30am | 9:00am | A.B.   |
| 886     | Saturday | Dr. Anita Katar       |        |        | A.K.   |
| 887     |          |                       |        |        |        |
| 888     |          |                       |        |        |        |
| 889     |          |                       |        |        |        |
| 890     | 28/7/24  | Holiday               |        |        |        |
| 891     | Sunday   |                       |        |        |        |



| Sl. No. | Date      | Name of staff           | Time   |        | Dr. Sign        |
|---------|-----------|-------------------------|--------|--------|-----------------|
|         |           |                         | Entry  | Exit   |                 |
| 662     | 24/1/25   | Dr. Vinoda Kotte        | 8:30am | 9:00am | <u>Kotte</u>    |
| 663     | Saturday  | Dr. Shubhangi Khandekar |        |        | <u>Shub</u>     |
| 664     | 25/1/25   | Holiday                 |        |        |                 |
| 665     | 26/1/25   | Dr. Vinukali Lathiya    | 8:30am | 9:00am | <u>Vin</u>      |
| 666     | Monday    | Dr. Shriya Shahu        |        |        | <u>Shriya</u>   |
| 667     |           | Dr. Apurva Mohite       |        |        | <u>Apu</u>      |
| 668     |           | Dr. Chitra Rajpurohit   | 2:00pm | 2:30pm | <u>Chitra</u>   |
| 669     |           | Shruti Nigohi           |        |        | <u>Shruti</u>   |
| 670     |           | Mammi Phaujan           |        |        | <u>Mammi</u>    |
| 671     | 27/1/25   | Dr. Kushal Fuladi       | 8:30am | 9:00am | <u>Kushal</u>   |
| 672     | Tuesday   | Dr. Rakshata Inke       |        |        | <u>Rakshata</u> |
| 673     |           | Dr. Nivedita Nandeshwar |        |        | <u>Nivedita</u> |
| 674     |           | Sankriti Shahu          | 2:00pm | 2:30pm | <u>Sankriti</u> |
| 675     |           | Shubham Petkar          |        |        | <u>Shubham</u>  |
| 676     | 28/1/25   | Anya Bhatnagar          |        |        | <u>Anya</u>     |
| 677     | wednesday |                         |        |        |                 |
| 678     |           | Dr. Poojit Wagh         | 8:30am | 9:00am | <u>Poojit</u>   |
| 679     |           | Dr. Pritam Khargade     |        |        | <u>Pritam</u>   |
| 680     |           | Dr. Ananya Korale       |        |        | <u>Ananya</u>   |
| 681     |           | Srushti Godeparker      | 1:00pm | 2:30pm | <u>Srushti</u>  |
| 682     |           | Aarshi Velkar           |        |        | <u>Aarshi</u>   |
| 683     |           | Sanket Wilson           |        |        | <u>Sanket</u>   |

| Sl. No. | Date     | Name of staff        | Time   |        | Sign            |
|---------|----------|----------------------|--------|--------|-----------------|
|         |          |                      | Entry  | Exit   |                 |
| 682     | 29/1/25  | Dr. Pratik Bhatnagar | 8:00am | 9:00am | <u>Pratik</u>   |
| 683     | Thursday | Dr. Chitra Mohale    |        |        | <u>Chitra</u>   |
| 684     |          | Dr. Rajesh Kubde     |        |        | <u>Rajesh</u>   |
| 685     |          | Anvay Moon           | 2:00pm | 2:30pm | <u>Anvay</u>    |
| 686     |          | Tamni Karamore       |        |        | <u>Tamni</u>    |
| 687     |          | Minal Chhormare      |        |        | <u>Minal</u>    |
| 688     | 30/1/25  |                      |        |        |                 |
| 689     | Friday   | Dr. Rohit Mahankar   | 8:30am | 9:00am | <u>Rohit</u>    |
| 690     |          | Dr. Anita Katar      |        |        | <u>Anita</u>    |
| 691     |          | Dr. Purna Chaudhary  |        |        | <u>Purna</u>    |
| 692     |          | Sayali Patil         | 2:00pm | 2:30pm | <u>Sayali</u>   |
| 693     |          | Ayushi Budru         |        |        | <u>Ayushi</u>   |
| 694     |          | Maithili Gori        |        |        | <u>Maithili</u> |
| 695     | 31/1/25  |                      |        |        |                 |
| 696     | Saturday |                      |        |        |                 |
| 697     |          | Dr. Minija Koria     | 8:30am | 9:00am | <u>Minija</u>   |
| 698     |          | Dr. Neha Bhatnagar   |        |        | <u>Neha</u>     |

|     |        |         |  |  |  |
|-----|--------|---------|--|--|--|
| 699 | 2/1/25 | Holiday |  |  |  |
| 700 | Sunday |         |  |  |  |

  
 DEAN  
 RAJESH DEBBARWADIA  
 COLLEGE & RESEARCH CENTRE  
 DEPARTMENT OF ...  
 Nagpur-441119

| Sr No | Date      | Name of Staff              | Time   |        | Dr. Sign    |
|-------|-----------|----------------------------|--------|--------|-------------|
|       |           |                            | Entry  | Exit   |             |
| 695   | 8/6/25    | Dr. Kishitij Bang          | 8:30am | 9:00am | [Signature] |
| 696   | Monday    | Dr. Tapasya Kormam         |        |        | [Signature] |
| 697   |           | Dr. Sangeeta Shettkacharya |        |        | [Signature] |
| 698   |           | Gaurav Pada                | 2:30pm | 2:30pm | [Signature] |
| 699   |           | Padmini Badjak             |        |        | [Signature] |
| 6700  |           | Nidhi Patil                |        |        | [Signature] |
|       | 4/6/25    |                            |        |        |             |
|       | Tuesday   |                            |        |        |             |
| 701   |           | Dr. Priti Jainool          | 8:30am | 9:00am | [Signature] |
| 702   |           | Dr. Samidha Ponde          |        |        | [Signature] |
| 703   |           | Dr. Nagendra Lamba         |        |        | [Signature] |
| 704   |           | Shivani Pudke              | 8:00pm | 2:30pm | [Signature] |
| 705   |           | Tammi Rahangdale           |        |        | [Signature] |
| 706   |           | Balaji Rathod.             |        |        | [Signature] |
| 707   | 5/6/25    | Dr. Smriti Jagdhani        | 8:20am | 9:00am | [Signature] |
| 708   | Wednesday | Dr. Aishwarya Gukhar       |        |        | [Signature] |
| 709   |           | Dr. Dhawal Modi            |        |        | [Signature] |
| 710   |           | Karishma Raut              | 2:50pm | 2:20pm | [Signature] |
| 711   |           | Kishan Rewatkar            |        |        | [Signature] |
| 712   |           | Sakshi Pillane.            |        |        | [Signature] |
| 713   | 6/6/25    | Dr. Anurag Morde           | 8:30am | 9:00am | [Signature] |
| 714   | Thursday  | Dr. Saee Deshpande         |        |        | [Signature] |
| 715   |           | Dr. V. Ando Kolhe.         |        |        | [Signature] |
| 716   |           | Shruti Salne               | 2:00pm | 2:30pm | [Signature] |
| 717   |           | Sankanti Pitdekar          |        |        | [Signature] |
| 718   |           | Kohari Santoni             |        |        | [Signature] |

| Sr No | Date     | Name of Staff          | Time   |        | Dr. Sign    |
|-------|----------|------------------------|--------|--------|-------------|
|       |          |                        | Entry  | Exit   |             |
| 719   | 7/6/25   | Dr. Gautam Bodale      | 8:30am | 9:00am | [Signature] |
| 720   | Friday   | Dr. Sandeep Khandekar. |        |        | [Signature] |
| 721   |          | Dr. Suresh Rathod.     |        |        | [Signature] |
| 722   |          | Sejal Khudale          | 2:00pm | 2:30pm | [Signature] |
| 723   |          | Sejal UKay             |        |        | [Signature] |
| 724   |          | Srijan Sharma          |        |        | [Signature] |
| 725   | 8/6/25   | Dr. Vijeta Hajkhise    | 8:30am | 9:00am | [Signature] |
| 726   | Saturday | Dr. Jyoti Shama        |        |        | [Signature] |
| 727   |          | Dr. Richa Sabar        |        |        | [Signature] |
| 728   |          | Sanjana Shinde         | 2:00pm | 2:30pm | [Signature] |
| 729   |          | Yukta Gedar            |        |        | [Signature] |
| 730   |          | Ritika Gondane         |        |        | [Signature] |
|       | 9/6/25   |                        |        |        |             |
|       | Sunday   |                        |        |        |             |
| 731   | 10/6/25  | Dr. Sayalrae Joshi     | 8:30am | 9:00am | [Signature] |
| 732   | Monday   | Dr. Prachi Rathie      |        |        | [Signature] |
| 733   |          | Dr. Kunal Fuladi       |        |        | [Signature] |
| 734   |          | Anya Pand              | 2:50pm | 2:30pm | [Signature] |
| 735   |          | Vaishnavi Chondak      |        |        | [Signature] |
| 736   |          | Manis Chakole          |        |        | [Signature] |

| Sl. No. | Date                | Name of staff         | Time    |        | Sign        | Sl. No. | Date      | Name of staff       | Time   |        | Sign        |
|---------|---------------------|-----------------------|---------|--------|-------------|---------|-----------|---------------------|--------|--------|-------------|
|         |                     |                       | Entry   | Exit   |             |         |           |                     | Entry  | Exit   |             |
| 737     | 11/6/25<br>Tuesday  | Dr. Vijeta Gajbhiye   | 8:30am  | 9:00am | [Signature] | 761     | 15/6/25   | Dr. Kishor Rawani   | 8:30am | 9:00am | [Signature] |
| 738     |                     | Dr. Jyoti Sharma      |         |        | [Signature] | 762     | Saturday  | Dr. Ashwarya Arotka |        |        | [Signature] |
| 739     |                     | Dr. Riha Sahai        |         |        | [Signature] | 763     |           |                     |        |        |             |
| 740     |                     | Shruti Dighole        | 2:00pm  | 2:30pm | [Signature] | 764     |           |                     |        |        |             |
| 741     |                     | Sneha Gajpuri         |         |        | [Signature] | 765     | 16/6/25   | Holiday             |        |        |             |
| 742     |                     | Minal Ghormare        |         |        | [Signature] | 766     | Sunday    |                     |        |        |             |
| 743     | 12/6/25             | Dr. Pritam Khorgade   | 8:30am  | 9:00am | [Signature] | 767     | 17/6/25   | Dr. Pratik Burad    | 8:30am | 9:00am | [Signature] |
| 744     | Wednesday           | Dr. Ananya Nazare     |         |        | [Signature] | 768     | Monday    | Dr. Chitra Makde    |        |        | [Signature] |
| 745     |                     | Dr. Apeksha Dhale     |         |        | [Signature] | 769     |           | Dr. Rajesh Kutke    |        |        | [Signature] |
| 746     |                     | Maithili Giri         | 2:00pm  | 2:30pm | [Signature] | 770     |           | Dr. Vidya Ade       | 2:00pm | 2:30pm | [Signature] |
| 747     |                     | Ayushi Gudave         |         |        | [Signature] | 771     |           | Sanidi Ade          |        |        | [Signature] |
| 748     |                     | Sanket Gudavani       |         |        | [Signature] | 772     |           | Pranav Bhutada      |        |        | [Signature] |
| 749     | 13/6/25<br>Thursday | Dr. Neena Dongre      | 8:30am  | 9:00am | [Signature] | 773     | 18/6/25   | Dr. Kunal Fuladi    | 8:30am | 9:00am | [Signature] |
| 750     |                     | Dr. Vinoda Kette      |         |        | [Signature] | 774     | Tuesday   | Dr. Rakshata Sorte  |        |        | [Signature] |
| 751     |                     | Dr. Ashish Bodhade    |         |        | [Signature] | 775     |           | Dr. Riha Sahai      |        |        | [Signature] |
| 752     |                     | Manvi Phavai          | 2:00pm  | 2:30pm | [Signature] | 776     |           | Abhinav Talekar     | 2:00pm | 2:30pm | [Signature] |
| 753     |                     | Shruti Deshpande      |         |        | [Signature] | 777     |           | Tarini Yemkar       |        |        | [Signature] |
| 754     |                     | Anya Borde            |         |        | [Signature] | 778     | 19/6/25   |                     |        |        |             |
| 755     | 14/6/25             | Dr. Ankita Ramteke    | 8:30 am | 9:00am | [Signature] | 779     | Wednesday | Dr. Pranjit Wagh    | 8:30am | 9:00am | [Signature] |
| 756     | Friday              | Dr. Jaishree Chakandi |         |        | [Signature] | 780     |           | Dr. Pritam Khorgade |        |        | [Signature] |
| 757     |                     | Dr. Priti Jainwal     |         |        | [Signature] | 781     |           | Dr. Vinoda Kette    |        |        | [Signature] |
| 758     |                     | Minal Ghormare        | 2:00pm  | 2:30pm | [Signature] | 782     |           | Gauri Shukla        | 2:00pm | 2:30pm | [Signature] |
| 759     |                     | Sneha Chelani         |         |        | [Signature] | 783     |           | Snehti Sinsat       |        |        | [Signature] |
| 760     |                     | Anya Bhatnagar        |         |        | [Signature] | 784     |           | Akhita Surana       |        |        | [Signature] |



| Sr.No | Date      | Name of Staff        | Time    |        | Sign               | Sr.No | Date     | Name of staff           | Time     |          | Sign               |
|-------|-----------|----------------------|---------|--------|--------------------|-------|----------|-------------------------|----------|----------|--------------------|
|       |           |                      | Entry   | Exit   |                    |       |          |                         | Entry    | Exit     |                    |
| 827   | 29/6/25   | Dr. Nimija Koria     | 2:30am  | 9:00am | <i>[Signature]</i> |       |          |                         |          |          |                    |
| 828   | Saturday  | Dr. Tapasya Karemose |         |        | <i>[Signature]</i> | 844   | 04/07/25 | Dr. Sureshka Rathod     | 8:30 am  | 9:30 am  | <i>[Signature]</i> |
|       | 30/6/25   | Holiday              |         |        |                    | 845   | Thursday | Dr. Ananya Hazare       |          |          | <i>[Signature]</i> |
|       | Sunday    |                      |         |        |                    | 846   |          | Dr. Nilima Budhrāja     |          |          | <i>[Signature]</i> |
|       | 01/07/25  |                      |         |        |                    | 847   |          | Shubham Patil           | 2:00pm   | 2:30 pm  | <i>[Signature]</i> |
| 826   | Monday    | Dr. Kabilij Bang     | 8:30am  | 9:00am | <i>[Signature]</i> | 848   |          | Kishan Rewalkar         |          |          | <i>[Signature]</i> |
| 827   |           | Dr. Tapasya Karemose |         |        | <i>[Signature]</i> | 849   |          | Kaushikma Raul          |          |          | <i>[Signature]</i> |
| 828   |           | Dr. Tarceek Akhtar   |         |        | <i>[Signature]</i> | 850   | 05/07/25 | Dr. Pratik Buroad       | 2:30 pm  | 3:30 pm  | <i>[Signature]</i> |
| 829   |           | Abhishek Torane      | 2:00pm  | 2:30pm | <i>[Signature]</i> | 851   | Friday   | Dr. Saee Deshpande      |          |          | <i>[Signature]</i> |
| 830   |           | Sayali Ukey          |         |        | <i>[Signature]</i> | 852   |          | Dr. Neena Dongre        |          |          | <i>[Signature]</i> |
| 831   |           | Utkarsh Sode         |         |        | <i>[Signature]</i> | 853   |          | Aachal Ushode           |          |          | <i>[Signature]</i> |
|       |           |                      |         |        |                    | 854   |          | Shubal Sharma           |          |          | <i>[Signature]</i> |
| 832   | 02/07/25  | Dr. Ojas Gajbhiye    | 8:30 am | 9:00am | <i>[Signature]</i> | 855   |          | Rasika Mate             |          |          | <i>[Signature]</i> |
| 833   | Tuesday   | Dr. Nilima Budhrāja  |         |        | <i>[Signature]</i> |       |          |                         |          |          |                    |
| 834   |           | Dr. Purva Chaudhari  |         |        | <i>[Signature]</i> | 856   | 06/07/25 | Dr. Vrinda Kotte        | 10:00 am | 11:00 am | <i>[Signature]</i> |
| 835   |           | Nidhi Patil          | 2:00pm  | 2:30pm | <i>[Signature]</i> | 857   | Saturday | Dr. Sandeep Khandaitkar |          |          | <i>[Signature]</i> |
| 836   |           | Balaji Rathod        |         |        | <i>[Signature]</i> | 858   |          | Dr. Tapasya Karemose    |          |          | <i>[Signature]</i> |
| 837   |           | Nidhi Rewalkar       |         |        | <i>[Signature]</i> | 859   |          | Jash Deshmukh           |          |          | <i>[Signature]</i> |
|       |           |                      |         |        |                    | 860   |          | Syopsna Shinde          |          |          | <i>[Signature]</i> |
| 838   | 03/07/25  | Dr. Parja Rathi      | 8:30 am | 9:00am | <i>[Signature]</i> | 861   |          | Supsiza Kawale          |          |          | <i>[Signature]</i> |
| 839   | Wednesday | Dr. Rajesh Lubde     |         |        | <i>[Signature]</i> |       | 07/07/25 | SUNDAY                  |          |          | HOLIDAY            |
| 840   |           | Dr. Pratik Buroad    |         |        | <i>[Signature]</i> | 862   | 08/07/25 | Dr. Pratik Buroad       | 8:30am   | 9:00am   | <i>[Signature]</i> |
| 841   |           | Ambar Pada           | 2:00pm  | 2:30pm | <i>[Signature]</i> | 863   | Monday   | Dr. Vidhya Mukhade      |          |          | <i>[Signature]</i> |
| 842   |           | Prachi Ushode        |         |        | <i>[Signature]</i> | 864   |          | Dr. Vijeta Gajbhiye     |          |          | <i>[Signature]</i> |
| 843   |           | Divaneki Kurnango    |         |        | <i>[Signature]</i> | 865   |          | Mounmayi Pophale        | 2:00pm   | 2:30pm   | <i>[Signature]</i> |
|       |           |                      |         |        |                    | 866   |          | Bhoomika Vaswani        |          |          | <i>[Signature]</i> |
|       |           |                      |         |        |                    | 867   |          | Nikita Sonawane         |          |          | <i>[Signature]</i> |

DEAN  
MANJEET DESHMUKH DENTAL  
CLINIC & ORTHODONTIC CENTRE  
MUMBAI

## **4. Analytical skill development**



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

(Formerly known as VSPM's Dental College & Research Centre, Nagpur)  
(NAAC Accredited & ISO 21001:2018 Certified)

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
vspmdrcnagpur@gmail.com Website: <https://vspmdrc.edu.in>

REF: RDDC & RC /F.NO. 14/DEPT. PROG/ 206 /2025

DATE: 03/02/2025

## CIRCULAR

This is to inform all final year UG students that analytical skill development module will be conducted with details as follows

Resource faculty: Dr Saeesh Deshpande, Dr Jaishree Chahande

- Time : 2.30-3.30
- Venue : lecture hall, Dept of Prosthodontics
- Date : 13<sup>th</sup> and 20<sup>th</sup> Feb 2025



**Dr. Abhay Kolte**  
Dean  
RDDC & RC, Nagpur.

DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

Copy to:

- The Dean, RDDC & RC, Nagpur for information.
- Establishment Section, RDDC & RC, Nagpur for information.
- HOD, Department of Public Health Dentistry, RDDC & RC, Nagpur for information.
- Vehicle Department, VSPM AHE, Nagpur for information.



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

(Formerly known as VSPM's Dental College & Research Centre, Nagpur)  
(NAAC Accredited & ISO 21001:2018 Certified)



Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011  
Email:[vspmdcrcnagpur@gmail.com](mailto:vspmdcrcnagpur@gmail.com) Website:<https://vspmdcrc.edu.in>

---

**Analytical Skills Development Module**

---

Objectives: Ability to understand and apply systematic approach to clinical decision making in Prosthodontics

Target audience: UG and PG students

Mode of delivery: blended learning

Faculty: Dr Saeesh Deshpande, Dr Jaishree Chahande

Structure of module:

1. Didactic component- information regarding the concept of clinical decision making and its implications in dentistry
2. Software: Case-based learning software including various real clinical cases wherein students plan the treatment and compare it with ideal treatment plan to facilitate learning
3. Pre and post-test to evaluate impact of the module

**Dr. Neelam Pande**  
**HOD**  
Dept. of Prosthodontics  
RDDC & RC, Nagpur



**Dr Abhay Kolte**  
**Dean**  
**RDDC & RC, Nagpur**



---

*List of students who participated in analytical skills development module 24-25*

---

| <b>NAME OF STUDENTS</b>            | <b>EMAIL</b>                   | <b>MB. NO.</b> |
|------------------------------------|--------------------------------|----------------|
| AKRE RISHITA SUDHEER               | rishitaakre@gmail.com          | 8329941423     |
| ALI RUHI ANWAR                     | ruhiali2702@gmail.com          | 7350727889     |
| ANJUM FAROZAN MOHD SHAHID          | farozan2324@gmail.com          | 9960345303     |
| ANSARI MOHD AMEEN ATEEQR<br>RAHMAN | ansariameenansari922@gmail.com | 7448088146     |
| ATKAR MRUNALINI CHANDRASHEKHAR     | mrunaliniatkar25@gmail.com     | 9112222033     |
| BACHAR DISHTI DILIP                | dishtibachar@gmail.com         | 8446658249     |
| BAGDE ANKITA SURENDRA              | Ankitabagde75@gmail.com        | 9970518642     |
| BAHAD KANCHAN KRUSHNAJI            | Kanchanbahad13@gmail.com       | 6361432853     |
| BANERJEE JAIDEEP RAHUL             | jaideepb1507@gmail.com         | 7066558003     |
| BELPANDE ANUSHKA AJAYRAO           | anushkabelpande03@gmail.com    | 9763210879     |
| BHAGAT SEJAL VIJAY                 | harshalbhagat703@gmail.com     | 7666889534     |
| BHANDARKAR VISHAKHA HEMRAJ         | vbvishakha02@gmail.com         | 9960730353     |
| BHANSE AWANTIKA ZUNJAR             | awantikabhansse19@gmail.com    | 7249548781     |
| CHALKHOR DNYANESHWARI VILAS        | Sakshichalkhor07@gmail.com     | 9834957334     |
| CHANDEKAR ADITI MAHENDRA           | aditichandekar13@gmail.com     | 8788335540     |
| CHOPDE AYUSHI VIJAY                | chopdeayushi@gmail.com         | 7249181128     |
| DABHANE NITIKSHA BALASAHEB         | dabhanenitiksha@gmail.com      | 9730049259     |
| DAFALE SAYLI SHARAD                | saylidafale1429@gmail.com      | 9890496602     |
| DANDEWAR SAMIKSHA KISHOR           | samiiedandewar0611@gmail.com   | 8262843202     |

|  |                                |            |
|--|--------------------------------|------------|
| DHADIWAL MUSKAN MANOJ                  | muskandhadiwal@gmail.com       | 9767561224 |
| GOHATRE HIMANSHI VITTHAL               | himanshivg@gmail.com           | 8482939108 |
| GUPTA VAISHNAVI SAURABH                | vg213567@gmail                 | 7709497856 |
| HAJARE PALLAVI PRABHU                  | pallavihajare2000@gmail.com    | 9765775409 |
| HASAN FAUZIA                           | fauzia2705@gmail.com           | 7972265394 |
| HAWARE KHUSHITA CHANDRASHEKHAR         | khushitah19@gmail.com          | 8432679727 |
| IRFAH AYESHA                           | ifrah.ayasha2001@gmail.com     | 9370885988 |
| JALAN MANASWI AJAY                     | jalanmanaswi@gmail.com         | 7499227991 |
| JALIT SAYALI MAHENDRA                  | sayalijalit@gmail.com          | 8857015270 |
| JAWARE SHRAVAST ANIL                   | j.shravast123@gmail.com        | 7387403202 |
| JETHANI AMISHA SUSHILKUMAR             | jethaniamisha00@gmail.com      | 7517785300 |
| JURIASINGHANI KASHISH<br>RAJENDARKUMAR | kashishjuriasinghani@gmail.com | 9921332531 |
| KADU MRUNAL DEEPAK                     | mrnalkadu4@gmail.com           | 8208822544 |
| KATEKHAYE YOJANA PARASRAM              | yojanakatekhaye1@gmail.com     | 8421266172 |
| KEWALRAMANI RITU HIRA                  | ritukewalramani18@gmail.com    | 9309284430 |
| KEWAT PRACHI DHARMENDRA                | prachikewat7765@gmail.com      | 9637589378 |
| KHADGI VEDANSHI SANJAY                 | Vedanshikhadgi@gmail.com       | 8999701944 |
| KHADSE MANSI ARUN                      | khadsemansi24@gmail.com        | 7666642789 |
| KHAN AAMENA AHMED SAJJAD               | aamenakhan2001@gmail.com       | 9503452447 |
| KHAN AREEBA NADEEM SARVAR              | areebakhan0602@gmail.com       | 8421935677 |
| KHAN NASHRAH NADEEM SARVAR             | nashrahkhan16@gmail.com        | 7028572629 |

|                               |                                  |            |
|-------------------------------|----------------------------------|------------|
| KHANDELWAL SHREYASH MANISH    | shreyashkhandelwal2603@gmail.com | 7420082730 |
| KHANDELWAL VANSHITA AJAY      | vanshitak105@gmail.com           | 8888529481 |
| KHODE RANO SUNIL              | ranokhode41@gmail.com            | 8857057523 |
| KOLHE AISHWARYA ASHOK         | aishwaryakolhe4748@gmail.com     | 9370779782 |
| KUCHANKAR SALONI SUNIL        | kuchankar.saloni@gmail.com       | 8652009493 |
| LADE AAORUTTI VIKAS           | aaoruttilade@gmail.com           | 9325943842 |
| LANJE YUKTA SUNIL             | yukta.lanje@gmail.com            | 8208019788 |
| LANJEWAR AVANTI RAJESH        | avantilanjewar0944@gmail.com     | 9373995154 |
| LANJEWAR AWANTI SHRIVANT      | lanjewarawanti2@gmail.com        | 9119533081 |
| MAHEEYA MALIK ABDUL MALIK SKH | malikmahiya64@gmail.com          | 8956161772 |
| MASKE PRAJKTA SANTOSH         | prajktamaske7113@gmail.com       | 9370745601 |
| MATTE ASHWINI RAVINDRA        | ashwinimatte062002@gmail.com     | 8669707060 |
| MEHAR AKSHATA KANTHIRAM       | akshatamehar0607@gmail.com       | 9307663058 |
| MESHARAM AKANKSHA RAMESH      | meshramakanksha20@gmail.com      | 8291410508 |
| MESHARAM SAKSHI PRAKASH       | sakshimeshram443@gmail.com       | 8010487810 |
| MIDHAT FATIMA SADIQUE ALI     | midhatfatima02@gmail.com         | 9322836616 |
| MISHRA RASHI RAKESH           | rashi.mishra234@gmail.com        | 9717475893 |
| MITTAL SURBHI ASHOK           | surbhimittal151376@gmail.com     | 9370444526 |
| MUNDHE VARSHA GAJANAN         | varshamundhe121@gmail.com        | 7498505199 |
| NAGPURE REEYA RAJESH          | reeya.nagpure01@gmail.com        | 8149690989 |

|                              |                              |            |
|------------------------------|------------------------------|------------|
| PANDE SHRAVANI ABHAY         | abhayanu93@gmail.com         | 8010524073 |
| PATIL ANUSHKA DEVENDRA       | anushkadpatil44@gmail.com    | 8856858742 |
| PRATYEKE TANUSHREE SHANTARAM | p18shree@outlook.com         | 7498963223 |
| RAMTEKE SHREYA RAVINDRA      | shreyaramteke52@gmail.com    | 7558639289 |
| RAMTEKE SHRUSHTI RITESH      | shrushtiramteke16@gmail.com  | 9325330712 |
| RATHI EKTA BRIJMOHAN         | ekta22jan@gmail.com          | 9423638135 |
| RAUT BHAWANA PRADEEP         | rautb1830@gmail.com          | 7774827319 |
| ROHRA RIYA DARIYANA          | riyadgrohra6@gmail.com       | 8888846068 |
| SAH AKRUTI ARUN              | akrutisah12@gmail.com        | 7620582411 |
| SAHARKAR VRUNDA SHIVANAND    | vrundasaharkar02@gmail.com   | 7796007950 |
| SARDAR SAMIKSHA SUNIL        | S31sardar@gmail.com          | 8766725989 |
| SAWARBANDHE OJASVI ANIL      | sawarbandheojasvi@gmail.com  | 8669304775 |
| SHELKE PRITI VIJAY           | pritishelke208@gmail.com     | 7447324113 |
| SHERJE ACHAL NANDAKUMAR      | achal.sherje@gmail.com       | 7796413390 |
| SITANBOYANA SNEHA PRASAD     | snehasitanboyana@gmail.com   | 9356632246 |
| SOMKUWAR ISHA SHYAM          | ishasomkuwar01@gmail.com     | 9322691069 |
| SYED BIBI HAJRA AEJAZUDDIN   | hajraasyed@gmail.com         | 7757012997 |
| TABUTWALE KRUTIKA SANJAY     | krutikatabutwale24@gmail.com | 9579210755 |
| TAORI VIDHI SATISH           | vidhitaori02@gmail.com       | 9763927669 |
| TEMBHARE ABHINAV RUPLAL      | abhitembhare999@gmail.com    | 9112955781 |
| THAWALE VEDANGI DEVENDRA     | vedangi.thawale22@gmail.com  | 7083757353 |

|                           |                              |            |
|---------------------------|------------------------------|------------|
| TINGASE JANVI JAYANT      | janvitingase1812@gmail.com   | 9022540238 |
| TIWARI SHRADDHA AJAY      | shraddhatiware.ngp@gmail.com | 7666196531 |
| TRIPATHI VRUSHTI SHARAD   | vrushtitripathi15@gmail.com  | 9130018254 |
| TUMLAM SAYALI DHANRAJ     | tumlamsayali@gmail.com       | 8999002964 |
| WANDRE DHYANSHI JEETENDRA | dhyanshiw@gmail.com          | 7559119004 |
| WASHIMKAR SAKSHI RAJENDRA | washimkarsakshi2@gmail.com   | 8668408456 |
| WASULE PRIYAL SUNIL       | priyalwasule12@gmail.com     | 9175043688 |



# Department of Prosthodontics

Ranjeet Deshmukh Dental College and Research Centre,  
Nagpur-19



## Analytical Skill Development Module 2024-25

Resource faculty:

Dr Saeesh Deshpande, Dr Jaishree Chahande

Time: 2.30-3.30pm

Venue: Lecture hall, Dept of Prosthodontics

Date: 13<sup>th</sup> and 20<sup>th</sup> Feb 2025



Dr Neelam Pande (HOD, Dept of Prosthodontics)



Dr Abhay Kolte (Dean)

**Ranjeet Deshmukh Dental College and Research Centre, Nagpur**

## **5. Human value development**



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

(Formerly known as VSPM's Dental College & Research Centre, Nagpur)  
(NAAC Accredited with B+)

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
[vspmdcrcnagpur@gmail.com](mailto:vspmdcrcnagpur@gmail.com) Website: <https://vspmdcrc.edu.in>

REF: VSPM'S DCRC/DEAN/IMC F.NO /422/2025

DATE: 17/03/2025

**CIRCULAR**

The Intern's Monitoring Committee is organizing VIHASA Workshop for the Interns from 20<sup>th</sup> - 22<sup>nd</sup> March 2025.

**Date: 20<sup>th</sup> - 22<sup>nd</sup> March 2025.**

**Time: 9.00 am onwards**

**Venue: Oral Pathology Hall**

Dr. Neha Deshpande  
Member Secretary  
Internship Monitoring Committee

Dr. Surekha Rathod  
Chairperson  
Internship Monitoring Committee

Dr. Abhay Kolte  
Dean  
RDDC & RC, Nagpur

**Copy to:**

All HODs, VSPM's DCRC, Nagpur for information

A.O. VSPM's DCRC, Nagpur for information

Chairperson: Dr. Surekha Rathod, Professor, Periodontics

Member Secretary: Dr. Neha Deshpande, Sr. Lecturer, Periodontics

Members: Dr. Sangeeta Bhattacharya, Lecturer, Orthodontics

Dr. Sudhir Rawlani, Sr. Lecturer, PHD

Dr. Jaishree Chahande, Lecturer, Prosthodontics

Dr. Rohit Mohril, Sr. Lecturer, Oral Pathology

Dr. Smriti Golhar, Sr. Lecturer, ODMR

Dr. Sandeep Khandaikar, Sr. Lecturer, Oral Surgery

Dr. Pooja Rathi, Sr. Lecturer, Pedodontics

Dr. Kushal Fuladi, Sr. Lecturer, Endodontics

Dr. Pratik Burad, Web and LAN Committee

**DEAN**  
**RANJEET DESHMUKH DENTAL**  
**COLLEGE & RESEARCH CENTRE**  
Digdoh Hills, Hingna Road,  
Nagpur-440019

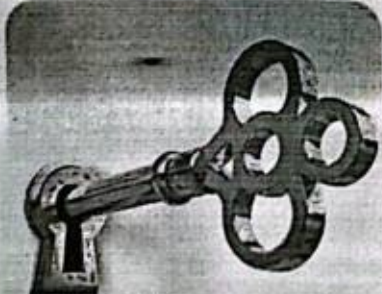
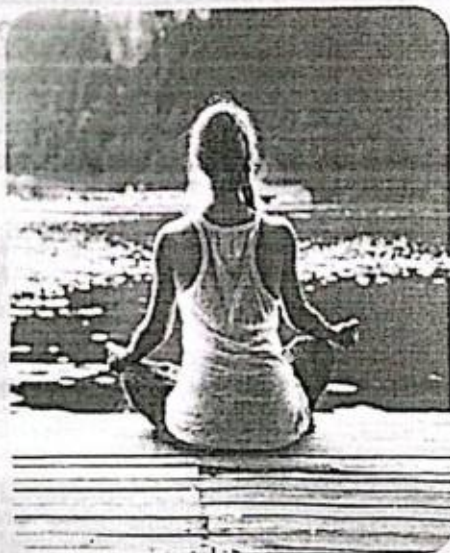


# RANJEET DESHMUKH DENTAL COLLEGE AND RESEARCH CENTRE, NAGPUR



## VIHASA Value Added Course

*An educational program 'VIHASA' to facilitate the experience of universal values, using a spiritual approach, to address the issues on a personal level and its consequences at an organizational level.*

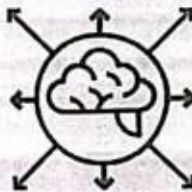


3 Key Principles

Physician heal thyself



Learning through experience



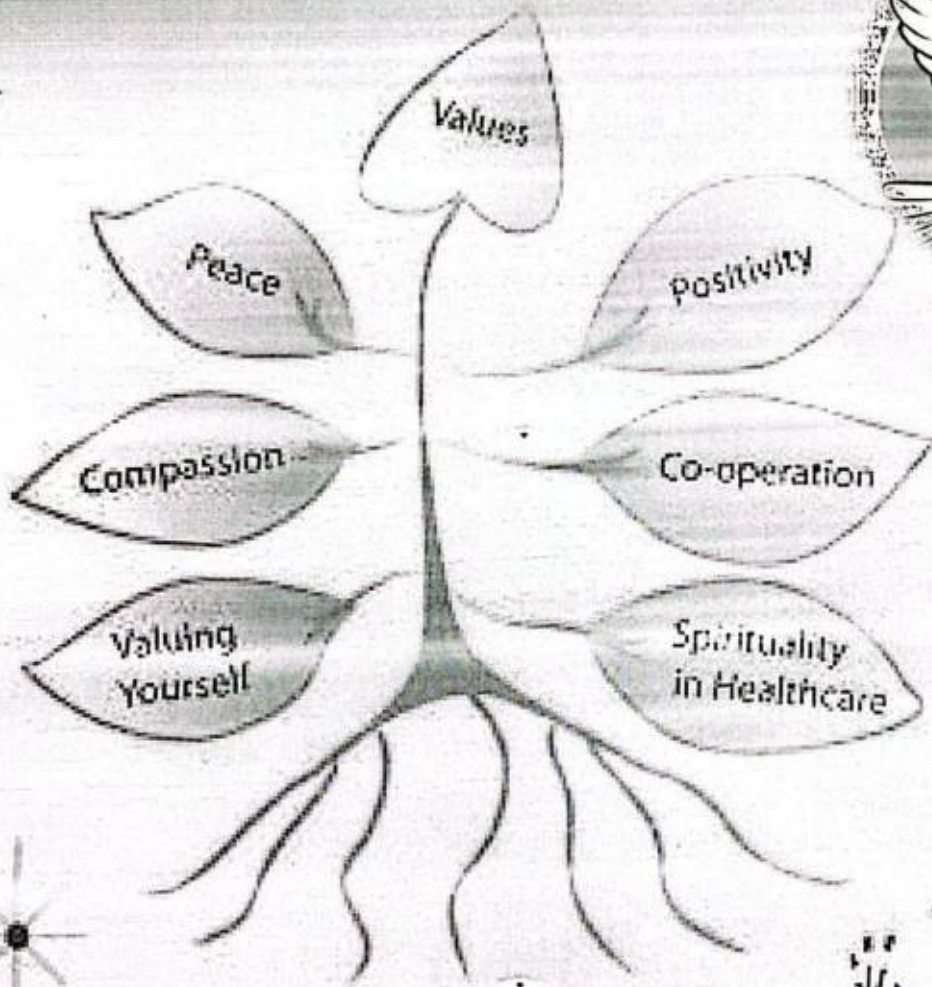
Relevance to work



DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Olgdoh Hills, Hingna Road,  
Nagpur-440019

7

# Spiritual Tools



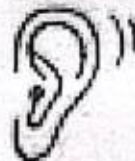
Meditation



Visualisation



Reflection



Listening



Appreciation



DEAN

RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Dagdoh Hills, Hingna Road,  
Nagpur-440019



# MODULES



Module 1-Values-Gain strength through motivation



Module 2- Peace- Benefit from being calm



Module 3-Positivity-Harness the power of thoughts



Module 4- Compassion- Release healing energy



Module 5-Co-operation-Appreciate the wisdom of teams



Module 6- Valuing yourself- Sustaining the Carer



Module 7-Spirituality in healthcare-Spiritual care in practice



Module 8- Building Resilience-A response to stress and burnout

**Course Facilitators-  
From Brahmakumaris  
&**

**Dr. Surekha Rathod**

DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hillis, Hingna Road,  
Nagpur-440019

## VIHASA WORKSHOP FOR INTERNS

20<sup>th</sup> – 22<sup>nd</sup> MARCH 2025

Intern's Monitoring Committee, Ranjeet Deshmukh Dental College and Research Centre had organized an online VIHASA- Values in Health Care: A Spiritual Approach for First Year Undergraduate students. Dr. Surekha Rathod, Chairperson, Intern's Monitoring Committee delivered the welcome address and she briefed the students about the importance of VIHASA Module in their day to day life. Dr. S. R Shenoji Vice-Dean, RDDC & RC motivated the students about how to remain calm and positive. Dr. Abhay Kolte, Dean, RDDC & RC welcomed the guest, Dr. Nirmal Channe and Miss Pooja Sharma who are VIHASA Facilitators. Brahmakumari Kiran Didi also graced the occasion.

All the speakers enlightened everyone with their values, how to look for positivity and bring optimism in life. Around 80 students participated and were equally enthusiastic in participating in all the activities. Certificates were presented to all the facilitators by Dr. Abhay Kolte; and Dr. Neha Deshpande, Member Secretary, Intern's Monitoring Committee ended the programme by proposing the Vote of Thanks.

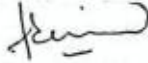


DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hillis, Hingna Road,  
Nagpur-440019

# Ranjeet Deshmukh Dental College and Research Centre, Nagpur

## Completion Certificate

This is to certify that the following participants have successfully completed the Workshop/  
CDE/ Course Values in Health Care: A Spiritual Approach organized by Interns Monitoring  
Committee, RDDC & RC, Nagpur from 20<sup>th</sup> to 22<sup>nd</sup> March 2025.



Dr. Surekha Rathod  
Chairperson  
Interns Monitoring Committee



Dr. Abhay Kolte  
Dean

DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

**INTERNS MONTITORING COMMITTEE**  
**VIHASA WORKSHOP**  
**20<sup>th</sup> - 22<sup>nd</sup> March 2025**

**Attendance**

| Sr. No. | Name Of The Interns          | 20 <sup>th</sup> March | 21 <sup>st</sup> March | 22 <sup>nd</sup> March |
|---------|------------------------------|------------------------|------------------------|------------------------|
| 1.      | ADE SANIDHI PRAKASH          | <u>Parakash</u>        | <u>Parakash</u>        | <u>Parakash</u>        |
| 2.      | ADE VIDYA SHESHERAO          | <u>Vidya</u>           | <u>Vidya</u>           | <u>Vidya</u>           |
| 3.      | AHMAD SANA IFRA NIYAZ        | <u>Ifra</u>            | <u>Ifra</u>            | <u>Ifra</u>            |
| 4.      | AMBATKAR SHREYA ATUL         | <u>SP</u>              | <u>SP</u>              | <u>SP</u>              |
| 5.      | ARYA BETHARIA                | <u>Arya</u>            | <u>Arya</u>            | <u>Arya</u>            |
| 6.      | BAKARE SAMIKSHA JAYAPRAKASH  | <u>Sara</u>            | <u>Sara</u>            | <u>Sara</u>            |
| 7.      | BANERJEE SUPRABHA SAMITKUMAR | <u>Suprabha</u>        | <u>Suprabha</u>        | <u>Suprabha</u>        |
| 8.      | BANGDE MAITHILI AJAY         | <u>MB</u>              | <u>MB</u>              | <u>MB</u>              |
| 9.      | BANSAL KASHISH NARESH        | <u>K.</u>              | <u>K.</u>              | <u>K.</u>              |
| 10.     | BAWASKAR ABHISHEK SANTOSH    | <u>Abhishek</u>        | <u>Abhishek</u>        | <u>Abhishek</u>        |
| 11.     | BHADULE SIDDHI UMASHANKAR.   | <u>SBS</u>             | <u>SBS</u>             | <u>SBS</u>             |
| 12.     | BHUIBHAR SANJANA DHANANJAY.  | <u>Shana</u>           | <u>Shana</u>           | <u>Shana</u>           |
| 13.     | BHUJADE JIVIDA KRISHNA       | <u>JB</u>              | <u>JB</u>              | <u>JB</u>              |
| 14.     | BHUTADA PRANAV MANISH        | <u>Pranav</u>          | <u>Pranav</u>          | <u>Pranav</u>          |
| 15.     | BISEN PRATISHTHA KAMLESHWAR  | <u>PB</u>              | <u>PB</u>              | <u>PB</u>              |
| 16.     | BORDE ARYA MANGESH           | <u>Mangesh</u>         | <u>Mangesh</u>         | <u>Mangesh</u>         |
| 17.     | BURMAN ARNAVHI PRAVEEN       | <u>AB</u>              | <u>AB</u>              | <u>AB</u>              |
| 18.     | CHELANI SNEHAL DEVIDAS       | <u>Snehal</u>          | <u>Snehal</u>          | <u>Snehal</u>          |
| 19.     | DESHMUKH MOHINI MAHENDRA     | <u>Mohini</u>          | <u>Mohini</u>          | <u>Mohini</u>          |
| 20.     | DESHPANDE STUVANTI SAMEER    | <u>Stuti</u>           | <u>Stuti</u>           | <u>Stuti</u>           |
| 21.     | DHAWAS MANSVI SUNIL          | <u>Mansvi</u>          | <u>Mansvi</u>          | <u>Mansvi</u>          |
| 22.     | DIGHOLE SHRUTI RAJU          | <u>Shruti</u>          | <u>Shruti</u>          | <u>Shruti</u>          |
| 23.     | GAJPURE SNEHA GHANANIL       | <u>Sneha</u>           | <u>Sneha</u>           | <u>Sneha</u>           |
| 24.     | GHORMARE MINAL SUDAM         | <u>Minal</u>           | <u>Minal</u>           | <u>Minal</u>           |

|     |                               |                  |                  |                  |
|-----|-------------------------------|------------------|------------------|------------------|
| 25. | GIDWANI SANKET RAJESH         | <u>Skt</u>       | <u>Skt</u>       | <u>Skt</u>       |
| 26. | GIRI MAITHILI KISHOR          | <u>Mjiri</u>     | <u>Mjiri</u>     | <u>Mjiri</u>     |
| 27. | GUDWE AYUSHI MANGAL SINGH     | <u>Aygy</u>      | <u>Aygy</u>      | <u>Aygy</u>      |
| 28. | GWALANI HARSHAL VIJAY         | <u>Harsh</u>     | <u>Harsh</u>     | <u>Harsh</u>     |
| 29. | INDORE PRERNA BHAVLAL         | <u>Prer</u>      | <u>Prer</u>      | <u>Prer</u>      |
| 30. | JADHAO AVANI ARUN             | <u>Ar</u>        | <u>Ar</u>        | <u>Ar</u>        |
| 31. | JAHAGIRDAR SHWETANG MANGESH   | <u>Sush</u>      | <u>Sush</u>      | <u>Sush</u>      |
| 32. | JAIN OSHMI RAJESH             | <u>Oshmi</u>     | <u>Oshmi</u>     | <u>Oshmi</u>     |
| 33. | JAIN SAVI VISHAL              | <u>Savi</u>      | <u>Savi</u>      | <u>Savi</u>      |
| 34. | JIBHAKATE TANUSHRI MANSARAM   | <u>Tan</u>       | <u>Tan</u>       | <u>Tan</u>       |
| 35. | KALE VENUS ASHWIN             | <u>Vkal</u>      | <u>Vkal</u>      | <u>Vkal</u>      |
| 36. | KARMORE TANVI ANIL            | <u>Tanvi</u>     | <u>Tanvi</u>     | <u>Tanvi</u>     |
| 37. | KENE KANAK PRAKASH            | <u>Kan</u>       | <u>Kan</u>       | <u>Kan</u>       |
| 38. | KHANDELWAL BHUMI GOPAL        | <u>Bk</u>        | <u>Bk</u>        | <u>Bk</u>        |
| 39. | KOTHARI YASHA NAVIN           | <u>Yasha</u>     | <u>Yasha</u>     | <u>Yasha</u>     |
| 40. | LAKHWANI VIDHI NANAK          | <u>Vidhi</u>     | <u>Vidhi</u>     | <u>Vidhi</u>     |
| 41. | LALWANI AACHAL RAMESH         | <u>AAL</u>       | <u>AAL</u>       | <u>AAL</u>       |
| 42. | LALWANI VANSHIKA DILIP        | <u>V</u>         | <u>V</u>         | <u>V</u>         |
| 43. | LONARE ROSHANI VISHWAJIT      | <u>Roh</u>       | <u>Roh</u>       | <u>Roh</u>       |
| 44. | MAHAKULKAR SAMRUDDHI RAJENDRA | <u>Samruddhi</u> | <u>Samruddhi</u> | <u>Samruddhi</u> |
| 45. | MASAND KHUSHBOO RAJESH        | <u>Km</u>        | <u>Km</u>        | <u>Km</u>        |
| 46. | MOHOD PRERANA DNYANESHWAR     | <u>Prer</u>      | <u>Prer</u>      | <u>Prer</u>      |
| 47. | MOON ANVAY MADHUKAR           | <u>Anv</u>       | <u>Anv</u>       | <u>Anv</u>       |
| 48. | MOTGHARE SAYALI VIJAY         | <u>Sayali</u>    | <u>Sayali</u>    | <u>Sayali</u>    |
| 49. | PANDE POONAM BABARAO          | <u>Poon</u>      | <u>Poon</u>      | <u>Poon</u>      |
| 50. | PARTETY GARGI CHANDRASHEKHAR  | <u>G</u>         | <u>G</u>         | <u>G</u>         |
| 51. | PATHAK ABHISHEK PANKAJ        | <u>Abhishek</u>  | <u>Abhishek</u>  | <u>Abhishek</u>  |
| 52. | PATIL SAYALI SUNIL            | <u>Sayali</u>    | <u>Sayali</u>    | <u>Sayali</u>    |
| 53. | PAUNIKAR BHAVISHA MADHUKAR    | <u>Bhavisha</u>  | <u>Bhavisha</u>  | <u>Bhavisha</u>  |

|     |                                   |                  |                  |                  |
|-----|-----------------------------------|------------------|------------------|------------------|
| 54. | PETKAR SHUBHAM SHANKAR            | <u>Shubham</u>   | <u>Shubham</u>   | <u>Shubham</u>   |
| 55. | POHANE DAKSHITA VIVEK             | <u>Dakshita</u>  | <u>Dakshita</u>  | <u>Dakshita</u>  |
| 56. | POTE TANVI RAJESHWAR              | Tanvi            | Tanvi            | Tanvi            |
| 57. | RATHOD MANISHA MANOHAR            | <u>Rathod</u>    | <u>Rathod</u>    | <u>Rathod</u>    |
| 58. | SAKHARE SHRUTI NOKRAJ             | <u>Sa</u>        | <u>Sa</u>        | <u>Sa</u>        |
| 59. | SAMARTH PIYUSH PARSHURAM          | <u>Piyush</u>    | <u>Piyush</u>    | <u>Piyush</u>    |
| 60. | SAMIKSHA VIJAY CHAURAGADE         | <u>Sa</u>        | <u>Sa</u>        | <u>Sa</u>        |
| 61. | SAMRIT TRUPTI HARESH              | <u>Trupti</u>    | <u>Trupti</u>    | <u>Trupti</u>    |
| 62. | SATBHAJ JANHAVI GOVINDA           | <u>Sa</u>        | <u>Sa</u>        | <u>Sa</u>        |
| 63. | SAWADE POOJA ANIL                 | <u>Pooja</u>     | <u>Pooja</u>     | <u>Pooja</u>     |
| 64. | SHAHU SANSKRITI SANJAY            | <u>Sanskriti</u> | <u>Sanskriti</u> | <u>Sanskriti</u> |
| 65. | SHAREEF UMME AIMAN MOHAMMED SOHEL | <u>Aus</u>       | <u>Aus</u>       | <u>Aus</u>       |
| 66. | SHEJOLE PIYUSH DILIP              | <u>Piyush</u>    | <u>Piyush</u>    | <u>Piyush</u>    |
| 67. | SHEJPAL DURVI NITESH              | <u>She</u>       | <u>She</u>       | <u>She</u>       |
| 68. | SHITOLE SMRUTI SANJAY             | <u>Smriti</u>    | <u>Smriti</u>    | <u>Smriti</u>    |
| 69. | SIDRA NOORI NOORUL AZIZ           | <u>NNS</u>       | <u>NNS</u>       | <u>NNS</u>       |
| 70. | SONARE SHREYA PRABHAKAR           | <u>Sh</u>        | <u>Sh</u>        | <u>Sh</u>        |
| 71. | TAKARKHEDE SALONI VINOD           | <u>Saloni</u>    | <u>Saloni</u>    | <u>Saloni</u>    |
| 72. | TEKADE YASHASHREE SANJAY          | <u>Yash</u>      | <u>Yash</u>      | <u>Yash</u>      |
| 73. | THAWRE MINAKSHI SIDDHARTH         | <u>Mn</u>        | <u>Mn</u>        | <u>Mn</u>        |
| 74. | THOTE TANUSHRI NAMDEO             | <u>Thote</u>     | <u>Thote</u>     | <u>Thote</u>     |
| 75. | VELUKAR AAROHI GAJANAN            | <u>Va</u>        | <u>Va</u>        | <u>Va</u>        |
| 76. | WADEGAONKAR SRUSHTI RUPAL         | <u>Sru</u>       | <u>Sru</u>       | <u>Sru</u>       |
| 77. | WAINDESHKAR DEVDATTA PRASHANT     | <u>Dev</u>       | <u>Dev</u>       | <u>Dev</u>       |
| 78. | WANJARI MIMANSA SUNIL             | <u>Mimansi</u>   | <u>Mimansi</u>   | <u>Mimansi</u>   |
| 79. | WANKHEDE ROMA MANOJ               | <u>Roma</u>      | <u>Roma</u>      | <u>Roma</u>      |
| 80. | MANGRULKAR SAMRUDDHI SANJAY       | <u>Sam</u>       | <u>Sam</u>       | <u>Sam</u>       |
| 81. | MASRAM SAKSHI SUDHAKAR            | <u>Sakshi</u>    | <u>Sakshi</u>    | <u>Sakshi</u>    |

DEAN  
 DEAN G  
 DEAN H  
 DEAN I  
 DEAN J  
 DEAN K  
 DEAN L  
 DEAN M  
 DEAN N  
 DEAN O  
 DEAN P  
 DEAN Q  
 DEAN R  
 DEAN S  
 DEAN T  
 DEAN U  
 DEAN V  
 DEAN W  
 DEAN X  
 DEAN Y  
 DEAN Z

RANJEET DESHMUKH DENTAL  
 COLLEGE & RESEARCH CENTRE  
 Digdoh Hills, Hingna Road,  
 Nagpur-440019

Intern's Monitoring Committee  
VIHASA Workshop  
20<sup>th</sup> – 22<sup>nd</sup> March 2025



College Seal

RDDCRC, Nagpur

Dr. Abhay Kolte

Dean

DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

## TIMELINE

### Values + Cooperation

| TIME             | DURATION                        | EXERCISE No.                          | THEME   | FACILITATOR   |
|------------------|---------------------------------|---------------------------------------|---|---|
| 9:00 - 9:30 am   | 30 mins                         | -                                     | Introducing the module Setting the tone, Ground rules | (Dr. Nirmal Channe)                                     |
| 9:30 - 9:50 am   | 20 mins                         | 1.1                                   | Icebreaker: My favorite things                        | Reflection & play<br>(BK Kiran Didi)                    |
| 9:50 - 10:20 am  | 30 mins                         | 1.3                                   | A High point in my working life                       | Appreciation & listening<br>(Miss Pooja Sharma)         |
| 10:20 - 10:25 am | 5 min                           | Movement Exercise                     |   |   |
| 10:25 - 10:45 am | 20 mins                         | 1.4                                   | Values that matter most to me                         | Reflection<br>(Miss Pooja Sharma)                       |
| 10:45 - 11:00 am | 15 mins                         | Tea time !                            |   |   |
| 11:00 - 11:20 am | 20 mins                         | 1.6                                   | Heroes and heroines                                   | Reflection<br>(Dr. Nirmal Channe)                       |
| 11:20 - 11:40 am | 20 mins                         | 1.7                                   | Rekindle the dream                                    | Visualization<br>(BK Kiran Didi )                       |
| 11:40 - 11:45 am | 5 min                           | Movement Exercise (Miss Pooja Sharma) |   |   |
| 11:45 - 12:45 pm | 60 mins                         | 1.8                                   | Values in healthcare                                  | Creativity<br>(Dr. Nirmal Channe)                       |
| 12:45 - 1:45 pm  | 60 mins                         | Lunch                                 |   |   |
| 1:45 - 2:10 pm   | 25 mins                         | 5.1                                   | Co-operation – What does it mean?                     | Reflection<br>(Dr. Nirmal Channe)                       |
| 2:10 - 2:25 pm   | 15 mins                         | 5.2                                   | Inner values of co-operation                          | Meditation<br>(BK Kiran Didi)                           |
| 2:25 - 3:05 pm   | 40 mins                         | 5.3                                   | Co-operative listening                                | Listening<br>(Miss Pooja Sharma)                        |
| 3:05 - 3:15 pm   | 10 mins                         | Tea time !                            |   |   |
| 3:15 - 3:20 pm   | 5 mins                          | Movement Exercise                     |   |   |
| 3:20 - 3:50 pm   | 30 mins                         | 5.10                                  | Adverts: an exercise in group cooperation             | Creativity & play<br>(Miss Pooja Sharma)                |
| 3:50 - 4:00 pm   | 10 mins                         | Session review                        | 1:45-1:55 pm  | 10 mins   |
| 4:00 - 4:30 pm   | 30 mins                         | 1.9                                   | Action Planning:<br>Taking values back to work        | Reflection and sharing in groups<br>(Miss Pooja Sharma) |
| 4:30 - 5:30 pm   | Collective closure in main hall |                                       |   |   |

# Positivity

| TIME             | DURATION     | EXER. NO           | THEME                                       | FACILITATORS                       |
|------------------|--------------|--------------------|---|------------------------------------|
| 9:00 - 9:25 am   | 20 + 5 mins  | -                  | Introducing the module and setting the tone | Miss Pooja Sharma                  |
| 9:25 - 9:55 am   | 25 + 5 min   | Ex. 3.1            | Benefit of being Positive                   | BK Kiran Didi                      |
| 9:55 - 10:10 am  | 15 mins      | Ex. 3.2            | Valuing the self                            | BK Kiran Didi                      |
| 10:10 - 10:20 am | 5 + 5 mins   |                    | Movement Exercise                           |                                    |
| 10:20 - 11:00 am | 35 + 5 min   | Ex.3.3             | Surfacing positive Thoughts                 | Dr. Nirmal Channe                  |
| 11:00 - 11:15 am | 15 mins      | Tea time !         |   |                                    |
| 11:15 - 11:30 am | 10 mins      | Ex. 3.4            | Thought Exchange                            | Miss Pooja Sharma                  |
| 11:30 - 11:50 am | 15 + 10 min  | Ex.3.5             | Inspired to be me                           |                                    |
| 11:50 - 12:30 pm | 35 + 5 min   | Ex.3.6             | Appreciating others at work                 | BK Kiran Didi                      |
| 12:30 - 1:00 pm  | 25 + 5 min   | Ex. 3.7            | S.O.S.-<br>A visualization                  | BK Kiran Didi                      |
| 1:00 - 2:00 pm   | 60 minutes   | Lunch              |   |                                    |
| 2:00- 2:45 pm    | 40 + 5 min   | Ex. 3.8            | Being positive at work                      | Dr. Nirmal Channe                  |
| 2:45- 3:20 pm    | 30 + 5 min   | Ex. 3.9            | Action planning - Thought into action       | Dr. Ulhas Ghotkar                  |
| 3:20 - 3:30 pm   | 10 mins      | Ex. 3.10           | Appreciating the self and others            | Dr. Ulhas Ghotkar<br>BK Kiran Didi |
| 3:30 - 3:50 pm   | 10 + 10 mins | -                  | Session review                              |                                    |
| 3:50 - 4:00 pm   | 10 mins      | Tea time !         |   |                                    |
| 4:00 - 5:00 pm   | 60 mins      | Collective Closure |   |                                    |



  
 DEAN  
 RANJEET DESHMUKH DENTAL  
 COLLEGE & RESEARCH CENTRE  
 Digdoh Hills, Hingna Road,  
 Nagpur-462019

## **6. Personality and professional development**



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

(Formerly known as VSPM's Dental College & Research Centre, Nagpur)  
(NAAC Accredited with B+)

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
[vspmdcrcnagpur@gmail.com](mailto:vspmdcrcnagpur@gmail.com) Website: <https://vspmdcrc.edu.in>

REF: RDDC&RC/F.NO. 14/DEPT. PROG/ 685 /2025 DATE: 11/03/2025

## CIRCULAR

A Comprehensive program on "Personal Growth & Development (SpruzUp)" is planned for 2<sup>nd</sup> BDS students by the Department of Conservative Dentistry & Endodontics, Ranjeet Deshmukh's Dental College & Research Centre, Nagpur as per the details given below:

- Date : 18/03/2025 to 21/03/2025
- Venue : Department of Conservative Dentistry & Endodontics
- Time : 8:30 am to 4:30 pm

All the HOD's are requested to relieve all the 2<sup>nd</sup> year BDS students on the aforesaid date and time.

**Dr. Pratima Sheno,**  
Professor & HOD,  
Dept. of Conservative Dentistry &  
Endodontics  
RDDC & RC, NAGPUR



**Dr. Abhay Kolte,**  
Dean,  
RDDC & RC, NAGPUR

DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

Copy to:

- All HOD's RDDC&RC, Nagpur for information
- A.O. RDDC&RC, Nagpur for information and action
- Dr. Sangeeta Bhattacharya. Orthodontics
- Dr. Pratik Burad, Web and LAN Committee
- Dr. J. Chahande, Web and LAN Committee (News and Publication)



Department Of Conservative Dentistry & Endodontics  
Ranjeet Deshmukh Dental College & Research Centre,  
Nagpur

## Spruz Up 2025 Guiding GenX Professionals

### Resource Persons

Ergonomics  
Dr. Pratima Shenoi

Professional Ethics  
Dr. Gautam Badole  
Dr. Pratik Burad

Conflict Management  
Dr. Vandana Kokane  
Dr. Vidya Mokhade

Practice Management  
Dr. Chetana Makade

Stress Management  
Dr. Kushal Fuladi


Time Management  
Dr. Rajesh Kubde  
Dr. Prajkta Ambulkar

Emotional Management  
Dr. Varsha Uttarwar  
Dr. Aishwarya Akotkar

Personal Grooming  
Dr. Shriya Shahu

**Date:** 18<sup>th</sup> to 21<sup>st</sup> April 2025  
**For Details Contact:** Dr. Shriya Shahu  
**Venue:** Seminar Room, Conservative  
Dentistry & Endodontics

  
**DEAN**  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

  
HEAD OF THE DEPARTMENT  
CONSERVATIVE DENTISTRY & ENDODONTICS  
RANJEET DESHMUKH DENTAL COLLEGE &  
RESEARCH CENTRE, NAGPUR-440019 (M.S.)



**RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE,  
NAGPUR-440019**

(Formerly known as VSPM's Dental College & Research Centre, Nagpur)  
(NAAC Accredited with B+)

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
[vspmdcrcnagpur@gmail.com](mailto:vspmdcrcnagpur@gmail.com) Website: <https://vspmdcrc.edu.in>

REF: RDDC&RC/F.NO. 14/DEPT. PROG/ 686 /2025

DATE: 22/03/2025


**SPRUZ-UP**  
**Guiding GenX Professionals 2025**  
**Event Report**

Personality development encompasses the dynamic construction of integrative characteristics that distinguish an individual in terms of interpersonal behavioural traits. It helps in boosting self-confidence, career growth and cultivating the skills of adaptability to promote overall development of an individual in society.


With consideration to this key aspect, the Department of Conservative Dentistry and Endodontics, RD DCRC conducted a value-added course "SPRUZ-UP Guiding GenX Professionals" for 2nd BDS Students of the institute from 18<sup>th</sup> to 21<sup>st</sup> March, 2025. The event received an overwhelming response with participation of 100 students.

The course encompassed various lectures designed to focus primarily on improving the social relations of students. The speakers focused on varied aspects of personality development including Professional ethics, Stress Management, Personal Grooming, Emotional Management, Conflict Management, Time Management, Ergonomics and Practice Management.

The entire event was successfully conducted with the support from the management of VSPM AHE, Dean Dr. Abhay Kolte, Vice-Dean Dr. Ramakrishna Shenoi, and Head of Department Dr. Pratima Shenoi and her dedicated team.

  
**Dr. Pratima Shenoi,**  
**Professor & HOD,**  
**Dept. of Conservative Dentistry &**  
**Endodontics**  
**RDDC & RC, NAGPUR**



  
**Dr. Abhay Kolte,**  
**Dean,**  
**RDDC & RC, NAGPUR**  
**DEAN**  
**RANJEET DESHMUKH DENTAL**  
**COLLEGE & RESEARCH CENTRE**  
**Digdoh Hills, Hingna Road,**  
**Nagpur-440019**



DEPARTMENT OF CONSERVATIVE DENTISTRY & ENDODONTICS  
RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE, NAGPUR-440019  
(Formerly known as VSPM's Dental College & Research Centre, Nagpur)  
(NAAC Accredited with B+)

Digdoh Hills, Hingna Road, Nagpur-440 019 Ph: (07104) 665000,665301 Fax: (07104) 665011,Email:  
[vspmdcrenagpur@gmail.com](mailto:vspmdcrenagpur@gmail.com) Website: <https://vspmdcre.edu.in>

### Completion Certificate

This is to certify that the following participants have successfully completed the workshop/CDE/ Course, spruz-Up (Guiding Professional GenX) organized by Department of Conservative Dentistry & Endodontics VSPM DCRC, Nagpur on 18<sup>th</sup> to 21<sup>st</sup> March 2025.

Dr. Prafima Sheno  
HOD  
Department of Conservative  
Dentistry & Endodontics



HEAD OF THE DEPARTMENT  
CONSERVATIVE DENTISTRY & ENDODONTICS  
RANJEET DESHMUKH DENTAL COLLEGE  
RESEARCH CENTRE, NAGPUR-440019

Dr. Abhay Kolte  
Dean  
VSPM DCRC, Nagpur

DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

DEPARTMENT OF CONSERVATIVE  
DENTISTRY & ENDODONTICS  
RANJEET DESHMUKH DENTAL COLLEGE &  
RESEARCH CENTRE, NAGPUR-19 (M.S.)  
DEPARTMENT OF CONSERVATIVE & ENDODONTICS

SPRUZ UP (VALUE ADDED COURSE)

DATE- 18<sup>TH</sup> TO 21<sup>ST</sup> MARCH 2025

2<sup>ND</sup> BDS (2025-26)

| SR NO | NAME OF STUDENTS          | EMAIL ID                      | PHONE NO   | SIGN       |
|-------|---------------------------|-------------------------------|------------|------------|
| 1.    | AARYA DILIP ZALKE         | aarya.zalke07@gmail.com       | 8956815764 | AaryaZalke |
| 2.    | AASTHA SHROTE             | aasthashrote66@gmail.com      | 7620228758 | Aastha     |
| 3.    | AGRAWAL PREM VIKAS        | pramagrawal36429@gmail.com    | 8320156844 | Prem       |
| 4.    | AGRAWAL RADHA MANOJ       | radhamanoj2016@gmail.com      | 8788816456 | Radha      |
| 5.    | AGRAWAL ROSHANI DEEPAK    | agrawalroshani2004@gmail.com  | 7558300912 | Roshani    |
| 6.    | AISHWARYA SASUN           | aishwaryasasun7@gmail.com     | 8468836475 | Aishwarya  |
| 7.    | AKULWAR SHREYA DEEPAK     | akulwarshreya@gmail.com       | 8806316661 | Shreya     |
| 8.    | ALINA BAPU YELAM          | alinayelam@gmail.com          | 7410021840 | Alina      |
| 9.    | ANSARI ADINA SIDDIQUA     | iadina.ansari@gmail.com       | 9373843192 | Adina      |
| 10.   | ANSARI HUSNA KAUSAR ABDUL | husna.kausar7860@gmail.com    | 9307088442 | Husna      |
| 11.   | APOORVA DEKATE            | apoorvadekate2004@gmail.com   | 911013892  | Apoorva    |
| 12.   | ARNAVI BHANGE             | arnavibhange24@gmail.com      | 8530054372 | Arnavi     |
| 13.   | AYUSHI C SAMBHARE         | ayushisambhare11@gmail.com    | 8979566926 | Ayushi     |
| 14.   | BARAI RUCHITA PRAKASH     | prachitabarai2004@gmail.com   | 8767408238 | Ruchita    |
| 15.   | BAWANKAR PEYASHREE        | peyashreebawankar07@gmail.com | 8266726219 | Peyashree  |
| 16.   | BAWANTHADE KHUSH SURESH   | khushbawanthade@gmail.com     | 8379849591 | Khush      |
| 17.   | BHIVATE ANUSHKA BHASKAR   | anushkabhivate@gmail.com      | 8007623866 | Anushka    |
| 18.   | BHOYAR SHRUTI PRASHANT    | shrutibhojar2002@gmail.com    | 9529291117 | Shruti     |
| 19.   | BHUVI MAITRI VANESH       | maitribhuvu@gmail.com         | 7498000963 | Bhuvu      |
| 20.   | CHOPADE GAYATRI SANJAY    | gayatri.sm.2009@gmail.com     | 9657417517 | Gayatri    |
| 21.   | CHUKKALWAR NIRJARA        | nirjara.c08@gmail.com         | 7499684906 | Nirjara    |
| 22.   | DEOGADE SHRUTI SANDESH    | shrutideogade2002@gmail.com   | 9967196785 | Shruti     |
| 23.   | DEVANGI BHUTE             | devangibhute@gmail.com        | 8180008363 | Devangi    |
| 24.   | DEWALKAR ANSHUL SANJAY    | anshul.dewalkar18@gmail.com   | 9209214460 | Anshul     |
| 25.   | DHADSE SAKSHI SURESH      | sakshidhadse@gmail.com        | 9823424038 | Sakshi     |
| 26.   | DHANGUNE MANTHAN          | manthanphangune@gmail.com     | 7499271607 | Manthan    |
| 27.   | DHENGRE SNEHAL MANOHAR    | snehaldhengre20@gmail.com     | 7719896541 | Snehal     |
| 28.   | DHUNDALE MANISHA          | dhundale.manisha@gmail.com    | 7118206511 | Manisha    |
| 29.   | ELALKAR ABHISHEK          | abhishkekalkar@gmail.com      | 7219086825 | Abhishek   |
| 30.   | GHAYWAT AHILYA RAVINDRA   | ghaywatahilya@gmail.com       | 8668640243 | Ahilya     |
| 31.   | GHORMARE RUSHIKESH        | rushikeshghormare64@gmail.com | 9156133466 | Rushikesh  |
| 32.   | GOHIL KETAKI JITENDRA     | ketakigohil20@gmail.com       | 8421259315 | Ketaki     |
| 33.   | HIWASE ARYA SURENDRA      | aryahiwase53@gmail.com        | 7276051334 | Arya       |
| 34.   | HUMNE ASMITA ANIL         | asmitahumne09@gmail.com       | 7666256300 | Asmita     |
| 35.   | ISRA FATIMA               | israfatima@gmail.com          | 7617367411 | Fatima     |
| 36.   | JOSHIGA MURUGESAN         | moarimurugesanbts@gmail.com   | 9145634663 | Murugesan  |
| 37.   | KADU AARYA RAVINDRA       | aryakadu25@gmail.com          | 7068934039 | Arya       |
| 38.   | KADWE AMISHA MOHAN        | kadweamisha061@gmail.com      | 7030362666 | Amisha     |
| 39.   | KALE MITALI MILIND        | mitalikale32@gmail.com        | 5416184953 | Mitali     |

DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

HEAD OF THE DEPARTMENT  
CONSERVATIVE DENTISTRY & ENDODONTICS  
RANJEET DESHMUKH DENTAL COLLEGE &  
RESEARCH CENTRE, NAGPUR-19 (M.S.)

|     |                           |                               |            |            |
|-----|---------------------------|-------------------------------|------------|------------|
| 40. | KATARIYA JAYSHRI RAJESH   | Katariyajayshri2524@gmail.com | 7020370687 | Jayshri    |
| 41. | KAWALE KUMUDINI UDHAWA    | KumudiniKawale123@gmail.com   | 9767899612 | Kawale     |
| 42. | KEDIA RIDDHISHRI ARUN     | Riddhishrikedia22@gmail.com   | 7577043797 | Kedia      |
| 43. | KEWATE ANKITA SUNIL       | AnkitaKewate1@gmail.com       | 812815489  | Ankita     |
| 44. | KEWLANI KASHISH MUKESH    | KashishKewlani@gmail.com      | 842128848  | Kewlani    |
| 45. | KHAKSE QUEENI MAHENDRA    | Queenikhakse2005@gmail.com    | 9307241802 | Queen      |
| 46. | KHAN NABILA MOHAMMED      | khannabila2010@gmail.com      | 7709874002 | Nabila     |
| 47. | KOLAMBE PRATHAMESH        | PrathameshKolambe29@gmail.com | 835645807  | Prathamesh |
| 48. | KUMBHARE VISHAKHA         | Vishakhakumbhare4@gmail.com   | 8767916848 | Kumbhare   |
| 49. | KUNJAL MEHTA              | Kunikmehtar@gmail.com         | 9325199954 | Kunjali    |
| 50. | KURANI TANISHKA YOGESH    | kurani tanishka@gmail.com     | 8459895326 | Tanishka   |
| 51. | LOKESH P BABHULKAR        | lokeshbabhulkar2255@gmail.com | 7843091306 | Lokesh     |
| 52. | LOKHANDE SHRUSHTI SUNIL   | Srushtilokhande15@gmail.com   | 9021760889 | Srushti    |
| 53. | MALVI SANJANA SANJAY      | sanjanamalvi2002@gmail.com    | 8799841810 | Sanjana    |
| 54. | MANDPE VANSHIKA           | VanshikaMandpe@gmail.com      | 7888730701 | Vanshika   |
| 55. | MANSI AGRAWAL             | agrawalmansi12345@gmail.com   | 8668977886 | Mansi      |
| 56. | NANDAGAWALI TANYA         | tanyanandagawali@gmail.com    | 9561723094 | Tanya      |
| 57. | NAVANDAR SUHANI SHAILESH  | Navandar1206@gmail.com        | 9130939669 | Navandar   |
| 58. | NIDHI HARISH AGRAWAL      | nidhiagrawal04@gmail.com      | 7972056823 | Nidhi      |
| 59. | NIHAR UMALE               | umale nihar 2004@gmail.com    | 8421639615 | Nihar      |
| 60. | NIMKAR VRUTTI SOMNATH     | vrutti.nimkar31@gmail.com     | 8275291822 | Vrutti     |
| 61. | NIMKARDE BHAVIKA          | bhavikanimkarde2008@gmail.com | 9766699651 | Bhavika    |
| 62. | PAL KASHISH DINESH        | Kashishp069@gmail.com         | 1822098511 | Kashish    |
| 63. | PALAK RAJENDRA GUPTA      | Palakrajendrapg40@gmail.com   | 9067208110 | Palak      |
| 64. | PATEL ZHEEL PANKAJ        | PATELZHEEL@GMAIL.COM          | 8087031180 | Zheel      |
| 65. | PESHATTIWAR SAMIKSHA      | Peshattiwar3@gmail.com        | 7833167422 | Samiksha   |
| 66. | PRANJALI KOHALE           | PranjaliKohale1903@gmail.com  | 9322437763 | Pranjali   |
| 67. | RATHOD AJINKYA VIJAY      | AjinkyaRathod@gmail.com       | 7485526611 | Ajinkya    |
| 68. | RATHOD KISHOR RAJENDRA    | Kr2302690@gmail.com           | 7038408658 | Kishor     |
| 69. | RUJVI ASHISH PIMPLEY      | rujviap@gmail.com             | 7350309855 | Rujvi      |
| 70. | SAGAR INGRULKAR           | SagarIngrulkar@gmail.com      | 8461417022 | Sagar      |
| 71. | SANGINI DHIRAJ JAISWAL    | sanginid@gmail.com            | 7020340063 | Sangini    |
| 72. | SANSKRUTI SUDHIR YAWALKAR | Sanskrutiyawalkar29@gmail.com | 9322122300 | Sanskriti  |
| 73. | SHANAN UMESH GAJBHIYE     | shanangajbhiye10@gmail.com    | 8010668321 | Shanan     |
| 74. | SHENDE SOUMYA SHEKHAR     | Soumyashende16@gmail.com      | 9730437566 | Soumya     |
| 75. | SHINGADE TANVI AJAY       | tanvi110305@gmail.com         | 9665711318 | Tanvi      |
| 76. | SHRUSHTI C MOON           | shrushtimoon123@gmail.com     | 8106924666 | Shrushti   |
| 77. | SHUBHANKAR CHAHANDE       | chubhu.chahande@gmail.com     | 774588579  | Shubhan    |
| 78. | SONARKAR RIDHIMA VIJAY    | ridhimasonarkar.19@gmail.com  | 9850470507 | Ridhima    |
| 79. | SUHANI VIJAY NANWANI      | suhaniananwani1@gmail.com     | 9022258171 | Suhani     |
| 80. | TALIKOTE PIYUSH GAJANAN   | piyushtalikote123@gmail.com   | 9421063947 | Piyush     |
| 81. | TANYA MISHRA              | tanyamishra838@gmail.com      | 8169411955 | Tanya      |
| 82. | TAYADE RUTUJA RAVI        | tayaderutuja01@gmail.com      | 8010803272 | Rutuja     |
| 83. | THAKUR SHREYA SINGH       | shreya.052804@gmail.com       | 9420020341 | Shreya     |
| 84. | TISHANK GANGWANI          | Tishankgangwani07@gmail.com   | 9404582113 | Tishank    |
| 85. | UBARHANDE MAHESH          | maheshu@gmail.com             | 8315671108 | Ubarhande  |
| 86. | UIKEY MAHI MAHESH         | umahi8306@gmail.com           | 9960315574 | Mahek      |
| 87. | VIBHANSHI LOKHANDE        | Vibhanshi27lokhande@gmail.com | 8149352701 | Vibhanshi  |
| 88. | WADE GARGEE JITENDRA      | Gargeewade17@gmail.com        | 9292284239 | Gargee     |
| 89. | DIPTI WADEKAR             | dpw1254@gmail.com             | 9421056426 | Dipti      |

HEAD OF THE DEPARTMENT  
 CONSERVATIVE DENTISTRY & ENDODONTICS  
 SANJEET DESHMUKH DENTAL COLLEGE &  
 RESEARCH CENTRE, NAGPUR-19 (M.S.)

|     |                     |                             |            |         |
|-----|---------------------|-----------------------------|------------|---------|
| 90. | WADHWANI HIMANGI    | himangiwadhwani08@gmail.com | 7749369921 | 1660    |
| 91. | YASH AJAY KAKDE     | yashkakde41@gmail.com       | 7020998418 | (Kakde) |
| 92. | YUKTA BHOYAR        | yuktabhoyar2698@gmail.com   | 8275697133 | YBhoys  |
| 93. | ZANDAH SAHIL DEEPAK | sahilzandah@gmail.com       | 7131009518 | Zandahl |

*Dg*

*Shenoi*

**DEAN**  
**RANJEET DESHMUKH DENTAL**  
**COLLEGE & RESEARCH CENTRE**  
 Digdoh Hillis, Hingna Road,  
 Nagpur-440019

**HEAD OF THE DEPARTMENT**  
**CONSERVATIVE DENTISTRY & ENDODONTICS**  
**RANJEET DESHMUKH DENTAL COLLEGE &**  
**RESEARCH CENTRE, NAGPUR-19 (M.S.)**

DEPARTMENT OF CONSERVATIVE  
DENTISTRY & ENDOODONTICS  
RANJEET DESHMUKH DENTAL COLLEGE &  
RESEARCH CENTRE, NAGPUR-19 / M.S.

# SPRUZ UP 2025



DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingne Road,  
Nagpur-440019

HEAD OF THE DEPARTMENT  
CONSERVATIVE DENTISTRY & ENDOODONTICS  
RANJEET DESHMUKH DENTAL COLLEGE &  
RESEARCH CENTRE, NAGPUR-19 (M.S.)

*Ranjeet*



**DEPARTMENT OF CONSERVATIVE DENTISTRY &  
ENDODONTICS**

Ranjeet Deshmukh Dental College and Research Centre, Nagpur  
Room No-311, Phone No-917104-665000 Ext-273/274/275. Email-endoconsvsprmdcre@gmail.com

**Value Added Course details \***

**SPRUZ-UP**  
Guiding Gen-X Professionals

**Time: 8:30 a.m to 4:30 p.m.**

**Venue: Department of Conservative Dentistry & Endodontics**

**Day 1 Schedule**

|                        |                     |                     |                                       |
|------------------------|---------------------|---------------------|---------------------------------------|
| 8.30 to 9.30 a.m.      | Inauguration        |                     |                                       |
| 9.30 to 10.00 a.m.     | Pre-test            |                     |                                       |
| 10.00 to 12.00 p.m.    | Session 1           | Ergonomics          | Dr. Pratima Sheno                     |
| 12.00 to 1.00 p.m.     | Lunch               |                     |                                       |
| 1.00 to 3.00 p.m.      | Session 2           | Professional Ethics | Dr. Gautam Badole<br>Dr. Pratik Burad |
| 3.00 to 3.30 p.m.      | Post-test for day 1 |                     |                                       |
| 3.30 p.m. to 4.30 p.m. | Interactive Session |                     |                                       |

**Day 2 Schedule**

|                        |                     |                     |  |
|------------------------|---------------------|---------------------|--|
| 8.30 to 9.30 a.m.      | Recap day 1         |                     |  |
| 9.30 to 10.00 a.m.     | Pre-test            |                     |  |
| 10.00 to 12.00 p.m.    | Session 3           | Conflict Management | Dr. Vandana Kokane<br>Dr. Vidya Mokade |
| 12.00 to 1.00 p.m.     | Lunch               |                     |  |
| 1.00 to 3.00 p.m.      | Session 4           | Practice Management | Dr. Chetana Makade                     |
| 3.00 to 3.30 p.m.      | Post-test for day 2 |                     |  |
| 3.30 p.m. to 4.30 p.m. | Interactive Session |                     |  |

*DG*

**DEAN**  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Hingna Road,  
Nagpur-440019

*Sheno*  
HEAD OF DEPARTMENT  
CONSERVATIVE DENTISTRY & ENDODONTICS  
RANJEET DESHMUKH DENTAL COLLEGE &  
RESEARCH CENTRE, NAGPUR-440019 (M.S.)

DEPARTMENT OF CONSERVATIVE DENTISTRY &  
ENDODONTICS

Ranjeet Deshmukh Dental College and Research Centre, Nagpur  
Room No-311, Phone No-917404-665000 Ext-273/274/275. Email-endoconsvspmdcrc@gmail.com

Day 3 Schedule

|                        |                     |                   |   |
|------------------------|---------------------|-------------------|---|
| 8.30 to 9.30 a.m.      | Recap day 2         |                   |   |
|                        | Pre-test            |                   |   |
| 9.30 to 10.00 a.m.     |                     |                   |   |
| 10.00 to 12.00 p.m.    | Session 5           | Stress Management | Dr. Kushal Fuladi                         |
|                        | Lunch               |                   |   |
| 12.00 to 1.00 p.m.     |                     |                   |   |
| 1.00 to 3.00 p.m.      | Session 6           | Time Management   | Dr. Rajesh Kubde<br>Dr. Prajakta Ambulkar |
|                        | Post-test for day 3 |                   |   |
| 3.00 to 3.30 p.m.      | Interactive Session |                   |   |
| 3.30 p.m. to 4.30 p.m. |                     |                   |   |

Day 4 Schedule

|                        |  |                      |  |
|------------------------|--|----------------------|--|
| 8.30 to 9.30 a.m.      | Recap day 3                              |                      |  |
|                        | Pre-test                                 |                      |  |
| 9.30 to 10.00 a.m.     |  |                      |  |
| 10.00 to 12.00 p.m.    | Session 5                                | Emotional Management | Dr. Varsha Uttarwar<br>Dr. Aishwarya Akotkar |
|                        | Lunch                                    |                      |  |
| 12.00 to 1.00 p.m.     |  |                      |  |
| 1.00 to 3.00 p.m.      | Session 6                                | Personal Grooming    | Dr. Shriya Shahu                             |
|                        | Post-test for day 4                      |                      |  |
| 3.00 to 3.30 p.m.      | Interactive Session (Queries & feedback) |                      |  |
| 3.30 p.m. to 4.30 p.m. |  |                      |  |

*Dg*

DEAN  
RANJEET DESHMUKH DENTAL  
COLLEGE & RESEARCH CENTRE  
Digdoh Hills, Minna Road,  
Nagpur-440019

*Shenoi*

*Shenoi*

Dr. Pratima Shenoi  
HOD  
Dept. Conservative Dentistry &  
Endodontics

DEPARTMENT  
CONSERVATIVE DENTISTRY & ENDODONTICS  
RANJEET DESHMUKH DENTAL COLLEGE &  
RESEARCH CENTRE, NAGPUR-440019 (M.S.)